

POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN TANJUNG KARANG
JURUSAN KEPERAWATAN
PROGRAM STUDI DIII KEPERAWATAN KOTABUMI

Karya Tulis Ilmiah, 10 Maret 2024
Ika indriana

PENERAPAN PERAWATAN LUKA PADA PASIEN ULKUS DIABETIKUM
DENGAN MASALAH KEPERAWATAN GANGGUAN INTEGRITAS KULIT.
DI WILAYAH KERJA PUSKESMAS KOTABUMI 1

xvii + 77 halaman + 5 tabel + 7 lampiran

ABSTRAK

Banyaknya penderita diabetes melitus Beresikomengalami ulkus diabetikum bahkan hingga mengalami amputasi kaki maka peran perawat sangatlah penting dalam penatalaksanaan perawatan luka pada pasien DM yang bertujuan untuk mencegah infeksi pada pasien. Tujuan umum ini adalah penulis dapat memberikan gambaran tentang Penerapan Perawatan Luka Pada PasienUlkusDiabetikum dengan Masalah Keperawatan Gangguan Integritas Kulit. Desain penelitian yang digunakan adalah studi kasus. Penelitian di lakukan di rumah subyek peneliatian selama 2kali.Hasil pengkajianterdapatluka di kaki kanan, sudah selama 3 bulan terakhir tidak kunjung sembuh, luka berbau, luka tampak pus, bengkak dan kemerahan , bagianpinggirlukabengkak, terdapatjaringankehitaman di bagianluka,luka di balut menggunakankainkasa . Diagnosa yang di tegakkan Gangguan intergritas kulit.Intervensi dilakukan yaitu perawatan luka ulkus diabetikum yang melalui proses keperawatan,dimulaidaripengkajian,diagnosa,perencanaan,implementasi,dan evaluasi. Hasil evaluasi dinyatakan klien mengalami peningkatan. sebelum dilaksanakan terapi perawatan luka, klien mengalami gangguan intergritas kulit. setelah diterapkan terapi perawatan luka, luka mengalami proses penyembuhan yang lebih cepat penyatuan kulit meningkat, penyatuan tepi luka meningkat, nyeri menurun dari 8 menjadi 6, pus menurun, kemerahan menurun, infeksi.Kesimpulan diharapkan penderita UlkusDiabetikum dapatsembuhmelaluiiperawatanlukadengancairan NaCl 0,9% dengancara hidupsehat, menjagakadar gula darah, dan melakukanupaya kesehatanunganencegahaterjadinyaluka. Saran bagipenelitiselanjutnyauntukmenerapkanperawatanlukadengan NaCl setiaphari pada subjekpenelitiandenganmaslahgangguanintergritaskulit.

Kata kunci : Diabetes, Ulkusdiabetikum,Perawatanlukadengan NaCl

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Ika Indriana

APPLICATION OF WOUND CARE IN DIABETIC ULCER PATIENTS
WITH NURSING PROBLEMS OF SKIN INTEGRITY DISORDERS
AT KOTABUMI HEALTH CENTER

xvii + 77 pages+ 5 tables + 7 appendicies

ABSTRACT

Many diabetes mellitus sufferers are at risk of developing diabetic ulcers and even leg amputation, so the role of nurses is very important in managing wound care in DM patients which aims to prevent infection in the patient. The general aim of this is that the author can provide an overview of the Application of Wound Care in Diabetic Ulcer Patients with Nursing Problems of Skin Integrity Disorders. The research design used is a case study. The research was carried out at the research subjects' homes twice. The results of the assessment showed a wound on the right leg, it had not healed for the last 3 months, the wound smelled, the wound looked pussy, swollen and red, the edges of the wound were swollen, there was blackish tissue on the wound, the wound was bandaged using gauze. The diagnosis was made of skin integrity disorder. The intervention carried out was treating diabetic ulcer wounds through a nursing process, starting from assessment, diagnosis, planning, implementation and evaluation. The results of the evaluation stated that the client had improved. Before wound care therapy was carried out, the client experienced skin integrity disorders. After applying wound care therapy, the wound experienced a faster healing process, skin fusion increased, wound edge fusion increased, pain decreased from 8 to 6, pus decreased, redness decreased, infection. In conclusion, it is hoped that Diabetic Ulcer sufferers can heal by treating wounds with NaCl fluid. 0.9% by living a healthy lifestyle, maintaining blood sugar levels, and taking health measures to prevent injuries. Suggestions for future researchers are to apply wound care with NaCl every day to research subjects with skin integrity problems.

Keyword : : Diabetes, Diabetic Ulcers, Wound treatment NaCl