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**Hubungan Kepatuhan Minum Obat dan Dukungan Keluarga Dengan
Kesembuhan Pasien TB Paru di Beberapa Puskesmas Kabupaten Lampung
Tengah**

xv + 32 halaman, 7 tabel, 1 gambar, 11 lampiran

ABSTRAK

Tuberkulosis adalah penyakit menular yang disebabkan oleh bakteri *Mycobacterium Tuberculosis*. Kesembuhan pasien TB paru sangat dipengaruhi oleh kepatuhan mereka dalam mengonsumsi Obat Anti Tuberkulosis (OAT) sedangkan dukungan keluarga sangat dibutuhkan dalam kepatuhan pengobatan tuberkulosis. Penelitian ini bertujuan untuk mengetahui hubungan kepatuhan minum obat dan dukungan keluarga dengan kesembuhan pasien TB Paru di beberapa Puskesmas Kabupaten Lampung Tengah. Jenis penelitian yang digunakan *analitik observasional* dengan desain *cross sectional*. Data dikumpulkan melalui wawancara kuesioner pada 55 penderita TB yang telah menjalani pengobatan selama 6 bulan di bulan Februari–April 2025. Data dianalisis menggunakan uji *chi square*. Hasil penelitian menunjukkan bahwa ada hubungan yang signifikan antara kepatuhan minum obat ($p=0,000$; PR=7,000; 95%CI=1,140-42,969) dan dukungan keluarga ($p=0,000$; PR=2,610; 95%CI=1,066 – 6,391) dengan kesembuhan pasien TB Paru. Sedangkan pada variabel usia ($p=0,075$), jenis kelamin ($p=1,000$) dan tingkat pendidikan ($p=0,204$) tidak terdapat hubungan dengan kesembuhan pasien TB Paru. Dapat disimpulkan bahwa dari 5 variabel terdapat 2 variabel yang berhubungan dengan kesembuhan pasien TB Paru di beberapa Puskesmas Kabupaten Lampung Tengah.

Kata Kunci : Tuberkulosis, Kepatuhan Minum Obat, Dukungan Keluarga
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The Relationship between Medication Adherence and Family Support with the Recovery of Pulmonary TB Patients in Several Health Centers in Central Lampung Regency

xv + 32 pages, 7 tables, 1 image, 11 attachments

ABSTRACT

Tuberculosis is an infectious disease caused by the bacteria Mycobacterium Tuberculosis. The recovery of pulmonary TB patients is greatly influenced by their compliance in taking Anti-Tuberculosis Drugs (OAT) while family support is greatly needed in compliance with tuberculosis treatment. This study aims to find out the relationship between medication adherence and family support with the recovery of pulmonary TB patients in several health centers in Central Lampung Regency. The type of research used was observational analytic with a cross-sectional design. Data were collected through questionnaire interviews on 55 TB patients who had undergone treatment for 6 months in February–April 2025. Data were analyzed using the chi square test. The results showed that there was a significant relationship between medication adherence ($p=0.000$; $PR=7.000$; $95\%CI=1,140-42,969$) and family support ($p=0,000$; $PR=2,610$; $95\%CI=1,066 – 6,391$) with the recovery of pulmonary TB patients. While in the variables of age ($p=0,075$), gender ($p=1,000$) and education level ($p=0,204$) there was no relationship with the recovery of pulmonary TB patients. It can be concluded that out of 5 variables there are 2 variables that are related to the recovery of pulmonary TB patients in several Health Centers in Central Lampung Regency.

Keywords : Tuberculosis, Medication Adherence, Family Support

Reference : 27 (2014 – 2025)