

POLITEKNIK KESEHATAN TANJUNG KARANG
JURUSAN GIZI
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**Gambaran Pendistribusian Makanan Pada Pasien Rawat Inap
di RS Medika Insani Tanjung Baru Kecamatan Bukit Kemuning
Kabupaten Lampung Utara**

xiv + 43 halaman + 8 tabel + 2 gambar + 11 lampiran

ABSTRAK

Pelayanan gizi di rumah sakit disesuaikan dengan kondisi pasien dan mencakup berbagai kegiatan untuk mencapai status gizi yang optimal. Salah satu aspek penting pelayanan gizi adalah penyelenggaraan makanan salah satunya yaitu pendistribusian makanan. Beberapa penelitian menunjukkan bahwa banyak rumah sakit yang belum memenuhi standar pendistribusian makanan. Penelitian ini bertujuan untuk mengetahui proses pendistribusian makanan di rumah sakit dengan berfokus pada ketepatan waktu, sisa makanan pasien, dan kepuasan pasien terhadap pelayanan pramusaji di rumah sakit.

Penelitian ini menggunakan metode deskriptif kuantitatif. Dilakukan dengan cara observasi dan wawancara menggunakan lembar checklist, form visual comstock dan kuesioner. Sampel pada penelitian ini yaitu pasien rawat inap kelas III sebanyak 40 pasien. Penelitian ini dilakukan pada bulan April 2025.

Hasil penelitian menunjukkan penilaian pendistribusian makanan di rumah sakit Medika Insani Tanjung Baru 2025 didapatkan hasil 66,66% tidak tepat waktu pada makan malam. Penilaian sisa makanan pada pasien rawat inap kelas III dengan sisa makanan <20 yaitu didapatkan hasil makan pagi sebesar 16, 27%, makan siang 9,6% dan makan malam 9,32% dengan rata rata 11,73%, maka dapat disimpulkan sisa makanan di rumah sakit Medika Insani tahun 2025 berada diatas standar yang ditetapkan. Penilaian terhadap kepuasan pelayanan pramusaji penilaian pasien terhadap pramusaji berdasarkan berpakaian memiliki presentase pasien merasa puas paling tinggi sebesar 82,5%, utamakan pasien memiliki presentase sangat puas sebesar 27,5%, dan salam sapa memiliki presentase kurang puas sebesar 10%. Kesimpulan penelitian ini adalah rumah sakit Medika Insani Tanjung Baru masih tergolong baik, tetapi ada beberapa hal yang perlu diperbaiki seperti modifikasi lauk nabati, perubahan jam distribusi makanan dan pelayanan pramusaji harus lebih ditingkatkan lagi pada keramahan petugas

Kata kunci : ketepatan waktu, sisa makanan, kepuasan pasien

Daftar Pustaka : 30 (2008 – 2024)

TANJUNG KARANG HEALTH POLYTECHNIC
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**Overview of Food Distribution in Inpatients
at Medika Insani Tanjung Baru Hospital, Bukit Kemuning District
North Lampung Regency**

xiv + 43 pages + 8 table + 2 pictures + 11 appendices

ABSTRACT

Nutrition services in hospitals are tailored to the patient's condition and include a variety of activities to achieve optimal nutritional status. One of the important aspects of nutrition services is the implementation of food, one of which is food distribution. Some studies show that many hospitals have not met food distribution standards. This study aims to determine the process of food distribution in hospitals by focusing on timeliness, patient food waste, and patient satisfaction with waiter services in hospitals.

This study uses a descriptive kuantitatif method. It was carried out by observation and interviews using checklist sheets, visual comstock forms and questionnaires. The sample in this study is all class III inpatients as many as 40 patients. This research was began April 2025.

The research results show that the assessment of food distribution at Medika Insani Hospital Tanjung Baru in 2025 reached a 66.66% result is not timely for dinner. The assessment of leftover food for class III inpatient patients with leftovers <20 shows that breakfast leftovers amounted to 16.27%, lunch 9.6%, and dinner 9.32%, with an average of 11.73%. It can be concluded that the leftover food at Medika Insani Hospital in 2025 is above the established standards. The evaluation of service satisfaction for food servers indicates that patients' assessment of the servers' attire had the highest satisfaction percentage at 82.5%. The percentage of very satisfied patients was 27.5%, while the greeting had a percentage of less satisfied patients at 10%. The conclusion of this study is that Medika Insani Hospital Tanjung Baru is still considered good, but there are a few areas that need improvement, such as modifying vegetarian dishes, the change in food distribution times and the service of waitstaff must be further improved in terms of the friendliness of the staff.

Keywords : on timeliness, patient food waste, patient satisfaction

Bibliography : 30 (2008 – 2024)