

POLITEKNIK KESEHATAN TANJUNGPUR

JURUSAN KESEHATAN GIGI

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**HUBUNGAN PERILAKU MENGONSUMSI MAKANAN MANIS DENGAN
KEJADIAN KARIES GIGI PADA ANAK PRASEKOLAH USIA 5-6 TAHUN
DI TK AL-HAIRIAH RAJABASA BANDAR LAMPUNG**

(xiv + 38 halaman, 7 tabel, 5 gambar, 16 lampiran)

RINGKASAN

Survei Kesehatan Indonesia mengatakan prevalensi karies gigi di Indonesia sebesar 82,8%, menurut (SKI 2023) usia 5-9 tahun prevalensi karies 84,8%, menurut dari pengurus besar PDGI menyebutkan bahwa sedikitnya 89% penderita karies gigi merupakan anak-anak. Di provinsi Lampung terdapat masalah kesehatan gigi dan mulut pada anak usia 5-9 tahun sebanyak 67,0%. Di Bandar Lampung masalah kesehatan gigi dan mulut yang paling banyak ditemui yaitu karies gigi mencapai 82%. Tujuan penelitian ini untuk mengetahui perilaku mengonsumsi makanan manis dengan kejadian karies gigi siswa/i. Penelitian ini menggunakan desain penelitian kuantitatif dengan menggunakan metode penelitian deskriptif korelasi dengan pendekatan *cross sectional*. Dari hasil penelitian didapatkan bahwa perilaku mengonsumsi makanan manis mayoritas kategori kurang baik (43,3%). Kemudian kejadian karies gigi mayoritas mereka mengalami karies gigi berat (karies media) (43,3%). Berdasarkan hasil *uji Chi Square* mendapatkan nilai ($p = 0,001$), dimana nilai p lebih kecil dari 0,05, yang artinya bahwa adanya hubungan antara perilaku mengonsumsi makanan manis dengan kejadian karies gigi pada siswa/i TK Al-Hairiah Rajabasa Bandar Lampung.

Kata Kunci : Makanan Manis, Karies Gigi.

Daftar Pustaka : (37) 2000-2024

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**RELATIONSHIP BETWEEN SWEET FOOD CONSUMPTION
BEHAVIOR AND DENTAL CARIES INCIDENCE IN PRESCHOOL
CHILDREN AGED 5-6 YEARS AT AL-HAIRIAH RAJABASA
KINDERGARTEN BANDAR LAMPUNG**
(xiv + 38 pages, 7 table, 5 images, 16 attachments)

ABSTRACT

The Indonesian Health Survey states that the prevalence of dental caries in Indonesia is 82.8%, according to (SKI 2023) the prevalence of caries for children aged 5-9 years is 84.8%, according to the PDGI executive board, at least 89% of dental caries sufferers are children. In Lampung province, there are 67.0% of dental and oral health problems in children aged 5-9 years. In Bandar Lampung, the most common dental and oral health problem is dental caries, reaching 82%. The purpose of this study was to determine the behavior of consuming sweet foods with the incidence of dental caries in students. This study used a quantitative research design using a descriptive correlation research method with a cross-sectional approach. From the results of the study, it was found that the behavior of consuming sweet foods was mostly in the poor category (43.3%). Then the incidence of dental caries was mostly experienced by severe dental caries (medium caries) (43.3%). Based on the results of the Chi Square test, the value ($p = 0.001$) was obtained, where the p value was smaller than 0.05, which means that there is a relationship between the behavior of consuming sweet foods and the incidence of dental caries in students at Al-Hairiah Kindergarten, Rajabasa, Bandar Lampung.

Keywords : Sweet Food, Dental Caries.

Bibliography : (37) 2000-2024