

POLITEKNIK KESEHATAN TANJUNG KARANG

JURUSAN KESEHATAN LINGKUNGAN

Laporan Tugas Akhir, Mei 2025

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Gambaran perilaku hidup bersih dan sehat pada siswa sekolah dasar dan madrasah ibtidaiyah kecamatan Tulang Bawang Tengah Kabupaten Tulang Bawang Barat Tahun 2025

Xvi + 87 Halaman + 10 Tabel + 10 Lampiran

RINGKASAN

PHBS di sekolah adalah upaya untuk memperdayakan peserta didik, guru, dan masyarakat lingkungan sekolah agar tahu, mau, dan mampu mempraktikkan PHBS dan berperan aktif dalam mewujudkan sekolah sehat. Menggambarkan perilaku hidup bersih dan sehat pada siswa sekolah dasar dan madrasah ibtidaiyah kecamatan tulang bawang tengah kabupaten tulang bawang barat tahun 2025.

Penelitian ini bersifat deskriptif kuantitatif. Populasi penelitian ini yaitu siswa kelas 5 dan 6 dengan jumlah seluruh 494 orang terdaftar di sekolah dasar dan madrasah ibidaiyah untuk menentukan sampel dengan menggunakan rumus slovin sehingga jumlah sampel 83 orang.

Hasil penelitian gambaran perilaku hidup bersih dan sehat pada siswa sekolah dasar dan madrasah ibtidaiyah kecamatan tulang bawang tengah tahun 2025, cuci tangan pakai sabun sebanyak 78%, mengkonsumsi jajanan yang sehat sebanyak 88%, membuang sampah pada tempatnya sebanyak 96%, menggunakan jamban bersih dan sehat sebanyak 100%, berolahraga yang teratur sebanyak 100%, tidak merokok sebanyak 89%, membrantas jentik nyamuk 76%, menjaga rambut agar tetap rapih 100%, memakai pakaian bersih sebanyak 82% dan membersihkan kuku sebanyak 100%

Kata kunci: PHBS, Sekolah Dasar dan Madrasah Ibtidaiyah

Daftar Bacaan: (2011-2024)

TANJUNG KARANG HEALTH POLYTECHNIC

ENVIRONMENTAL HEALTH DEPARTMENT

Final Project Report, May 2025

Novita Safitri

An overview of clean and healthy living behaviors in elementary school students and madrasah ibtidaiyah in Tulang Bawang Tengah sub-district, West Tulang Bawang Regency in 2025

Xvi + 87 Pages + 10 Tables + 10 Attachments

SUMMARY

PHBS in schools is an effort to empower students, teachers, and the school community to know, want, and be able to practice PHBS and play an active role in realizing healthy schools. Describing clean and healthy living behavior in elementary school students and madrasah ibtidaiyah sub-district of central tulang bawang district, west tulang bawang district in 2025.

This research is descriptive quantitative. The population of this study is 5th and 6th grade students with a total of 494 people enrolled in elementary schools and madrasah ibidaiyah to determine the sample using the slovin formula so that the sample size is 83 people.

The results of the study describe clean and healthy living behavior in elementary school students and madrasah ibtidaiyah in the middle tulang bawang sub-district in 2025, washing hands with soap as much as 78%, consuming healthy snacks as much as 88%, throwing garbage in its place as much as 96%, using clean and healthy latrines as much as 100%, exercising regularly as much as 100%, not smoking as much as 89%, eradicating mosquito larvae 76%, keeping hair neat 100%, wearing clean clothes as much as 82% and cleaning nails as much as 100%.

Keywords: PHBS, Elementary School and Madrasah Ibtidaiyah
Reading List: (2011-2024)