

POLITEKNIK KESEHATAN TANJUNGPURING  
PRODI KEPERAWATAN KOTABUMI  
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Frisca Widyanti

Asuhan Keperawatan Pasien dengan Gangguan Rasa Aman Nyaman pada Kasus Post Operasi Hernia Inguinalis Pada An.A Di Ruang Edelweis RSUD Handayani Kotabumi Lampung Utara Tanggal 22-24 Februari 2022.

xvii + 51 halaman, 8 tabel, 3 gambar.

### RINGKASAN

Hernia adalah penonjolan suatu rongga, jaringan atau struktur melewati dinding rongga yang secara normal memang terisi di bagian-bagian tersebut. Menurut data riset kesehatan di Indonesia hernia merupakan penyakit urutan kedua dari batu saluran kemih sebanyak 2.245 kasus hernia. Di Indonesia didominasi dari pekerja berat yaitu 70,9% (7.347). Jumlah penyakit hernia di Ruang Edelweis RS Handayani Kotabumi angka pasien hernia pada tahun 2021 yaitu berjumlah 3 orang. Rumusan masalah pada laporan adalah bagaimana asuhan keperawatan pasien dengan gangguan rasa aman nyaman pada kasus post op hernia pada An.A.

Tujuan penulis, penulis mampu menggambarkan tentang Asuhan Keperawatan Post Operasi Hernia Pada An.A Dengan Gangguan Rasa Aman Nyaman di Ruang Edelweis RS Handayani Kotabumi Lampung Utara dengan menggunakan pendekatan proses keperawatan.

Hasil pengkajian pada kasus ini didapatkan data yaitu An.A menangis karena nyeri, klien tampak meringis, klien tampak gelisah, sulit tidur, nafsu makan berubah, klien tampak bersikap waspada akan lokasi nyeri, klien tidak mampu rileks. Diagnose yang ditegakkan nyeri akut, gangguan rasa nyaman, resiko infeksi. Perencanaan tindakan keperawatan seperti diantaranya SLKI : tingkat nyeri, status kenyamanan, tingkat ansietas, tingkat infeksi. SIKI : manajemen nyeri, manajemen kenyamanan lingkungan, pencegahan infeksi. Implementasi yang digunakan sesuai dengan rencana yang sudah disusun terhadap kasus An.A. Evaluasi dari tiga diagnosa yang dapat teratasi yaitu diagnosa Gangguan Rasa Nyaman dan Resiko Infeksi sedangkan satu diagnosa teratasi sebagian yaitu Nyeri Akut.

Simpulan tiga diagnose sesuai teori : Nyeri Akut, Gangguan Rasa Nyaman, Resiko Infeksi didapatkan saat pengkajian. Saran untuk laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan asuhan keperawatan bagi perawat di ruang edelweis RSUD Handayani Kotabumi Lampung Utara.

**Kata Kunci : Asuhan Keperawatan, Gangguan Rasa Aman Nyaman, Post Op Hernia**

Sumber bacaan : 16 (2012-2021)

*POLYTECHNIC OF HEALTH TANJUNGPUR*

*KOTABUMI NURSING STUDY*

*Final Project Report, 8 June 2022*

Frisca Widyanti

*Nursing Care of Patients with Impaired Feelings of Comfort in Post Inguinal Hernia Surgery Cases in An.A in the Edelweiss Room of Handayani Hospital, Kotabumi, North Lampung 22-24 February 2022.*

*xvii + 51 pages, 8 tables, 3 pictures*

### **ABSTRAC**

*A hernia is the protrusion of a cavity, tissue or structure through the wall of a cavity that is normally filled in these areas. According to health research data in Indonesia, hernia is the second disease of the urinary tract with 2,245 hernia cases. In Indonesia, it is dominated by heavy workers, namely 70.9% (7.347). The number of hernias in the Edelweiss Room, Handayani Hospital, Kotabumi, the number of hernia patients in 2021, namely the opening of 3 people. The formulation of the problem in the report is how to care for patients with impaired comfort in the case of post-op hernia in An.A.*

*The author's goal, the author is able to describe nursing care after hernia surgery in An.A with impaired sense of security and comfort in the edelweiss room at Handayani Hospital, Kotabumi, North Lampung by using a nursing process approach.*

*The results of the study in this case obtained data, namely An.A was crying because of pain, the client looked grimaced, the client looked restless, had trouble sleeping, changed appetite, the client seemed to be wary of the location of the pain, the client was unable to relax.*

*Diagnosis is made acute pain, impaired sense of comfort, risk of infection. SLKI: level of pain, comfort status, level of anxiety, level of infection. SIKI: pain management, environmental comfort management, infection prevention. The implementation used is in accordance with the plan that has been prepared for the case of An.A. Evaluation of the three diagnoses that can be resolved, namely the diagnosis of Comfort Disorder and the Risk of Infection, while one diagnosis is partially resolved, namely Acute Pain.*

*The conclusions of the three diagnoses according to the theory: acute pain, impaired sense of security and comfort, risk of infection were obtained during the assessment. Suggestions for this report are expected to be taken into consideration in the implementation of nursing care for nurses in the children's room at Handayani General Hospital, Kotabumi, North Lampung.*

*Keywords: Nursing Care Disturbance in Comfort, Post Op Hernia*

*Reading source : 16 (2012-2021)*