

POLITEKNIK KESEHATAN TANJUNGPUR
JURUSAN KEPERAWATAN
PROGRAM STUDI SARJANA TERAPAN KEPERAWATAN
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**HUBUNGAN DUKUNGAN KELUARGA DENGAN KEPATUHAN
MOBILISASI PADA PENDERITA STROKE DI RSD DR. A. DADI
TJOKRODIPO KOTA BANDAR LAMPUNG TAHUN 2025**
(xviii+53 Halaman, 7 Tabel dan 9 Gambar)

ABSTRAK

Berdasarkan Profil Kesehatan Indonesia tahun 2020, tercatat jumlah kasus di Indonesia cukup tinggi, yaitu sebanyak 1.789.261 penduduk mengalami atau menderita stroke. Di Provinsi Lampung, prevalensi stroke berdasarkan diagnosis tenaga kesehatan sebesar 7,7% (42.851 orang) dan berdasarkan diagnosis atau gejala sebesar 12,3% (68.393 orang), dengan angka tertinggi di Kota Bandar Lampung. Stroke terjadi akibat sumbatan atau pecahnya pembuluh darah otak, mengakibatkan kematian sel otak. Dukungan keluarga diyakini berperan penting dalam meningkatkan kepatuhan pasien terhadap mobilisasi. Penelitian ini bertujuan mengetahui hubungan antara dukungan keluarga dan kepatuhan mobilisasi pada pasien stroke di RSD Dr. A. Dadi Tjokrodipo Bandar Lampung tahun 2025. Metode yang digunakan adalah observasional analitik dengan pendekatan cross sectional, melibatkan 20 pasien stroke. Data dikumpulkan melalui kuesioner. Hasil penelitian menunjukkan 13 responden (65%) mendapat dukungan keluarga yang baik dan 15 responden (75%) patuh terhadap mobilisasi. Sebaliknya 7 responden (35%) kurang mendapat dukungan keluarga dan 5 responden (25%) kurang patuh terhadap mobilisasi. Uji *Chi Square* menghasilkan *p-value* = 0,031, menunjukkan adanya hubungan signifikan antara dukungan keluarga dan kepatuhan mobilisasi. Kesimpulan dari penelitian ini yaitu dukungan keluarga berperan penting dalam meningkatkan kepatuhan mobilisasi pada penderita stroke. Oleh karena itu, disarankan agar keluarga memahami peran dukungan yang diberikan untuk meningkatkan motivasi serta kedisiplinan pasien dalam melakukan mobiltas yang dibutuhkan selama masa rehabilitasi.

Kata kunci : Stroke, Dukungan Keluarga, Mobilisasi.
Pustaka : 43 (2015-2025)

TANJUNGKARANG POLYTECHNIC OF HEALTH
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**RELATIONSHIP BETWEEN FAMILY SUPPORT AND MOBILIZATION
COMPLIANCE IN STROKE PATIENTS AT DR. A. DADI TJOKRODIPO
HOSPITAL, BANDAR LAMPUNG CITY IN 2025**

(xviii+53Pages,7 Tables and 9 Figures)

ABSTRACT

Based on the 2020 Indonesian Health Profile, the number of cases in Indonesia is quite high, with 1,789,261 people experiencing or suffering from stroke. In Lampung Province, the prevalence of stroke based on health worker diagnosis is 7.7% (42,851 people) and based on diagnosis or symptoms is 12.3% (68,393 people), with the highest rate in Bandar Lampung City. Stroke occurs due to blockage or rupture of blood vessels in the brain, resulting in brain cell death. Family support is believed to play an important role in increasing patient compliance with mobilization. This study aims to determine the relationship between family support and compliance with mobilization in stroke patients at Dr. A. Dadi Tjokrodipo Regional Hospital, Bandar Lampung in 2025. The method used is an observational analytic with a cross-sectional approach, involving 20 stroke patients. Data were collected through questionnaires. The results showed that 13 respondents (65%) received good family support and 15 respondents (75%) were compliant with mobilization. Conversely, 7 respondents (35%) received insufficient family support and 5 respondents (25%) were less compliant with mobilization. The Chi-Square test yielded a p-value of 0.031, indicating a significant relationship between family support and mobilization compliance. The conclusion of this study is that family support plays an important role in improving mobilization compliance in stroke patients. Therefore, it is recommended that families understand the role of support provided to increase patient motivation and discipline in carrying out the mobilization required during the rehabilitation period.

Keywords : Stroke, Family Support, Mobilization.

Reference : 43 (2015-2025)