

DAFTAR PUSTAKA

- Aggarwal, A., Adie, S., Harris, I. A., & Naylor, J. M. (2023). Cryotherapy following total knee replacement. *Cochrane Database of Systematic Reviews*, 2023(9), CD007911. <https://doi.org/10.1002/14651858.CD007911.pub3>
- Aini, L. N., & Purwanto, N. H. (2020). Menurunkan intensitas nyeri sendi pada lanjut usia menggunakan metode kompres dingin. *Jurnal Keperawatan, Sekolah Tinggi Ilmu Kesehatan Dian Husada Mojokerto*.
- American Academy of Orthopaedic Surgeons (AAOS)*. (2018). *Orthopaedic Practice in the U.S. 2018. AAOS Department of Clinical Quality and Value*.
- Amita, D., Fernalia, & Yulendasari, R. (2018). Pengaruh Teknik Relaksasi Nafas Dalam Terhadap Intensitas Nyeri Pada Pasien Post Operasi Sectio Caesarea Di Rumah Sakit Bengkulu. *Jurnal Kesehatan Holistik*, 12(1), 26–28. <http://ejournalmalahayati.ac.id>
- Australia Orthopedic Assosiation*, (2017). AOA. *Research Strategic Plan*.
- Berman, A., & Snyder, S. (2012). Kozier & Erb's. *Fundamentals of Nursing: Concepts, Process, and Practice (9th ed.)*. Pearson Education
- Black, J. M., & Hawks, J. H. (2014). Keperawatan Medikal Bedah Manajemen Klinis Untuk Hasil Yang Diharapkan (A. Susila & P. P. Lestari (Eds.); 8th Ed.). PT Salemba Medika.
- Bleakley, C., McDonough, S., & MacAuley, D. (2017). *The use of ice in the treatment of acute soft-tissue injury: A systematic review of randomized controlled trials*. *American Journal of Sports Medicine*, 32(1), 251–261. <https://doi.org/10.1177/0363546503260757>
- Bortoluzzi A, Furini F, Scirè CA. (2018) Osteoarthritis and its management - Epidemiology, nutritional aspects and environmental factors. *Autoimmun* ;17(11):1097-1104
- Brouwers, H. F. G., De Vries, A. J., Van Zuilen, M., Van Kouswijk, H. W., & Brouwer, R. W. (2021). The Role Of Computer-Assisted Cryotherapy In The Postoperative Treatment After Total Knee Arthroplasty: Positive Effects On Pain And Opioid Consumption. *Knee Surgery, Sports Traumatology, Arthroscopy*, 0123456789. <https://doi.org/10.1007/S00167-02106568-X>
- Chung, J. W. Y., Wong, T. K. S., & Chang, K. Y. (2018). Age differences in pain perception and pain-related psychological variables. *Journal of Clinical Nursing*, 27(5–6), 1120–1130.
- Denzin J.D. & Boyd J.M. (2017). *Total Knee Replacement Patient Guide*. Saint Joshep Mercy Health System.

