

POLITEKNIK KESEHATAN TANJUNG KARANG
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Gambaran Ketenagaan di Instalasi Gizi Rumah Sakit Umum Daerah Pringsewu Dengan Menggunakan Metode ISN (*Indicator Staffing Need*) Tahun 2025

xiii + 34 halaman + 8 tabel, 2 gambar, 5 lampiran

ABSTRAK

Tenaga di instalasi gizi memiliki peran yang sangat penting dalam pelayanan Gizi di Rumah Sakit. Tenaga di instalasi gizi yang bekerja sesuai dengan kompetensinya akan menghasilkan suatu kinerja yang baik. Tujuan penelitian ini untuk mengetahui gambaran ketenagaan kerja Ahli Gizi, Pemasak, Pramusaji di Instalasi Gizi RSUD Pringsewu tahun 2025.

Penelitian tentang gambaran ketenagaan di instalasi gizi RSUD Pringsewu tahun 2025 menggunakan penelitian deskriptif. Populasi penelitian yaitu Ahli Gizi, Pemasak, Pramusaji, data diperoleh dari hasil wawancara dan kuisioner yang meliputi ketenagaan, dengan alat bantu kuisioner dan perhitungan menggunakan rumus ISN.

Berdasarkan jumlah tenaga di instalasi gizi RSUD Pringsewu ada beberapa tenaga yang belum ada yaitu operator komputer, urusan gudang, dan prakarya. Berdasarkan kualifikasi sumber daya manusia diketahui pendidikan juru masak masih belum ada dengan lulusan SMK tataboga. Berdasarkan perhitungan yang menggunakan rumus ISN (*Indicator staffing need*) diketahui bahwa tenaga yang ada di instalasi Gizi RSUD Pringsewu masih terdapat kekurangan jumlah tenaga kerja, yaitu Ahli Gizi sebanyak 2 orang, 1 orang tenaga pemasak dan 2 orang tenaga pramusaji. Juru masak RSUD Pringsewu perlu adanya lulusan SMK tataboga atau pernah mendapat pelatihan tataboga, perlu adanya penambahan tenaga kerja yang terdiri dari 2 orang tenaga ahli gizi, 1 orang tenaga pemasak, 2 orang tenaga pramusaji dan pegawai pendukung lainnya terutama pengelola gudang dan operator komputer sesuai dengan kualifikasi untuk kelancaran di instalasi gizi rumah sakit.

Kata kunci : Ketenagaan, Instalasi Gizi, Dengan Metode, ISN
Daftar Bacaan : 22 (2009 – 2023)

TANJUNG KARANG HEALTH POLYTECHNIC
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Overview of Manpower in the Nutrition Installation of the Pringsewu Regional General Hospital Using the ISN (*Indicator Seffting Need*) Method in 2025

xiii + 34 pages + 8 tables, 2 pictures, 5 appendices

ABSTRACT

Personnel in nutrition installations have a very important role in nutrition services in hospitals. Personnel in nutrition institutions who work in accordance with their competencies will produce a good performance. The purpose of this study is to find out the description of the work of Nutritionists, Cooks, and Waitresses at the Nutrition Installation of Pringsewu Hospital in 2025.

The research on the description of manpower in the nutrition installation of Pringsewu Hospital in 2025 uses descriptive research. The research population is nutritionists, cooks, waitresses, data was obtained from the results of interviews and questionnaires which included manpower, with questionnaire and calculation tools using the ISN formula.

Based on the number of personnel at the nutrition institution of Pringsewu Hospital, there are several personnel that do not yet exist, namely computer operators, warehouse affairs, and crafts. Based on human resource qualifications, it is known that cooking education still does not exist with graduates of Pataboga Vocational School. Based on calculations using the ISN (*Indicator staffing need*) formula, it is known that the staff in the Nutrition installation of Pringsewu Hospital still has a shortage of workers, namely 2 nutritionists, 1 cook and 2 waitresses. Cooks of Pringsewu Hospital need to have graduates of Pataboga Vocational Schools or have received tataboga training, there is a need for additional workforce consisting of 2 nutritionists, 1 cook, 2 waitresses and other support employees, especially warehouse managers and computer operators in accordance with qualifications for smooth running in the hospital's nutrition installation.

Keywords: Energy, Nutrition Installation, By Method, ISN
Reading List : 22 (2009 – 2023)