

**POLITEKNIK KESEHATAN TANJUNGPINANG JURUSAN
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Asuhan Keperawatan Perioperatif Pada Pasien Hemoroid Dengan Tindakan Hemoroidektomi Di Ruang instalasi bedah sentral RSUD Alimudin Umar Lampung Barat

Xviii+ 78 halaman, 22 tabel dan lampiran

ABSTRAK

. Di Indonesia Hemoroid 5,7% dari 10 juta orang. Di RSUD Alimudin Umar Kabupaten Lampung Barat jumlah pasien hemoroidektomi pada tahun 2019-2020 sebanyak 38 orang pada bulan Januari hingga Juli tahun 2021 ditemukan jumlah pasien yang mengalami hemoroid 29 orang dan yang dilakukan *hemoroidektomy* adalah 8 orang. Dibandingkan, prevalensi kenaikan sebesar 75%. Tujuan laporan tugas akhir ini untuk menggambarkan pelaksanaan asuhan keperawatan perioperatif tiap-tiap fasenya pada pasien hemoroid dengan tindakan hemoroidektomi di ruang instalasi bedah sentral RSUD Alimudin Umar.

Proses keperawatan perioperatif meliputi tahap pengkajian sampai dengan evaluasi. Berdasarkan hasil pengkajian pada pasien hemoroid yang dirawat rencana keperawatan yang ditetapkan berdasarkan diagnosa keperawatan pada pre operasi; reduksi cemas, intra operasi; pencegahan perdarahan dan post operasi; manajemen hipotermia. Evaluasi dari diagnosa keperawatan didapatkan hasil pada, tahap pre operasi masalah ansietas menurun dengan kriteria hasil keluhan cemas menurun, perilaku gelisah menurun, tanda-tanda vital dalam batas normal. Tahap intra operasi masalah risiko perdarahan tidak terjadi dengan kriteria hasil tanda-tanda perdarahan minimal serta perdarahan terkontrol. Tahap post operasi masalah risiko hipotermia perioperatif tidak terjadi dengan kriteria hasil menggigil menurun, pucat menurun.

Diharapkan dalam melakukan prosedur asuhan keperawatan perioperatif sesuai dengan standar yang berlaku dan sesuai dengan tahapan pengkajian, perumusan diagnosa keperawatan, pembuatan intervensi keperawatan, pelaksanaan implementasi dan evaluasi baik saat tahap preoperatif, intraoperatif, maupun pascaoperatif.

Kata Kunci : Hemoroid, Hemoroidektomi, Asuhan Keperawatan Perioperatif
Referensi: 40 (2002-2020)

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***Perioperative Nursing Care in Hemorrhoid Patients with Hemorrhoidectomy
Measures in Space Surgery Installation Room RSUD Alimudin Umar
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Xviii +78 pages, 22 tables and attachments

ABSTRACT

In Indonesia, hemorrhoids are 5.7% of 10 million people. At the Alimudin Umar Hospital, West Lampung Regency, the number of hemorrhoidectomy patients in 2019-2020 was 38 people, from January to July 2021, it was found that the number of patients who had hemorrhoids was 29 and those who underwent hemorrhoidectomy were 8 people. In comparison, the prevalence increased by 75%. The purpose of this final report is to describe the implementation of perioperative nursing care for each phase in hemorrhoidal patients with hemorrhoidectomy in the central surgical installation room at Alimudin Umar Hospital.

The perioperative nursing process includes the assessment stage to evaluation. Based on the results of the assessment on hemorrhoidal patients who were treated, the nursing plan was determined based on the preoperative nursing diagnosis; anxiety reduction, intraoperatively; prevention of bleeding and post surgery; hypothermia management. Evaluation of nursing diagnoses obtained results in the preoperative stage of decreased anxiety problems with the criteria of decreased anxiety complaints, decreased anxious behavior, vital signs within normal limits. In the intraoperative stage, the problem of bleeding risk does not occur with the criteria for minimal bleeding signs and controlled bleeding. In the postoperative stage, the risk of perioperative hypothermia did not occur with the criteria of decreased shivering, decreased pallor.

It is expected that in carrying out perioperative nursing care procedures in accordance with applicable standards and in accordance with the stages of assessment, formulation of nursing diagnoses, making nursing interventions, implementation and evaluation both during the preoperative, intraoperative, and postoperative stages

Keywords : Hemorrhoids, Hemorrhoidectomy, Perioperative Nursing Care

References : 40 (2002-2020)