- Elvira Dwi et al. (2021). Pencegahan Dan Penanganan Nyeri Sendi Lutut OA pada Lansia. Dedikasi MU (Jurnal Pengabdian Kepada Masyarakat) Volume 3, Nomor 2, Juni 2021
- Ernst, E. and V. Fialka (2019). "Ice freezes pain A review of the clinical effectiveness of analgesic cold therapy." *Journal of pain and symptom management* 9(1): 56.
- Harikesavan K, Chakravarty RD, Maiya AG. (2019). *Influence of early mobilization program on pain, self-reported and performance based functional measures following total knee replacement*. J Clin Orthop Trauma. (2):340-344.
- Hurme, T., J. Rantanen and H. Kaliomo (2019). "Effects of early cryotherapy in experimental skeletal muscle injury." *Scandinavian journal of medicine & science in sports* 3(1): 46.
- Hocutt, J. E. (2018). "Cryotherapy in ankle sprains." *The American journal of sports medicine* 10(5): 316.
- Ihsan, M. (2015). Gambaran penderita osteoarthritis di bagian bedah RSUD Arifin Achmad periode Januari 2011 - Desember 2013 ;2(2):1–10
- K.D. Allen, , L.M. Thoma, Y.M. Golightly. (2022). *Osteoarthritis and Cartilage*, 30, 184-195
- Kemenkes RI. Hasil Riset Kesehatan Dasar Tahun (2018). Kementrian Kesehatan RI. 2018;53(9):1689–99.
- Kisner, C., Colby, L. A., & Borstad, J. (2012). *Therapeutic Exercise: Foundations and Techniques* (6th ed.). F.A. Davis Company.
- Kurtz, S., Ong, K., Lau, E., Mowat, F., & Halpern, M. (2019). *Projections of primary and revision hip and knee arthroplasty in the United States from 2005 to 2030. The Journal of bone and joint surgery*. American volume, 89(4), 780–785. <https://doi.org/10.2106/JBJS.F.00222>
- Kohn, M.D., Sassoon, A.A., Fernando, N.D., (2016). Classifications In Brief: Kellgren-Lawrence Classification Of Osteoarthritis. Clin. Orthop. Relat. Res. 474, 1886–1893. <https://doi.org/10.1007/S11999-016-4732-4>
- Konrath, G. A., T. Lock, H. T. Goitz and J. Scheidler (2020). "The use of cold therapy after anterior cruciate ligament reconstruction: a prospective, randomized study and literature review." *The American journal of sports medicine* 24(5): 629.
- Kozier, B., Erb, G., Berman, A., & Snyder, S. (2011). *Kozier & Erb's Fundamentals of Nursing: Concepts, Process, and Practice* (9th ed.). Pearson Education.

- Liestarina, A. S., Hermawati, H., Ika, Y., & Sutanto, A. (2023). Penerapan Relaksasi Genggam Jari Untuk Penurunan Intensitas Nyeri Pasien Pasca Operasi Rsud Ir. Soekarno Sukoharjo. *Jurnal Keperawatan Duta Medika*, 3(2), 67–74. <https://doi.org/10.47701/dutamedika.v3i2.2917>
- McCartney, C. J., & Nelligan, K. (2014). Postoperative pain management after total knee arthroplasty in elderly patients: treatment options. *Drugs & aging*, 31(2), 83–91. <https://doi.org/10.1007/s40266-013-0148-y>
- Myles, P. S., Williams, D. L., Hendrata, M., Anderson, H., & Weeks, A. M. (2017). *Patient satisfaction after anaesthesia and surgery: Results of a prospective survey of 10,811 patients*. *Anaesthesia & Analgesia*, 125(1), 145–153.
- Njoto, I. (2013). Epidemiologi, potegenesis dan faktor resiko osteoartritis. *Jurnal Ilmiah Kedokteran Wijaya Kusuma*, 2(1), 48–57.
- Potter, P. A., & Perry, A. G. (2010). *Fundamental Keperawatan (Fundamental Of Nursing)* (D. N. Fitriani & O. Tampubolon (Eds.); 7th Ed.). Salemba Medika.
- Putra, A., Kumala, I., Ramadhan, M.A., Mutiara, C., Bauty, M.A.A., (2016). Perbandingan Perhitungan Numeric Rating Scale Pada Pasien Osteoartritis Sendi Lutut Pre Dan Post Total Knee Replacement Di Rs. Urip Sumoharjo Kota Bandar Lampung Tahun 2015-2016. *Total Knee Replace*. 9.
- Rosadi, R., Farhatuzziyan, S., & Wardoyo, S. S. I. (2023). Pengaruh cryotherapy terhadap kasus post total knee replacement: A narrative review. *Physio Journal*, 3(1), 9-14. <https://doi.org/10.30787/phyjou.v3i1.1005>
- Ruau, D., Liu, L. Y., Clark, J. D., Angst, M. S., & Butte, A. J. (2012). *Sex differences in reported pain across 11,000 patients captured in a computerised database*. *The Journal of Pain*, 13(3), 228–234.
- Ruffilli, A., Castagnini, F., Traina, F., Corneti, I., Fenga, D., Giannini, S., & Faldini, C. (2017). *Temperature Controlled Continuous Cold Flow Device After Arthroplasty: Total Knee A Randomized Controlled Trial Study*. *Journal Of Knee Surgery*, 30(7), 675–681. <https://doi.org/10.1055/S-00361593874>
- Sadoghi, P., Hasenhütl, S., Gruber, G., Leitner, L., Leithner, A., Rumpold Seitlinger, G., Kastner, N., Poolman, R. W., & Glehr, M. (2018). *Impact Of A New Cryotherapy Device On Early Rehabilitation After Primary Total Knee Arthroplasty (Tka): A Prospective Randomised Controlled Trial*. *International Orthopaedics*, 42(6), 1265–1273. <https://doi.org/10.1007/S00264-0183766-5>
- Sen R, Hurley JA. Osteoarthritis. (2023). In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK482326/>

