

POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN
TANJUNGPURUN JURUSAN KEPERAWATAN
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PENERAPAN LATIHAN KOMUNIKASI ASERTIF PADA PASIEN
SKIZOFRENIA YANG MENGALAMI MASALAH KEPERAWATAN RISIKO
PERILAKU KEKERASAN DI WILAYAH KERJA PUSKESMAS
KALIBALANGAN LAMPUNG UTARA

xx + 46 halaman + 3 tabel + 3 gambar + 5 lampiran

ABSTRAK

Risiko perilaku kekerasan (RPK) merupakan suatu bentuk tindakan di mana seseorang mengalami gangguan dan berpotensi menyakiti orang lain secara fisik maupun psikologis, baik secara verbal maupun non-verbal. Penelitian ini bertujuan memperoleh gambaran dalam melakukan penerapan latihan komunikasi asertif pada pasien skizofrenia dengan masalah keperawatan risiko perilaku kekerasan serta kemampuan mengontrol marah pasien dengan penerapan latihan komunikasi asertif pada pasien skizofrenia yang mengalami masalah keperawatan risiko perilaku kekerasan di wilayah kerja puskesmas kalibalangan lampung utara. Metode penelitian ini adalah studi kasus berupa deskriptif yaitu menggambarkan tindakan keperawatan berupa teknik latihan komunikasi asertif terhadap 1 orang pasien dengan masalah keperawatan risiko perilaku kekerasan, dan juga analisis tanda dan gejala menggunakan lembar checklist untuk melihat perubahan sebelum dan sesudah dilakukan penerapan teknik latihan komunikasi asertif. Hasil persentase rata-rata tanda dan gejala sebelum diberikan teknik latihan komunikasi asertif yaitu 76% dan hasil persentase rata-rata tanda dan gejala sesudah diberikan teknik latihan komunikasi asertif 38% Hasil penelitian menunjukkan bahwa setelah diberikan tindakan keperawatan berupa teknik latihan komunikasi asertif pada pasien terjadi penurunan tanda dan gejala serta peningkatan kemampuan mengontrol marah. Kesimpulan dari penelitian ini bahwa tindakan keperawatan teknik latihan komunikasi asertif dapat menurunkan tanda dan gejala pasien dengan risiko perilaku kekerasan serta meningkatkan kemampuan mengontrol marah. Perawat diharapkan dapat memberikan tindakan keperawatan teknik latihan komunikasi asertif kepada pasien risiko perilaku kekerasan.

Kata Kunci : Skizofrenia, Risiko perilaku kekerasan, komunikasi asertif
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*APPLICATION OF ASSERTIVE COMMUNICATION TRAINING IN
SCHIZOPHRENIC PATIENTS WHO EXPERIENCE NURSING PROBLEMS AT
RISK OF VIOLENT BEHAVIOR IN THE WORKING AREA OF THE
KALIBALANGAN HEALTH CENTER IN NORTH LAMPUNG*

xx + 46 page + 3 tables + 3 pictures + 5 attachments

ABSTRACT

The risk of violent behavior (RPK) is a form of action in which a person experiences disturbances and has the potential to hurt others physically or psychologically, both verbally and non-verbally. This study aims to obtain an overview of the application of assertive communication training in schizophrenia patients with nursing problems of violent behavior risk and the ability to control patient anger by implementing assertive communication training in schizophrenia patients who experience nursing problems of violent behavior risk in the work area of the Kalibalangan Health Center, North Lampung. This research method is a case study in the form of descriptive, namely describing nursing actions in the form of assertive communication training techniques for 1 patient with nursing problems of violent behavior risk, and also analysis of signs and symptoms using a checklist sheet to see changes before and after the application of assertive communication training techniques. The results of the average percentage of signs and symptoms before being given assertive communication training techniques were 76% and the results of the average percentage of signs and symptoms after being given assertive communication training techniques were 38%. The results of the study showed that after being given nursing actions in the form of assertive communication training techniques in patients there was a decrease in signs and symptoms and an increase in the ability to control anger. The conclusion of this study is that nursing actions of assertive communication training techniques can reduce the signs and symptoms of patients at risk of violent behavior and increase the ability to control anger. Nurses are expected to be able to provide nursing actions of assertive communication training techniques to patients at risk of violent behavior.

Keywords: Schizophrenia, Risk of violent behavior, Aserif Communication

Reference: 20 (2016-2025)