

POLITEKNIK KESEHATAN KEMENKES TANJUNGPINANG
JURUSAN KEBIDANAN
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Pemberian Virgin Coconut Oil (VCO) Untuk Mengurangi Biang Keringat (Miliaria) Pada Bayi Z Usia 8 Bulan di PMB Sarpini Lampung Selatan

Xvi + 54 halaman, 2 table, 3 gambar, dan 12 lampiran

RINGKASAN

World Health Organization (WHO) melaporkan setiap tahunnya terdapat 80% penderita biang keringat (miliaria), dimana 65% diantaranya terjadi pada bayi dan balita. Data hasil survey Praktik Mandiri Bidan PMB Sarpini Kecamatan Merbau Mataram, Lampung Selatan yang dilakukan saat Imunisasi terdapat 3 dari 20 bayi yang mengalami biang keringat (miliaria).

Tujuan dari pemberian Virgin Coconut Oil (VCO) dilakukan untuk mengurangi biang keringat (Miliaria) terhadap By. Z Usia 8 bulan untuk mengurangi biang keringat (Miliaria) dengan cara memberikan Virgin Coconut Oil (VCO) pada bagian tubuh yang mengalami biang keringat

Metode dalam pengumpulan data studi kasus ini adalah metode 7 langkah varney dalam pendokumentasian SOAP. Asuhan kebidanan dimulai sejak tanggal 5 Maret - 9 Maret 2025. Subjek yang diambil pada studi kasus ini adalah By. Z Usia 8 bulan dengan penerapan pemberian Virgin Coconut Oil (VCO) Untuk mengurangi biang keringat (Miliaria) di PMB Sarpini.

Hasil yang dilakukan setelah diberikan Virgin Coconut Oil (VCO) terhadap By. Z diperoleh hasil kondisi biang keringat (Miliaria) bayi Z mengalami pengurangan. Dengan demikian dapat disimpulkan bahwa metode pemberian Virgin Coconut Oil (VCO) dapat mempercepat pengurangan biang keringat.

Kata Kunci : Miliaria (Biang Keringat), Virgin Coconut Oil (VCO)
Daftar Bacaan : 25 (2018 – 2024)

POLITECHNIC OF HEALTH TANJUNGKARANG
PROGRAM STUDY DIII MIDWIFERY TANJUNGKARANG
Final Assignment Report, may 2025

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Giving Virgin Coconut Oil (VCO) to Reduce Prickly Heat (Miliaria) in 8 Month Old Baby Z at PMB Sarpini South Lampung

Xvi+54 Pages,2 Table,3 Pictures,12 Attchments

ABSTRACT

The World Health Organization (WHO) reports that every year there are 80% sufferers of prickly heat (miliaria), of which 65% occur in infants and toddlers. Data from the survey results of the Independent Practice of Midwives PMB Sarpini, Merbau District, Mataram, South Lampung, which was conducted during Immunization, there were 3 out of 20 babies who experienced prickly heat (miliaria).

The purpose of administering Virgin Coconut Oil (VCO) is to reduce prickly heat (miliaria) to By. Z aged 8 months to reduce prickly heat (miliaria) by administering Virgin Coconut Oil (VCO) to the body part that experiences prickly heat

The method in collecting data for this case study is the 7-step Varney method in SOAP documentation. Midwifery care began on March 5 - March 9, 2025. The object taken in this case study was By. Z aged 8 months with the application of administering Virgin Coconut Oil (VCO) to reduce prickly heat (miliaria) at PMB Sarpini.

The results after giving Virgin Coconut Oil (VCO) to By. Z showed that the condition of prickly heat (Miliaria) in baby Z was reduced. Thus, it can be concluded that the method of giving Virgin Coconut Oil (VCO) can accelerate the reduction of prickly heat.

Keywords : Miliaria (Prickly Heat) , Virgin Coconut Oil (VCO)

Reading List : 25 (2018-2024)