- Siddiqi, A., Levine, B. R., & Springer, B. D. (2022). Highlights of the 2021 American Joint Replacement Registry Annual Report. *Arthroplasty today*, 13, 205–207. <https://doi.org/10.1016/j.artd.2022.01.020>
- Smeltzer, S.C. Dan Bare, B.G. (2013). *Brunner And Suddarth's Text Book Medical Surgical Nursing*. St. Louis Missouri: Elseiver Saunders.
- Suwondo, B. S., Meliala, L., & Sudadi. (2017). *Buku Ajar Nyeri 2017*. <https://ebook-buku-ajar-nyeri-r31jan2019-pdf>
- Sveikata, T., Porvaneckas, N., Kanopa, P., Molyte, A., Klimas, D., Uvarovas, V., Venalis, A., (2017). Age, Sex, Body Mass Index, Education, And Social Support Influence Functional Results After Total Knee Arthroplasty. *Geriatr. Orthop. Surg. Rehabil* 8, 71–77. <https://doi.org/10.1177/2151458516687809>
- Swenson, C., L. Swärd and J. Karlsson (2020). "Cryotherapy in sports medicine." *Scandinavian journal of medicine & science in sports* 6(4): 193.
- Thijs, E., Schotanus, M. G. M., Bemelmans, Y. F. L., & Kort, N. P. (2019). Reduced Opiate Use After Total Knee Arthroplasty Using Computer-Assisted Cryotherapy. *Knee Surgery, Sports Traumatology, Arthroscopy*, 27(4), 1204–1212. <https://doi.org/10.1007/S00167-0184962-Y>
- Tim Pokja Pedoman SPO DPP PPNI. (2021). *Pedoman Standar Prosedur Operasional Keperawatan* (1st Ed.). Dewan Pengurus Pusat Persatuan Perawat Nasional Indonesia. <http://www.inna-ppni.or.id>
- Tim Pokja SDKI DPP PPNI, (2016), *Standar Diagnosis Keperawatan Indonesia (SDKI)*, Edisi 1, Jakarta, Persatuan Perawat Indonesia
- Tim Pokja SIKI DPP PPNI, (2018), *Standar Intervensi Keperawatan Indonesia (SIKI)*, Edisi 1, Jakarta, Persatuan Perawat Indonesia
- Tim Pokja SLKI DPP PPNI, (2018), *Standar Luaran Keperawatan Indonesia (SLKI)*, Edisi 1, Jakarta, Persatuan Perawat Indonesia
- Yang, L., Zhan, Y., Zhai, Z., Ruan, H., & Li, H. (2024). Mechanisms and parameters of cryotherapy intervention for early postoperative swelling following total knee arthroplasty: A scoping review. *Journal of Experimental Orthopaedics*, 12, e70197. <https://doi.org/10.1002/jeo2.70197>