

**POLITEKNIK KESEHATAN KEMENKES TANJUNGPURWANG**  
**JURUSAN KEBIDANAN**  
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Fia Elitta Maharani

**Hubungan Pengetahuan Sikap Ibu dan Dukungan Suami dengan Pemberian ASI Eksklusif pada Ibu Menyusui di Puskesmas Kotaagung**  
xvi + 55 halaman, 10 tabel, 2 gambar, dan 7 lampiran.

**ABSTRAK**

Pemberian ASI eksklusif selama enam bulan pertama kehidupan bayi penting untuk menurunkan angka kematian dan kesakitan bayi, serta mendukung tumbuh kembang yang optimal. Secara global, hanya 44% bayi usia 0–6 bulan yang mendapatkan ASI eksklusif, sedangkan di Indonesia cakupan tahun 2023 baru mencapai 73,97%, masih di bawah target nasional 80%. Provinsi Lampung juga belum mencapai target, dengan cakupan 77,4% pada tahun 2023. Kabupaten Tanggamus justru menunjukkan penurunan capaian dari 87,2% (2021) menjadi 69,2% (2023).

Penelitian ini bertujuan untuk mengetahui hubungan pengetahuan ibu, sikap ibu, dan dukungan suami dengan pemberian ASI eksklusif di Puskesmas Kotaagung Kabupaten Tanggamus.

Penelitian ini menggunakan desain analiti dengan pendekatan *cross sectional*. Populasi penelitian ini adalah seluruh ibu yang memiliki bayi usia 6-12 bulan di Wilayah Kerja Puskesmas Kotaagung, berjumlah 114 orang. Sampel sebanyak 98 orang diambil dengan teknik *purposive sampling*. Data penelitian ini adalah data primer, lalu dianalisis dengan univariat dan bivariat menggunakan uji *Chi-Square*.

Hasil penelitian didapatkan 67,8% ibu memberikan ASI eksklusif, 60,2% memiliki pengetahuan tinggi, 70,4% memiliki sikap setuju, dan 72,4% mendapat dukungan suami. Analisis bivariate pengetahuan ibu *p-value* 0,000, sikap ibu *p-value* 0,000 dan dukungan suami *p-value* 0,002.

Simpulan dari penelitian ini pengetahuan ibu, sikap positif, dan dukungan suami berperan penting dalam keberhasilan ASI eksklusif. Disarankan peningkatan edukasi bagi ibu dan keluarga, penguatan program penyuluhan di puskesmas, serta pengembangan materi ASI eksklusif di institusi pendidikan dan penelitian lanjutan di wilayah lainnya.

Kata kunci : ASI eksklusif, pengetahuan ibu, sikap ibu, dukungan suami  
Daftar bacaan : 29 (2015-2024)

**HEALTH POLYTECHNIC OF TANJUNGKARANG**  
**DEPARTEMENT OF MIDWIFERY**  
***Thesis, Mei 2025***

*Fia Elitta Maharani*

***The relationship between knowledge, attitude, and husband's support for exclusive breastfeeding among breastfeeding mothers at the Kotaagung Health Center***

*xvi +55 pages, 10 tables, 2 figures, and 7 attachments.*

**ABSTRACT**

*Exclusive breastfeeding during the first six months of a baby's life is crucial for reducing infant mortality and illness, as well as supporting optimal growth and development. Globally, only 44% of infants aged 0–6 months receive exclusive breastfeeding. In Indonesia, the coverage in 2023 reached 73.97%, still below the national target of 80%. Lampung Province also fell short of this target, with a coverage rate of 77.4% in 2023. In fact, Tanggamus District experienced a decline from 87.2% in 2021 to 69.2% in 2023.*

*This study aims to examine the relationship between maternal knowledge, maternal attitudes, and husband support with exclusive breastfeeding at the Kotaagung Health Center in Tanggamus District.*

*This is an analytical study using a cross-sectional approach. The population consisted of all mothers with babies aged 6–12 months in the working area of the Kotaagung Health Center, totaling 114 individuals. A sample of 98 mothers was selected using purposive sampling. The study used primary data, analyzed through univariate and bivariate methods using the Chi-Square test.*

*The results showed that 67.8% of mothers provided exclusive breastfeeding; 60.2% had high knowledge, 70.4% had a positive attitude, and 72.4% received support from their husbands. Bivariate analysis showed significant relationships: maternal knowledge ( $p\text{-value} = 0.000$ ), maternal attitude ( $p\text{-value} = 0.000$ ), and husband support ( $p\text{-value} = 0.002$ ).*

*In conclusion, maternal knowledge, positive attitudes, and husband support play important roles in the success of exclusive breastfeeding. It is recommended to enhance education for mothers and families, strengthen counseling programs at health centers, develop breastfeeding education materials in schools, and conduct further research in other regions.*

**Keyword** : Exclusive breastfeeding, mother's knowledge, mother's attitude, husband's support

**References** :29 (2015-2024)