

POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN
TANJUNGPINANG
PROGRAM STUDI DIII KEPERAWATAN KOTABUMI

Karya Tulis Ilmiah, Mei 2025

Putri Jingga AP

PENERAPAN TERAPI MUROTTAL QUR'AN PADA PASIEN POST SECTIO
CAESAREA DENGAN MASALAH KEPERAWATAN NYERI AKUT DI RUANG
KEBIDANAN RSU HANDAYANI

xv + 61 halaman + 9 tabel + 3 gambar + lampiran

ABSTRAK

Sectio caesarea adalah salah satu tindakan persalinan melalui pembedahan perut yang mengakibatkan terputusnya jaringan dan saraf. Salah satu tindakan yang bisa dilakukannya dengan menurunkan intensitas nyeri pasca operasi melalui terapi murottal qur'an. Penelitian ini bertujuan menggambarkan tentang penerapan terapi murottal qur'an pada ibu post *sectio caesarea* di Rumah Sakit Umum Handayani Kotabumi Lampung Utara. Metode penelitian ini adalah studi kasus dengan menerapkan terapi murottal qur'an pada pasien post *sectio caesarea* dengan masalah nyeri akut. Hasil penelitian dengan implementasi sebanyak 9 kali dari skala nyeri hari pertama 6 dan didapatkan hari terakhir menjadi 2 dan keluarga dapat menerapkan terapi murottal qur'an secara mandiri. Kesimpulan yang didapatkan bahwa terapi murottal qur'an dapat menurunkan masalah nyeri pada pasien post *sectio caesarea*. Diharapkan perawat rumah sakit dapat menerapkan terapi murottal qur'an untuk menurunkan intensitas nyeri.

Kata kunci : *Post sectio caesarea*, nyeri akut, terapi murottal qur'an

Daftar bacaan : 19 (2014 – 2025)

HEALTH POLYTECHNIC MINISTRY OF HEALTH TANJUNG KARANG
NURSING DEPARTEMENT
DIPLOMA NURSING PROGRAM KOTABUMI

Scientific Writing, May 2025

Putri Jingga AP

APPLICATION OF MUROTTAL QUR'AN THERAPY IN POST SECTIO
CAESAREA PATIENTS WITH ACUTE PAIN NURSING PROBLEMS IN THE
OBSTETRICS ROOM OF HANDAYANI HOSPITAL KOTABUMI LAMPUNG
UTARA

xv + 61 pages + 9 tables + 3 pictures + appendices

ABSTRACT

Sectio caesarea is one of the acts of childbirth through abdominal surgery that results in the disconnection of tissues and nerves. One of the actions that can be done is to reduce the intensity of postoperative pain through murottal Qur'an therapy. This study aims to describe the application of murottal qur'an therapy in post-sectio caesarean mothers at Handayani General Hospital, Kotabumi, North Lampung. This research method is a case study by applying murottal qur'an therapy to post sectio caesarea patients with acute pain problems. The results of the study with the implementation of 9 times from the pain scale of the first day 6 and the last day were obtained to 2 and the family could apply murottal Qur'an therapy independently. The conclusion was obtained that murottal Qur'an therapy can reduce pain problems in post sectio caesarean patients. It is hoped that hospital nurses can apply murottal Qur'an therapy to reduce the intensity of pain.

Keyword : Post sectio caesarea, acute pain, murottal therapy qur'an

Reference : 19 (2014 – 2025)