

POLITEKNIK KESEHATAN TANJUNGPURUN
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Latifatul Luthfia

Hubungan *Personal Hygiene* dengan Kejadian *Pediculosis Capitis* (Infeksi Kutu Kepala) Pada Santriwati di Pondok Pesantren Darul Ulum Kabupaten Tanggamus xv+36 halaman, 2 gambar, 8 tabel, dan 11 lampiran

ABSTRAK

Pediculosis capitis adalah infestasi kutu kepala yang merupakan ektoparasit pada rambut dan kulit kepala manusia. *Personal hygiene* menjadi aspek yang penting dalam kesehatan individu karena dapat meminimalkan masuknya mikroorganisme, terjadinya penyakit, baik penyakit kulit dan penyakit infeksi. Beberapa faktor dapat membantu penyebaran infestasi *Pediculosis capitis* salah satunya yaitu *personal hygiene* yang buruk. Penelitian ini bertujuan untuk mengetahui kejadian *Pediculosis capitis* pada Santriwati, persentase penderita *Pediculosis capitis*, persentase santriwati yang menjaga *personal hygiene*, dan mengetahui hubungan *personal hygiene* terhadap kejadian *Pediculosis capitis* pada Santriwati di Pondok Pesantren Darul Ulum Kabupaten Tanggamus. Jenis penelitian ini adalah penelitian analitik *cross sectional*. Penelitian ini menggunakan metode kuesioner dan identifikasi parasit dengan analisis data menggunakan *chi square*. Sampel dalam penelitian ini yaitu total populasi berjumlah 50 sampel. Hasil penelitian didapatkan ada kejadian *Pediculosis capitis* pada Santriwati, persentase penderita *Pediculosis capitis* sebesar 72,0%, persentase santriwati yang menjaga *personal hygiene* dengan kategori baik sebesar 36,0% dan kategori belum baik sebesar 64,0%, dan ada hubungan antara *personal hygiene* terhadap kejadian *Pediculosis capitis* pada Santriwati dengan *p-value* 0,001 ($<0,05$). Disarankan agar meningkatkan kebersihan rambut dan pakaian sehingga tidak terjadi penularan *Pediculosis capitis* dan sebaiknya kutu dibasmi dengan obat kutu secara serentak.

Kata Kunci : *Personal Hygiene, Pediculosis Capitis*

Daftar bacaan : 39 (2003-2019)

HEALTH INSTITUTE OF TANJUNGPUR
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The Relationship Of Personal Hygiene With The Event Of Pediculosis Capitis
(Head lice Infection) In Santriwati At Pondok Pesantren Darul Ulum Tanggamus
Regency

xv+36 pages, 2 images, 8 tables, and 11 attachments

ABSTRACT

Pediculosis capitis is an infestation of head lice which is an ectoparasite of human hair and scalp. Personal hygiene is an important aspect in individual health because it can minimize the entry of microorganisms, the occurrence of diseases, both skin diseases and infectious diseases. Several factors can help spread the infestation of Pediculosis capitis, one of which is poor personal hygiene. This study aims to determine the incidence of Pediculosis capitis in female students, the percentage of patients with Pediculosis capitis, the percentage of female students who maintain personal hygiene, and determine the relationship of personal hygiene to the incidence of Pediculosis capitis in female students at the Darul Ulum Islamic Boarding School, Tanggamus Regency. This type of research is a cross sectional analytic study. This study used a questionnaire method and identification of parasites with data analysis using chi square. The sample in this study is the total population of 50 samples. The results showed that there was an incidence of Pediculosis capitis in female students, the percentage of patients with Pediculosis capitis was 72.0%, the percentage of female students who maintained personal hygiene in the good category was 36.0% and the category was not good at 64.0%, and there was a relationship between personal hygiene on the incidence of Pediculosis capitis in female students with p-value 0.001 (<0.05). It is recommended to improve the cleanliness of hair and clothes so that there is no transmission of pediculosis capitis and lice should be eradicated with lice medication simultaneously.

Keywords : Personal Hygiene, Pediculosis Capitis

Reading list : 39 (2003-2019)