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Hubungan Dukungan Suami Dengan Kecemasan Ibu Bersalin Di PMB Usmanah Saddam,
A.Md.Keb Tanjung Senang Kota Bandar Lampung
xvii + 43 halaman, 7 tabel, 2 gambar, dan 5 lampiran

ABSTRAK

WHO menunjukkan sekitar 5% wanita tidak hamil mengalami kecemasan, 8-10% selama kehamilan dan meningkat menjadi 13% menjelang persalinan. Kecemasan merupakan respon emosional atau kekhawatiran berlebihan yang tidak jelas sehubungan dengan perasaan ketidakberdayaan.

Tujuan penelitian ini untuk mengetahui hubungan dukungan suami dengan kecemasan ibu bersalin di PMB Usmanah, A.Md.Keb Tanjung Senang, Kota Bandar Lampung.

Metode penelitian menggunakan *metode cross sectional*. Populasi pada penelitian ini adalah ibu bersalin yang ada di PMB Usmanah, A.Md.Keb Tanjung Senang, Kota Bandar Lampung dengan jumlah sampel sebanyak 49 responden.

Penelitian ini mendapatkan hasil, ibu yang mengalami kecemasan berat sebanyak (38.8%) dan lebih dari separuh ibu mendapat dukungan suami sebanyak (51.0%). Ada hubungan yang bermakna antara hubungan dukungan suami dengan kecemasan ibu bersalin dengan *p value (0.003)* di TPMB Usmanah Saddam, A.Md.Keb Tanjung Senang Kota Bandar Lampung.

Diharapkan dapat memberi edukasi lebih lanjut terhadap suami ibu hamil terutama tentang peran penting dukungan suami menjelang persalinan. Dan memberikan pengetahuan terhadap suami tentang pentingnya memberikan dukungan baik secara emosional atau instrumental terhadap ibu menjelang persalinan. Adanya hubungan dukungan suami dengan kecemasan ibu bersalin di TPMB Usmanah Saddam, A.Md.Keb Tanjung Senang Kota Bandar Lampung.

Kata Kunci : **Dukungan Suami, Kecemasan, Ibu Bersalin**
Daftar bacaan : 31 (2019-2025)

TANJUNGPURONG HEALTH POLYTECHNIC
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The relationship between husband support and maternal anxiety during labor at PMB Usmanah, A.Md.Keb, Tanjung Senang, Bandar Lampung City
xvii + 43 pages, 7 tables, 2 pictures, and 5 attachments

ABSTRACT

The WHO shows that about 5% of non-pregnant women experience anxiety, 8-10% during pregnancy and that rises to 13% before delivery. Anxiety is an emotional response or unclear exaggerated worry in relation to feelings of helplessness.

The purpose of this study was to determine the relationship between husband support and maternity anxiety in PMB Usmanah, A.Md.Keb Tanjung Senang, Bandar Lampung City.

The research method used the cross sectional method. The population in this study is maternity mothers in PMB Usmanah, A.Md.Keb Tanjung Senang, Bandar Lampung City with a sample of 49 respondents.

This study found that mothers who experienced severe anxiety as much as (38.8%) and more than half of mothers received husband's support as much (51.0%). There is a meaningful relationship between the relationship of husband support and maternity anxiety with a p value (0.003) at TPMB Usmanah Saddam, A.Md.Keb Tanjung Senang City, Bandar Lampung.

It is hoped that it can provide further education to pregnant women's husbands, especially about the important role of husband support before childbirth. And provide knowledge to husbands about the importance of providing support either emotionally or instrumentally to the mother before childbirth. There is a meaningful relationship between the relationship of husband support and maternity anxiety at TPMB Usmanah Saddam, A.Md.Keb Tanjung Senang City, Bandar Lampung.

Keywords : **Husband Support, Anxiety, Laboring Mothers**

Reading list : 31 (2019-2025)