

**PROGRAM STUDI SARJANA TERAPAN KEBIDANAN  
POLTEKKES KEMENKES TANJUNGPONOROGO**

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**HUBUNGAN BERAT DAN PANJANG BADAN DENGAN KEJADIAN  
STUNTING ANAK USIA 24-36 BULAN DI PUSKESMAS LIWA  
KECAMATAN BALIK BUKIT KABUPATEN LAMPUNG BARAT**

xviii + 48 halaman + 11 tabel + 1 gambar + 5 lampiran

**ABSTRAK**

Kabupaten Lampung Barat menduduki peringkat kedelapan kasus stunting di Lampung. Pemkab Lampung Barat telah berhasil menurunkan angka stunting di wilayah setempat, berbagai upaya telah dilakukan Pemkab Lampung Barat dalam rangka penurunan angka stunting. Kemudian prevalensi stunting tahun 2022 yakni 6,35 %, turun menjadi 5,29 % pada tahun 2023.

Penelitian ini bertujuan untuk mengetahui hubungan berat badan dan panjang badan dengan kejadian stunting anak usia 24-36 bulan di Puskesmas Liwa Kecamatan Balik Bukit Kabupaten Lampung Barat.

Jenis penelitian kuantitatif dengan rancangan *cross sectional*. Populasi dalam penelitian ini adalah sebanyak 187 anak balita dengan sampel yang digunakan 78 responden dengan menggunakan simple random sampling. Penelitian ini dilaksanakan di Puskesmas Liwa Kecamatan Balik Bukit Kabupaten Lampung Barat pada bulan Desember-Juni 2024. Pengumpulan data menggunakan lembar instrument. Analisis data secara univariat dan bivariat.

Hasil penelitian menunjukkan tidak terdapat hubungan antara berat badan lahir dengan kejadian stunting ( $p$  value = 0,089)  $> 0,05$ , sedangkan panjang badan lahir dengan kejadian stunting ( $p$  value = 0,887)  $> 0,05$ , maka tidak terdapat hubungan berat badan lahir dengan kejadian stunting. Saran kepada pengelola Posyandu Liwa dapat lebih ditingkatkan lagi upaya dalam pencegahan stunting terlebih pasca melahirkan, supaya anak yang lahir dengan berat badan normal dapat tumbuh dan berkembang dengan sehat.

**Kata Kunci:** Stunting, Berat Badan Lahir, Panjang Badan Lahir  
**Kepustakaan:** 58 (2014-2023)

**GRADUATE STUDIES PROGRAM IN APPLIED MIDWIFERY  
MINISTERIAL POLTEKKES TANJUNGKARANG**

***Undergraduate Thesis, June 2024***

***Fadila Amanda***

**THE RELATIONSHIP OF WEIGHT AND BODY LENGTH WITH THE  
INCIDENT OF STUNTING IN CHILDREN AGED 24-36 MONTHS IN  
LIWA HEALTH CENTER, BALIK BUKIT DISTRICT  
WEST LAMPUNG DISTRICT**

*xviii + 48 pages + 11 tables + 1 picture + 5 attachments*

***ABSTRACT***

*West Lampung Regency is ranked eighth in stunting cases in Lampung. The West Lampung Regency Government has succeeded in reducing the stunting rate in the local area. Various efforts have been made by the West Lampung Regency Government in order to reduce the stunting rate. Then the prevalence of stunting in 2022, namely 6.35%, will decrease to 5.29% in 2023.*

*This study aims to determine the relationship between birth weight and body length with the incidence of stunting in children aged 24-36 months at the Liwa Community Health Center, Balik Bukit District, West Lampung Regency.*

*This type of quantitative research with a cross sectional design. The population in this study was 187 children under five with a sample of 78 respondents using simple random sampling. This research was carried out at the Liwa Community Health Center, Balik Bukit District, West Lampung Regency in December-June 2024. Data was collected using instrument sheets. Univariate and bivariate data analysis.*

*The results of the study showed that there was no relationship between birth weight and the incidence of stunting ( $p$  value = 0.089)  $>$  0.05, while birth length and the incidence of stunting ( $p$  value = 0.887)  $>$  0.05, so there was no relationship between birth weight and stunting incident. Suggestions to Liwa Posyandu managers can be to further increase efforts to prevent stunting, especially after giving birth, so that children born with normal weight can grow and develop healthily.*

*Keywords:* Stunting, birth weight, birth length

*Bibliography:* 58 (2014-2023)