

**POLITEKTIK KESEHATAN TANJUNGPANG**  
**JURUSAN KEPERAWATAN**  
**PROGRAM STUDI PROFESI NERS**  
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**Asuhan Keperawatan Perioperatif Pada Pasien *Ca. Mammae* Dengan Tindakan Operasi Mastektomi Di Ruang Operasi Rumah Sakit Bhayangkara Polda Lampung Tahun 2021**  
xv+67 halaman+10 tabel

**ABSTRAK**

Asuhan keperawatan laporan kasus ini dilakukan pada pasien dengan diagnosa *ca. mammae*. *Carcinoma mammae (ca. mammae)* adalah tumor ganas yang tumbuh di jaringan payudara seseorang. *Carcinoma* / kanker dapat mulai tumbuh dalam kelenjar payudara, bisa juga di saluran payudara, jaringan lemak maupun jaringan yang mengikat pada payudara. *World Health Organization (WHO)* menyatakan sebanyak 19,3 Juta orang di dunia menderita kanker, paling banyak *ca. mammae*, sebanyak 11,7 persen (2.261.419 jiwa). Tujuan laporan ini, penulis menggambarkan pelaksanaan asuhan keperawatan perioperatif pada pasien *ca. mammae* dengan tindakan mastektomi. Metode asuhan keperawatan menggunakan pendekatan asuhan keperawatan perioperatif pada tahap pre, intra dan post pada kasus *ca. mammae* dengan tindakan mastektomi.

Berdasarkan hasil pengkajian dirumuskan beberapa diagnosa keperawatan sebagai berikut : pre operasi ; ansietas, intra operasi ; resiko perdarahan, dan post operasi ; resiko hipotermia. Rencana keperawatan yang ditetapkan berdasarkan diagnosa keperawatan yang dirumuskan. Implementasi tindakan dikerjakan sesuai intervensi keperawatan yang ditetapkan pada Ny.M secara mandiri maupun kolaborasi dalam tim operasi sehingga tujuan rencana tindakan tercapai. Evaluasi dari setiap diagnosa keperawatan didapatkan sebagai berikut, tahap pre operasi untuk masalah ansietas ringan. Tahap intra operasi masalah resiko perdarahan. Tahap post operasi masalah resiko hipotermia. Saran, diharapkan dapat melakukan prosedur keperawatan sesuai dengan standar yang berlaku sesuai dengan tahap pengkajian, perumusan diagnosa keperawatan, pembuatan intervensi keperawatan, pelaksanaan implementasi dan evaluasi baik saat pre, intra maupun post operasi.

**Kata Kunci : Mastektomi, *Ca. Mammae*, Asuhan Keperawatan Perioperatif**

**Referensi : 37 (2007-2021)**

**HEALTH POLYTECHNIC OF TANJUNGPUR  
NURSING MAJOR  
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***Perioperative Nursing Care for Patients Ca. Mammae with Mastectomy Surgery in the Operation Room at Bhayangkara Hospital, Lampung Police in 2021***  
*xv+67 pages+10 tables*

**ABSTRACT**

*Nursing care in this case report was carried out on patients with a diagnosis of ca. mammae. Carcinoma mammae (ca. mammae) is a malignant tumor that grows in the breast tissue of a person. Carcinoma / cancer can begin to grow in the breast gland, it can also be in the breast ducts, fatty tissue or tissue that binds to the breast. The World Health Organization (WHO) states as many as 19.3 million people in the world suffer from cancer, the most ca. mammae, as much as 11.7 percent (2,261,419 people). The purpose of this report, the authors describe the implementation of perioperative nursing care in patients ca. mammary with mastectomy. The nursing care method uses a perioperative nursing care approach at the pre, intra and post stages in the case of ca. mammary with mastectomy.*

*Based on the results of the assessment, several nursing diagnoses were formulated as follows: pre operation: anxiety, intraoperative; risk of bleeding, and postoperative; risk of hypothermia. The nursing plan is determined based on the formulated nursing diagnosis. The implementation of the action is carried out according to the nursing intervention assigned to Mrs. M independently or in collaboration with the operating team so that the purpose of the action plan is achieved. The evaluation of each nursing diagnosis was obtained as follows, the anxiety problem has been partially resolved. In the intraoperative stage, the risk of bleeding. In the postoperative stage, the risk of hypothermia. Suggestions, are expected to be able to carry out nursing procedures in accordance with applicable standards in accordance with the assessment stage, formulating nursing diagnoses, making nursing interventions, implementing and evaluating both pre, intra and post surgery.*

***Key words : mastectomy, Ca. Mammae, Perioperative Nursing Care***

***Reference : 37 (2007-2021)***