

POLITENIK KESEHATAN KEMENKES TANJUNGPURBARANG
JURUSAN KESEHATAN GIGI

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HUBUNGAN POLA MAKAN TERHADAP KEJADIAN KARIES PADA
SISWA KELAS III DI SDN 1 HAJIMENA KECAMATAN NATAR
KABUPATEN LAMPUNG SELATAN TAHUN 2025

(xv + 28 halaman, 4 tabel, 4 gambar, 20 lampiran)

ABSTRAK

WHO (World Health Organization) menargetkan 50% anak usia 5-9 tahun bebas karies pada tahun 2030 sementara berdasarkan data Survey Kesehatan Indonesia (SKI) tahun 2023 84,8% anak usia 5-9 tahun menderita karies gigi di Indonesia, sedangkan di Provinsi Lampung sebanyak 47,5% mempunyai masalah gigi berlubang, rusak atau sakit. Berdasarkan data hasil pre survey yang telah dilakukan pada siswa siswi kelas 3 SDN 1 Hajimena, Senin 4 Oktober 2024, dengan memeriksa 10 Responden. Hasil survey menunjukkan bahwa 6 dari 10 anak mengalami karies dengan kriteria tinggi yakni $>6,6$ serta 4 lainnya mengalami karies dengan kriteria sedang yaitu $<4,4$. Tujuan penelitian ini adalah Untuk mengetahui hubungan pola makan terhadap kejadian karies di SDN 1 Hajimena 1 Kec. Natar Lampung Selatan Tahun 2024. Metode pengumpulan data menggunakan kuisioner pola makan serta pemeriksaan def-t menggunakan alat OD dan kartu status def-t Hasil analisis bivariate menggunakan uji chi-square didapatkan hasil Asymp. Sig. 0,011 yang artinya Asymp.Sig. $<0,05$ sehingga didapatkan bahwa H_0 ditolak dan H_a diterima dan dapat disimpulkan bahwa terdapat Hubungan antara pola makan terhadap kejadian karies pada siswa kelas III di SDN 1 Hajimena Kecamatan Natar Kabupaten Lampung Selatan.

Kata Kunci : Pola Makan, Karies Gigi

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**RELATIONSHIP BETWEEN DIETARY PATTERNS AND CARIES
INCIDENCE IN GRADE III STUDENTS AT SDN 1 HAJIMENA, NATAR
DISTRICT, SOUTH LAMPUNG REGENCY IN 2025**

(xv + 28 pages, 4 tables, 4 figures, 19 attachments)

ABSTRACT

WHO (World Health Organization) targets 50% of children aged 5-9 years to be free of caries by 2030 while based on data from the Indonesian Health Survey (SKI) in 2023 84.8% of children aged 5-9 years suffer from dental caries in Indonesia, while in Lampung Province as many as 47.5% have problems with cavities, damage or diseased teeth. Based on the data from the pre-survey results that have been conducted on grade 3 students of SDN 1 Hajimena, Monday, October 4, 2024, by examining 10 respondents. The survey results showed that 6 out of 10 children experienced caries with high criteria, namely >6.6 and 4 others experienced caries with moderate criteria, namely <4.4 . The purpose of this study was to determine the relationship between eating patterns and the incidence of caries at SDN 1 Hajimena 1, Natar District, South Lampung in 2024. The data collection method used a dietary pattern questionnaire and def-t examination using the OD tool and def-t status card. The results of the bivariate analysis using the chi-square test obtained the results of Asymp. Sig. 0.011 which means Asymp.Sig. <0.05 so that it was found that H_0 was rejected and H_a was accepted and it can be concluded that there is a relationship between eating patterns and the incidence of caries in grade III students at SDN 1 Hajimena, Natar District, South Lampung Regency.

Keywords : Diet, Dental Caries

Bibliography : 2016-2024