

POLITEKNIK KESEHATAN TANJUNGPINANG
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FAKTOR-FAKTOR YANG MEMPENGARUHI ACTIVITY OF DAILY LIVING PADA PASIEN POST OPERASI SECTIO CAESAREA DI RUMAH SAKIT BHAYANGKARA RUWA JURAI TAHUN 2025.

xvi + 52 halaman + 5 tabel + 3 gambar

ABSTRAK

Berdasarkan data laporan Provinsi Lampung pada Survey Kesehatan Indonesia (SKI) tahun 2023 angka persalinan *sectio caesarea* di Provinsi Lampung dengan rentang usia 10-54 tahun mencapai 24,0 %. Kemandirian ibu post section caesarea adalah kemampuan ibu dalam aktivitas sehari-hari mencakup makan, mandi, berhias, berpakaian, buang air besar (BAB), buang air kecil (BAK), toileting, berpindah tempat (ambulasi), mobilitas. Tujuan penelitian ini adalah mengetahui faktor-faktor yang mempengaruhi *activity of daily living* pada pasien post operasi *sectio caesarea* di rumah Sakit Bhayangkara Bandar Lampung Tahun 2025. Penelitian ini adalah penelitian kuantitatif dengan menggunakan desain cross-sectional. Jumlah Populasi dalam penelitian ini sebanyak 36 responden dengan sampel 36 responden. Penelitian dilaksanakan pada Juli 2025 di rumah Sakit Bhayangkara Bandar Lampung. Hasil penelitian menunjukkan ada hubungan usia dengan *activity of daily living* (p value 0,032), ada hubungan paritas dengan *activity of daily living* (p value 0,015), ada hubungan dukungan keluarga dengan *activity of daily living* (p value 0,002) dan ada hubungan dukungan tenaga kesehatan dengan *activity of daily living* (p value 0,040) pada pasien post Operasi *Sectio Caesarea* di Rumah Sakit Bhayangkara Ruwa Jurai Tahun 2025. Diharapkan tenaga kesehatan tidak hanya memberikan asuhan mengenai *Activity of Daily Living* (ADL) saja tetapi lebih memperhatikan faktor - faktor yang dapat memengaruhi kemandirian ADL pasien tersebut serta mengajarkan pasien untuk melakukan ADL sedini mungkin.

Kata Kunci: faktor, *activity of daily living*, *sectio caesarea*.
Daftar Pustaka: 36 (2005-2023)

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**FACTORS AFFECTING ACTIVITY OF DAILY LIVING IN POSTOPERATIVE
SECTIO CEASAREA PATIENTS AT BHAYANGKARA RUWA JURAI HOSPITAL IN
2025.**

xvi + 52 pages + 5 tables + 3 figures

ABSTRACT

Based on Lampung Province report data in the Indonesian Health Survey (SKI) in 2023, the rate of cesarean section delivery in Lampung Province with an age range of 10-54 years reached 24.0%. Independence of post section caesarea mothers is the ability of mothers in daily activities including eating, bathing, dressing, defecating, urinating, toileting, ambulation, mobility. The purpose of this study was to determine the factors that influence the activity of daily living in postoperative sectio ceasarea patients at Bhayangkara Bandar Lampung Hospital in 2025. This study is a quantitative study using a cross-sectional design. The population in this study were 36 respondents with a sample of 36 respondents. The research was conducted in July 2025 at Bhayangkara Bandar Lampung Hospital. The results showed that there was a relationship between age and activity of daily living (p value 0.032), there was a relationship between parity and activity of daily living (p value 0.015), there was a relationship between family support and activity of daily living (p value 0.002) and there was a relationship between health worker support and activity of daily living (p value 0.040) in postoperative Sectio Caesarea patients at Bhayangkara Ruwa Jurai Hospital in 2025. It is expected that health workers not only provide care regarding Activity of Daily Living (ADL) but pay more attention to factors that can affect the independence of the patient's ADL and teach patients to do ADL as early as possible.

Keywords: factors, activity of daily living, sectio caesarea.

Bibliography: 36 (2005-2023)