

POLITEKNIK KESEHATAN KEMENKES TANJUNGPURUNING JURUSAN  
SARJANA TERAPAN KEBIDANAN  
Skripsi, 27 April 2025

Adella Andani

Hubungan Ekonomi Keluarga: Pendapatan Kepala Keluarga dengan Kejadian Stunting pada Balita Usia 6–59 Bulan di Wilayah Kerja Puskesmas Kebun Tebu Kabupaten Lampung Barat Tahun 2025  
xvi + 43 halaman, 8 tabel, 2 gambar, dan 3 lampiran.

### ABSTRAK

Stunting merupakan kondisi gagal tumbuh pada anak balita akibat kekurangan gizi kronis yang ditandai dengan panjang atau tinggi badan di bawah standar usia. Di Indonesia, stunting menjadi masalah kesehatan masyarakat yang signifikan, terutama di wilayah pedesaan dan daerah dengan tingkat kemiskinan yang tinggi.

Penelitian ini bertujuan untuk mengetahui hubungan antara pendapatan kepala keluarga dengan kejadian stunting pada balita usia 6–59 bulan di Wilayah Kerja Puskesmas Kebun Tebu Kabupaten Lampung Barat.

Metode penelitian menggunakan desain *survei analitik* dengan pendekatan *cross sectional*. Populasi penelitian adalah seluruh balita usia 6–59 bulan di Wilayah Kerja Puskesmas Kebun Tebu. Sampel berjumlah 134 responden yang diambil dengan teknik *simple random sampling*. Variabel Independen dalam penelitian ini adalah ekonomi keluarga: pendapatan kepala keluarga. Sedangkan variabel dependen yang diteliti adalah kejadian stunting. Data dikumpulkan melalui studi dokumentasi dan kuesioner, kemudian dianalisis menggunakan uji *chi-square*.

Hasil penelitian menunjukkan bahwa sebanyak 23,1% balita mengalami stunting dan 54,5% kepala keluarga memiliki pendapatan rendah. Uji statistik menunjukkan adanya hubungan yang signifikan antara pendapatan kepala keluarga dengan kejadian stunting  $p\text{-value} = 0,012$  ( $p < 0,05$ ).

Kesimpulan, terdapat hubungan yang signifikan antara pendapatan kepala keluarga dengan kejadian stunting pada balita. Diharapkan hasil penelitian ini menjadi bahan pertimbangan bagi puskesmas kebun tebu dan orang tua dalam upaya pencegahan stunting, khususnya dengan memperhatikan faktor ekonomi keluarga.

Kata Kunci : Ekonomi Keluarga, Pendapatan Kepala Keluarga, Stunting  
Daftar Bacaan : 16 (2018–2024)

HEALTH POLITECHNIC OF TANJUNGPUR  
DEPARTMENT OF MIDWIFERY  
Thesis, 27 April 2025

Adella Andani

*The Relationship of Family Economy: Household Head's Income and the Incidence of Stunting Among Children Aged 6–59 Months in the Working Area of Kebun Tebu Public Health Center, West Lampung Regency, in 2025.*  
xvi + 43 pages, 3 tables, 2 figures, and 3 appendices.

#### ABSTRACT

*Stunting is a condition of impaired growth and development in children due to chronic malnutrition, commonly characterized by a child's height being below the standard for their age. In Indonesia, stunting is a significant public health issue, especially in rural areas and regions with high poverty levels.*

*This study aims to determine the relationship between household economic status—specifically the income of the family head—and the incidence of stunting among children aged 6–59 months in the working area of Kebun Tebu Public Health Center, West Lampung Regency.*

*This study used an analytical survey method with a cross-sectional design. The study population consisted of children aged 6–59 months within the working area of Kebun Tebu Health Center. A total of 134 respondents were selected using simple random sampling. The independent variable in this study was household income, while the dependent variable was the incidence of stunting. Data were collected through interviews and documentation, then analyzed using the chi-square test.*

*The results showed that 23.1% of children were stunted. Among them, 54.5% came from families with low income. Statistical analysis showed a significant relationship between family income and stunting incidence ( $p = 0.012$ ;  $\alpha < 0.05$ ).*

*In conclusion, there is a significant relationship between family income and the incidence of stunting in children. It is hoped that the findings of this study can serve as a reference for health centers and parents in making decisions to prevent stunting, particularly by paying attention to the family's economic conditions.*

*Keywords: Household Economy, Family Income, Stunting*  
*References: 16 (2018-2024)*