

**POLITEKNIK KESEHATAN TANJUNGPINANG  
JURUSAN KEPERAWATAN  
PROGRAM STUDI PROFESI NERS**

**LAPORAN AKHIR PROFESI NERS, Juli 2021  
Riska Verdian Anggraeni**

**Asuhan Keperawatan Perioperatif Pada Pasien *Benigna Prostat Hiperplasia*  
Dengan Tindakan *Transurethral Resection of the Prostate* (TURP) di Ruang  
Operasi Rumah Sakit Yukum Medical Center**

xv + 60 halaman, 21 tabel, 3 gambar, dan 7 lampiran

**ABSTRAK**

*Benigna Prostat hyperplasia* (BPH) adalah salah satu penyakit yang paling umum pada pria lanjut usia. Menurut *Global Cancer Observatory* sekitar 1.276.106 kasus baru prostat dilaporkan di seluruh dunia pada 2018 dengan prevalensi lebih tinggi di negara maju, sedangkan menurut riskesmas, *Benigna Prostat Hiperplasia* merupakan penyakit urutan kedua sebanyak 50% pria di Indonesia yang berusia 50 tahun ditemukan menderita BPH. Salah satu tindakan kolaboratif yang dapat dilakukan untuk mengatasi masalah *Benigna Prostat Hiperplasia* adalah dengan tindakan operatif yaitu *Transurethral Resection of the Prostate* (TURP). Tujuan penulisan LTA ini menggambarkan pelaksanaan asuhan keperawatan perioperatif dengan tindakan *Transurethral Resection of the Prostate* (TURP) atas indikasi *Benigna Prostat Hiperplasia* di ruang operasi Rumah Sakit Yukum Medical Center

Pengumpulan data dilaksanakan di ruang bedah dan ruang operasi Rumah Sakit Yukum Medical Center pada tanggal 08-09 Juli 2021. Subjek asuhan keperawatan adalah satu pasien dengan *Benigna Prostat Hiperplasia*.

Didapatkan hasil dari permasalahan yang ditemukan adalah pasien dengan diagnosa keperawatan nyeri akut dan ansietas pada fase pre operatif, risiko hipotermia perioperatif pada fase intra operatif, dan pada fase post operasi yaitu risiko perdarahan dan nyeri akut. Setelah diberikan tindakan keperawatan pada tahap pre operatif masalah nyeri akut berkurang dan ansietas teratasi. Tahap intra operasi risiko hipotermia perioperative masalah teratasi. Tahap post operasi risiko perdarahan tidak terjadi dan nyeri akut teratasi.

Kata Kunci: *Transurethral Resection of the Prostate* (TURP), *Benigna Prostat Hiperplasia*, Perioperatif  
Referensi: 27 Sumber (2011-2021)

**HEALTH POLYTECHNIC OF TANJUNGPUR  
NURSING MAJOR  
ADVANCED NERS PROFESSIONAL**

**NERS PROFESSIONAL FINAL REPORT, July 2021  
Riska Verdian Anggraeni**

**Perioperative Nursing Care for Patients with Benign Prostate Hyperplasia with  
Transurethral Resection of the Prostate (TURP) in the Operating Room of  
Yukum Medical Center Hospital**

**xv + 60 pages, 21 tables, 3 pictures and 7 attachments**

**ABSTRACT**

Benign prostate hyperplasia (BPH) is one of the most common diseases in elderly men. According to the Global Cancer Observatory, around 1,276,106 new cases of prostate were reported worldwide in 2018 with a higher prevalence in developed countries, while according to Riskesdas, Benign Prostate Hyperplasia is the second most common disease, as many as 50% of men in Indonesia aged 50 years are found to have BPH. One of the collaborative actions that can be taken to overcome the problem of Benign Prostate Hyperplasia is by operative action, namely Transurethral Resection of the Prostate (TURP). The purpose of this LTA is to describe the implementation of perioperative nursing care with Transurethral Resection of the Prostate (TURP) for indications of Benign Prostate Hyperplasia in the operating room of Yukum Medical Center Hospital.

Data collection was carried out in the operating room and operating room at Yukum Medical Center Hospital on July 08-09 2021. The subject of this nursing care was one patient who had Benign Prostate Hyperplasia.

The results of the problems found were patients with nursing diagnoses of acute pain and anxiety in the preoperative phase, the risk of perioperative hypothermia in the intraoperative phase, and in the postoperative phase, namely the risk of bleeding and acute pain. After being given nursing actions and evaluated at the preoperative stage, acute pain problems are reduced and anxiety is resolved. In the intraoperative stage the risk of perioperative hypothermia is resolved. In the postoperative stage, the risk of bleeding does not occur and acute pain is resolved

**Keywords: Transurethral Resection of the Prostate (TURP), Benign Prostate  
Hyperplasia, Perioperative Nursing**

**Reference : 27 sources (2011-2021)**