

**POLITEKNIK KESEHATAN TANJUNGPURUN
JURUSAN KEPERAWATAN
PROGRAM STUDI PROFESI NERS**

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Khoiriyah**

Asuhan Keperawatan Perioperatif Pada Pasien Benigna Prostat Hiperplasia (BPH) Dengan Tindakan Prostatektomi Di Ruang Operasi Rumah Sakit Umum Daerah Ahmad Yani Metro Tahun 2021

xiv+ 71 halaman, 17 tabel, 3 gambar dan 8 lampiran

ABSTRAK

Menurut *World Health Organization* (WHO, 2015) diperkirakan terdapat sekitar 70 juta kasus degeneratif salah satunya adalah Benigna Prostat Hiperplasia dengan insiden di negara maju sebanyak 19%, sedangkan dinegara berkembang sebanyak 5,3%. Open Prostatectomy adalah suatu tindakan pembedahan yang dilakukan jika prostat terlalu besar diikuti oleh penyakit penyerta lainnya, dan adanya adenoma yang besar. Prostatectomy akan menimbulkan beberapa masalah seperti perubahan eliminasi urine, resiko infeksi, disfungsi seksual, kekurangan volume cairan dan nyeri (Doengoes 2014).

Tujuan penulisan laporan ini adalah untuk memberikan gambaran tentang bagaimana pelaksanaan Asuhan Keperawatan Perioperatif Pada Pasien Benigna Prostat Hiperplasia (BPH) Dengan Tindakan Prostatektomi Di Ruang Operasi RSUD Ahmad Yani Metro. Desain penelitian merupakan studi kasus yang disajikan dalam bentuk narasi dan table. Data yang diambil dari observasi, wawancara, pemeriksaan fisik dan studi dokumentasi pada pasien BPH dengan Prostatektomi tanggal 9 April 2021 di Ruang Operasi RSUD Ahmad Yani Metro.

Berdasarkan asuhan keperawatan yang dilaksanakan, didapatkan hasil pengkajian dan dirumuskan diagnosa yang muncul saat pre operasi adalah ansietas b.d krisis situasional, intraoperasi hipotermi b.d suhu lingkungan yang rendah, dan post operasi, resiko perdarahan b.d tindakan pembedahan. Evaluasi dari setiap diagnosa yang muncul untuk pre operasi dengan kecemasan masalah teratasi karena kecemasan berkurang, pada tahap intra operasi , hipotermi tidak terjadi dan pada diagnosa post operasi resiko perdarahan tidak terjadi.

Kata Kunci : BPH, Prostatektomi, Asuhan Keperawatan Perioperatif
Referensi : 35 (2009-2019)

**HEALTH POLYTECHNIC OF TANJUNGPUR
NURSING MAJOR
ADVANCED NERS PROFESSIONAL**

Final Professional Report Ners, August 2021

Khoiriyah

Perioperative Nursing Care for Benign Prostate Hyperplasia (BPH) Patients with Prostatectomy in the Operation Room of the Ahmad Yani Metro Regional General Hospital in 2021

xiv+ 71 pages, 17 tables, 3 picture and 8 attachments

ABSTRACT

According to the *World Health Organization* (WHO, 2015) it is estimated that there are around 70 million degenerative cases, one of which is Benign Prostate Hyperplasia with an incidence in developed countries of 19%, while in developing countries it is 5.3%. Open Prostatectomy is a surgical procedure performed if the prostate is too large followed by other comorbidities, and the presence of a large adenoma. Prostatectomy will cause several problems such as changes in urine elimination, risk of infection, sexual dysfunction, lack of fluid volume and pain (Doengoes 2014).

The purpose of writing this report is to provide an overview of how the implementation of perioperative nursing care for patients with benign prostate hyperplasia (BPH) with prostatectomy in the operating room of RSUD Ahmad Yani Metro. The research design is a case study presented in the form of a narrative and a table. Data taken from observations, interviews, physical examinations and documentation studies on BPH patients with prostatectomy on April 9, 2021 in the Operation Room of the Ahmad Yani Metro Hospital.

Based on the nursing care carried out, the results of the assessment and formulation of diagnoses that emerged during the preoperative period were anxiety related to situational crises, intraoperative hypothermia related to low ambient temperature, and postoperative bleeding risk b.d surgery. Evaluation of each diagnosis that appears for preoperative anxiety the problem is resolved because anxiety is reduced, in the intraoperative stage, hypothermia does not occur and in the postoperative diagnosis the risk of bleeding does not occur.

Keywords: BPH, prostatectomy, perioperative nursing care

Reference: 35 (2009-2019)