

**POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN
TANJUNGPUR
JURUSAN FARMASI
Laporan Tugas Akhir, Mei 2025**

Rizki Adiwianto

Gambaran Tingkat Pengetahuan Santri Tentang Swamedikasi di Pondok Pesantren yang Terletak di Kecamatan Candipuro Kabupaten Lampung Selatan Tahun 2025

xvii + 69 halaman, 12 tabel, 6 gambar, dan 14 lampiran

ABSTRAK

Swamedikasi umumnya dilakukan oleh para santri di pondok pesantren untuk mengatasi keluhan-keluhan serta penyakit ringan yang banyak dirasakan seperti demam, nyeri, pusing, batuk, flu, maag, cacingan, diare, penyakit kulit, dan lainnya. Kurangnya pengetahuan akan suatu obat yang dikonsumsi dan pemakaian obat yang tidak sesuai dapat memberikan dampak yang membahayakan.

Tujuan penelitian ini adalah untuk mengetahui gambaran tingkat pengetahuan santri tentang swamedikasi di pondok pesantren yang terletak di Kecamatan Candipuro Kabupaten Lampung Selatan. Penelitian ini merupakan penelitian kuantitatif yang bersifat deskriptif dengan desain penelitian *cross-sectional*. Pengambilan data tingkat pengetahuan swamedikasi dilakukan dengan metode wawancara terpimpin menggunakan kuesioner yang dibagikan kepada responden. Pengambilan sampel menggunakan metode survei deskriptif dengan kriteria inklusi yang telah ditentukan. Populasi penelitian ini adalah seluruh santri di Pondok Pesantren Al-Huda dan Pondok Pesantren Istiqomah Al-Amin yang pernah melakukan swamedikasi. Sampel yang digunakan adalah 100 responden yang memenuhi kriteria inklusi dan eksklusi. Hasil penelitian diperoleh bahwa jenis kelamin paling banyak adalah perempuan (80%), responden terbanyak dari Pondok Pesantren Istiqomah Al-Amin (73%), usia responden tertinggi adalah usia 15 tahun (32%). Sebagian besar santri, yaitu sebanyak 56% responden memiliki tingkat pengetahuan tentang swamedikasi yang tergolong kurang, tingkat pengetahuan santri terkait cara mendapatkan obat tergolong baik dengan rata-rata 77,33%, tingkat pengetahuan santri terkait cara penggunaan obat tergolong kurang dengan rata-rata 50,17%, tingkat pengetahuan santri terkait cara menyimpan obat tergolong cukup dengan rata-rata 63,6%, dan tingkat pengetahuan santri terkait cara membuang obat tergolong kurang dengan rata-rata 46%.

Kata kunci : Tingkat Pengetahuan, Swamedikasi, Pondok Pesantren
Daftar bacaan : 32 (1993-2025)

**POLYTECHNIC OF HEALTH MINISTRY OF HEALTH TANJUNGKARANG
DEPARTMENT OF PHARMACY
Final Project Report, May 2025**

Rizki Adiwianto

Overview of Santri's Knowledge Level About Self-Medication in Islamic Boarding Schools Located in Candipuro District, South Lampung Regency in 2025

xvii + 69 pages, 12 tables, 6 figures, and 14 appendices

ABSTRACT

Self-medication is commonly practiced by students at Islamic boarding schools to address common complaints and minor illnesses such as fever, pain, dizziness, cough, flu, indigestion, intestinal worms, diarrhea, skin diseases, and others. Lack of knowledge about the medication being consumed and improper use of medication can have harmful effects..

The purpose of this study was to determine the level of knowledge of Islamic boarding school students about self-medication in Islamic boarding schools located in Candipuro District, South Lampung Regency. This study was a quantitative descriptive study with a cross-sectional design. Data on the level of knowledge of self-medication was collected using a guided interview method with a questionnaire distributed to respondents. The sample was selected using a descriptive survey method with predetermined inclusion criteria. The study population consisted of all students at Al-Huda Islamic Boarding School and Istiqomah Al-Amin Islamic Boarding School who had previously practiced self-medication. The sample consisted of 100 respondents who met the inclusion and exclusion criteria. The results of the study showed that the majority of respondents were female (80%), the majority of respondents were from the Istiqomah Al-Amin Islamic Boarding School (73%), and the highest age group was 15 years old (32%). Most students, 56% of respondents, had a low level of knowledge about self-medication. The level of knowledge regarding how to obtain medication was considered good, with an average of 77.33%. the level of knowledge regarding the proper use of medications was classified as insufficient, with an average of 50.17%, the level of knowledge regarding the proper storage of medications was classified as adequate, with an average of 63.6%, and the level of knowledge regarding the proper disposal of medications was classified as insufficient, with an average of 46%.

Keywords : Knowledge Level, Self-Medication, Boarding School
Reading list : 32 (1993-2025)