

**POLTEKKES KEMENKES TANJUNG KARANG
JURUSAN KEPERAWATAN
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**HUBUNGAN DUKUNGAN KELUARGA DENGAN KUALITAS HIDUP
PASIEN PASCA STROKE DI RUMAH SAKIT JENDERAL AHMAD YANI
METRO PROVINSI LAMPUNG TAHUN 2025**

ABSTRAK

Menurut World Health Organisation (WHO, 2019) stroke menjadi penyebab kecacatan dan kematian nomor dua di dunia, di laporkan terdapat angka penderita stroke setiap tahun 15 juta orang diseluruh dunia sekitar 6 juta penderita diantaranya meninggal dan sekitar 5 juta penderita dilaporkan mengalami kecacatan permanen. Menurut (WSO, 2022) penyakit stroke diperkirakan akan terus bertambah setiap tahunnya sekitar 12,2 juta kasus, dengan peringkat pertama 58,1 juta kasus terjadi di benua asia. Tujuan penelitian ini untuk mengetahui hubungan dukungan keluarga dengan kualitas hidup pasien pasca stroke di RSUD Jenderal Ahmad Yani Metro Provinsi Lampung Tahun 2025. Penelitian ini penelitian kuantitatif menggunakan desain cross sectional. Sampel penelitian ini 40 responden. Penelitian ini dilakukan pada 30 April – 22 Mei 2025 serta menggunakan uji statistic chi square. Hasil penelitian menunjukan adanya hubungan dukungan keluarga dengan kualitas hidup dengan nilai (p-value 0,002) dari 40 responden lebih dari sebagian responden sebanyak 27 responden (67,5%) memiliki dukungan keluarga baik, dan 22 responden (55%) memiliki kualitas hidup baik. Dengan hasil penelitian ini diharapkan dapat menjadi masukan bagi instansi terkait khususnya bagi ruang poliklinik saraf RSUD Jenderal Ahmad Yani Metro untuk memberikan edukasi agar kualitas hidup pasien pasca stroke tidak hanya menunjukan kesehatan tentang aspek psikologis, tetapi dapat menunjukan kesehatan aspek fisik dan sosial sehingga baik pasien maupun keluarga pasien dapat memahami tentang dukungan keluarga khususnya kualitas hidup pasien pasca stroke di RSUD Jenderal Ahmad Yani Metro Tahun 2025.

Kata kunci : Pasien pasca stroke, dukungan keluarga, kualitas hidup
Daftar Referensi : 30 (2018-2024)

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**RELATIONSHIP BETWEEN FAMILY SUPPORT AND QUALITY OF
LIFE OF POST-STROKE PATIENTS AT GENERAL AHMAD YANI
HOSPITAL, METRO, LAMPUNG PROVINCE IN 2025**

ABSTRACT

According to the World Health Organization (WHO, 2019), stroke is the second leading cause of disability and death in the world. It is reported that there are 15 million stroke sufferers worldwide every year, around 6 million of whom die and around 5 million sufferers are reported to experience permanent disability. According to (WSO, 2022), stroke is estimated to continue to increase annually by around 12.2 million cases, with the first rank of 58.1 million cases occurring in the Asian continent. The purpose of this study was to determine the relationship between family support and the quality of life of post-stroke patients at General Ahmad Yani Metro Hospital, Lampung Province in 2025. This study is a quantitative study using a cross-sectional design. The sample of this study was 40 respondents. This study was conducted on April 30 - May 22, 2025 and used the chi-square statistical test. The results of the study showed a relationship between family support and quality of life with a value (p -value 0.002) of 40 respondents, more than half of the respondents, 27 respondents (67.5%) had good family support, and 22 respondents (55%) had good quality of life. With the results of this study, it is hoped that it can be an input for related agencies, especially for the neurology polyclinic room of General Ahmad Yani Metro Hospital to provide education so that the quality of life of post-stroke patients does not only show health regarding psychological aspects, but can show health aspects of physical and social aspects so that both patients and their families can understand about family support, especially the quality of life of post-stroke patients at General Ahmad Yani Metro Hospital in 2025.

Keywords: Post-stroke patients, family support, quality of life

List of References: 30 (2018-2024)