

**POLITEKNIK KESEHATAN TANJUNGPURUN  
PRODI KEPERAWATAN KOTABUMI  
Laporan Tugas Akhir, November 2021**

Nurul Fajriyah Putri,

Asuhan Keperawatan dengan Gangguan Sirkulasi pada Kasus *Stroke Non Hemoragik* terhadap Ny.S di Ruang Fresia Lantai 3 RSUD Handayani Kotabumi Lampung Utara Tanggal 23-25 November 2021

Xvii + 55 halaman, 10 tabel, 1 gambar

## **RINGKASAN**

Penyakit *stroke* merupakan penyakit yang disebabkan karena adanya penyempitan pada pembuluh darah di otak sehingga aliran darah dan oksigen ke otak terhambat bahkan terhenti. Penyumbatan tersebut dapat membuat sistem syaraf yang terhenti suplai darah dan oksigennya rusak bahkan mati sehingga organ tubuh yang terkait dengan sistem syaraf tersebut akan sulit bahkan tidak bisa digerakan, oleh karena itu diperlukan asuhan keperawatan untuk mengatasi masalah tersebut. Maka bagaimanakah cara memberikan Asuhan Keperawatan dengan Gangguan Sirkulasi pada Kasus Stroke.

Tujuan penulis dalam Laporan Tugas Akhir ini adalah untuk memberikan gambaran Asuhan Keperawatan dengan Gangguan Sirkulasi pada Kasus Stroke Non Hemoragik terhadap Ny. S di Ruang Fressia Lantai III RSUD Handayani Kotabumi Lampung Utara tanggal 23-25 November 2021 yang meliputi pengkajian keperawatan, diagnosa keperawatan, rencana keperawatan, implementasi keperawatan dan evaluasi keperawatan.

Hasil pengkajian pada kasus ini didapatkan data yaitu Tekanan darah meningkat 186/100, nyeri dikepala, klien mengeluh lemah pada anggota gerak sebelah kanan, bicara pelo, sulit bicara, Perencanaan mencakup target luaran berdasarkan SLKI meliputi Perfusi Perifer, mobilitas fisik, dan status menelan. Intervensi yang dilaksanakan berdasarkan SIKI mencakup pemantauan tekanan intrakranial, dukungan mobilisasi, dan perawatan diri makan/minum selama 3 hari.

Evaluasi terhadap asuhan yang diberikan peroleh diagnosa Risiko Perfusi Serebral Tidak Efektif, Gangguan Mobilitas Fisik, ketiga diagnosa tersebut dapat teratasi. Saran dari laporan ini diharapkan dapat menjadi bahan pertimbangan dalam pelaksanaan asuhan keperawatan bagi perawat di Ruang Fressia Lantai 3 RSUD Handayani Kotabumi Lampung Utara dan menambah literatur kepustakaan bagi mahasiswa/i Poltekkes Program Studi Keperawatan Kotabumi.

Kata kunci : Asuhan Keperawatan, *stroke non hemoragik*, Sirkulasi  
Sumber bacaan : 10 (2008-2019)

**TANJUNG KARANG HEALTH POLYTECHNIC  
KOTABUMI NURSING STUDY PROGRAM  
Final Project Report, November 2021**

Nurul Fajriyah Putri,

*Nursing Care with Rest Activities in Non-Hemoragik Stroke cases against Mrs. S  
in the Fressia, Floor 3, Handayani Hospital,  
Kotabumi North Lampung Date 23rd – 25th of November 2021  
Xvii+ 55 pages, 10 tables, 1 picture*

**ABSTRACT**

*Stroke is a disease caused by a narrowing of the blood vessels in the brain so that the flow of blood and oxygen to the brain is blocked or even stopped. The blockage can cause the nervous system to stop supplying blood and oxygen, and even death, so that the organs associated with the nervous system will be difficult and even impossible to move, therefore nursing care is needed to overcome this problem. So how to provide Nursing care with Circulation Disorders in Stroke Cases.*

*This paper aim in this final report is to provide an overview of Nursing Care with Activity and Rest Disorders in Non-Hemoragic Stroke Cases for Ny. S in the Fressia Room 3 Floor, Handayani Hospital, Kotabumi, North Lampung, November 23-25 2021, which includes nursing assessment, nursing diagnoses, nursing plans, nursing implementation and nursing evaluations.*

*Assessment obtained data include headache the client complained of increased to 186/100 mmHg, weakness in the right limb, slurred speech, difficulty speaking, planning included outcome targets based on the SLKI Including Peripheral Perfusion, physical mobility, and swallowing status. Interventions carried out based on SIKI include monitoring of intracranial pressure, mobilization support, and self-care eating/drinking for 3 days.*

*Evaluation of the care provided obtained a diagnosis of Ineffective Cerebral Perfusion Risk, Physical Mobility Disorders, Swallowing Disorders, the three diagnoses cloud be resolved. Suggestions from this report are expected to be taken into consideration in the implementation of nursing care for nurses in the Fressia Room, 3 floor, Handayani Hospital, Kotabumi, North Lampung and to add to the literature for students of the Health Polytechnic of the Kotabumi Nursing Study Program.*

*Keywords : Nursing Care, Non Hemorrhagic stroke, Circulation  
Reading Source :10 (2008-2019)*