

**POLITEKNIK KESEHATAN TANJUNGPUR
JURUSAN KEPERAWATAN
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Nada Nusaibah

ASUHAN KEPERAWATAN PERIOPERATIF PADA PASIEN *SOFT TISSUE TUMOR MULTIPLE* PUNGGUNG DENGAN TINDAKAN *MULTIPLE* EKSISI DI RS BHAYANGKARA POLDA LAMPUNG TAHUN 2022

xiv + 86 halaman, 24 tabel, 3 gambar, dan 11 lampiran

ABSTRAK

Data WHO (2018) penderita *soft tissue tumor* 18,1 juta. Prevelensi *soft tissue tumor* di Indonesia 1,79 per 1000 penduduk sedangkan Lampung 1,40 per 1000 penduduk. Studi pendahuluan di Rumah Sakit Bhayangkara Polda Lampung *soft tissue tumor* yang dilakukan tindakan eksisi sebanyak 30 kasus. Laporan ini bertujuan memberikan gambaran tentang asuhan keperawatan perioperatif pada pasien *soft tissue tumor multiple* punggung dengan tindakan *multiple* eksisi di Rumah Sakit Bhayangkara Polda Lampung tahun 2022.

Metode penulisan asuhan keperawatan meliputi peng kajian, diagnosa, intervensi, implementasi dan evaluasi terhadap pasien perioperatif. Subjek dalam laporan adalah satu pasien dengan diagnosa *soft tissue tumor multiple* punggung yang akan menjalani tindakan *multiple* eksisi. Data dikumpulkan menggunakan format asuhan keperawatan perioperatif pada tanggal 2 – 4 Juni 2022 di Rumah Sakit Bhayangkara Polda Lampung.

Hasil pengkajian pre operasi pasien mengeluh cemas, intra operasi posisi pembedahan lateral kiri, *post* operasi pasien gelisah, mengeluh nyeri dan terdapat luka operasi di punggung kanan. Diagnosa pre operasi ansietas, intra operasi risiko cedera, *post* operasi risiko jatuh, nyeri akut dan gangguan integritas jaringan. Intervensi pre operasi reduksi ansietas dan terapi dzikir, intra operasi pencegahan cedera, dan *post* operasi pencegahan jatuh, manajemen nyeri, teknik napas dalam dan perawatan luka. Implementasi pada setiap fase perioperatif dilakukan dengan memperhatikan kondisi pasien. Evaluasi pre operasi didapatkan penurunan tingkat ansietas, intra operasi tidak terjadi cedera, *post* operasi tidak terjadi jatuh, penurunan tingkat nyeri dan luka tidak terjadi infeksi. Disarankan dalam memberikan asuhan keperawatan perioperatif *soft tissue tumor* dapat memperhatikan kondisi pasien secara keseluruhan pada pre operasi, intra operasi dan post operasi.

Kata Kunci : Asuhan Keperawatan, *Multiple* Eksisi, Perioperatif
Daftar Referensi : 35 (2012 – 2021)

**TANJUNGPURBA HEALTH POLYTECHNIC
MAJORING IN NURSING
NERS PROFESSION PROGRAM**

NERS PROFESSION FINAL REPORT, JUNE 2022

Nada Nusaibah

PERIOPERATIVE NURSING CARE IN *MULTIPLE BACK TUMOR SOFT TISSUE* PATIENTS WITH *MULTIPLE* EXCISION PROCEDURES AT BHAYANGKARA HOSPITAL, LAMPUNG REGIONAL POLICE IN 2022

xiv + 86 pages, 24 tables, 3 pictures, and 11 attachments

ABSTRACT

WHO data (2018) patients with soft tissue tumors 18.1 million. The prevalence of soft tissue tumors in Indonesia is 1.79 per 1000 population while Lampung is 1.40 per 1000 population. Preliminary study at Bhayangkara Hospital, Lampung Regional Police, soft tissue tumors carried out by excision procedures in as many as 30 cases. This report aims to provide an overview of perioperative nursing care in patients with multiple back tumor soft tissue with multiple excision procedures at Bhayangkara Hospital, Lampung Regional Police in 2022.

The method of writing nursing care includes the study, diagnosis, intervention, implementation and evaluation of perioperative patients. The subject in the report was one patient with a soft tissue diagnosis of multiple back tumors who would undergo multiple excision procedures. The data was collected using the format of perioperative nursing care on June 2 –4, 2022 at Bhayangkara Hospital, Lampung Regional Police.

The results of the preoperative assessment of the patient complained of anxiety, intraoperatively the left lateral surgical position, postoperatively the patient was agitated, complained of pain and there was an operating wound on the right back. Preoperative diagnosis of anxiety, intraoperative risk of injury, postoperative risk of fall, acute pain and impaired tissue integrity. Preoperative intervention of anxiety reduction and dhikr therapy, intraoperative injury prevention, and postoperative fall prevention, pain management, deep breath techniques and wound care. Implementation in each perioperative phase is carried out by paying attention to the patient's condition. Preoperative evaluation obtained a decrease in the level of anxiety, intraoperatively no injury occurred, postoperatively no fall occurred, decreased pain level and wounds did not occur infection. It is recommended that in providing perioperative nursing care soft tissue tumors can pay attention to the overall condition of the patient in preoperative, intraoperative and postoperative.

Keywords : Nursing Care, Multiple Excision, Perioperative
Reference List : 35 (2012 – 2021)