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IMPLEMENTASI *BLADDER TRAINING* PASCA PEMASANGAN KATETER URIN
PADA PASIEN *POST OP* ILEUS DI RUMAH SAKIT HANDAYANI KOTABUMI
PROVINSI LAMPUNG

xvi + 42 halaman + 7 tabel + 6 lampiran

ABSTRAK

Bladder training merupakan tindakan untuk mengembalikan pola kemampuan merasakan sensasi berkemih yang bertujuan untuk mencegah inkontensia urin pada pasien pasca operasi dengan pemasangan kateter urin. Penelitian ini bertujuan memperoleh gambaran dalam melakukan *bladder training* dengan metode klem selang kateter pasca pemasangan kateter urine dan kemampuan merasakan sensasi berkemih pasien di Rumah Sakit Handayani Provinsi Lampung. Metode pemberian tindakan menggunakan pendekatan proses keperawatan terhadap 1 orang pasien terpasang kateter dengan masalah keperawatan inkontensia urin di Rumah Sakit Handayani Provinsi Lampung yang dilaporkan dalam bentuk studi kasus. Hasil pengkajian menunjukkan bahwa setelah dilakukan pemasangan kateter dalam jangka waktu yang lama, tidak dapat merasakan sensasi berkemih dan tidak mampu mengontrol pengeluaran urin. Implementasi *bladder training* dilakukan sebanyak 9 kali dalam 3 hari dan evaluasi keberhasilan Tindakan *bladder training* ditunjukkan dengan peningkatan kemampuan kontrol berkemih pada hari pertama pada pengkleman ketiga dan terus meningkat secara bertahap hingga hari ketiga. Berdasarkan hasil penelitian di Rumah Sakit Handayani menunjukkan bahwa kemampuan merasakan sensasi berkemih spontan 77,7%, sebagian kecil dalam kategori tidak spontan 22,2%. Perawat diharapkan dapat memberikan tindakan keperawatan *bladder training* kepada pasien terpasang kateter urin supaya dapat merasakan sensasi berkemih kembali.

Kata kunci : *Bladder training*, kateter urin, inkontensia urin
Daftar bacaan : 34 (2014 – 2023)

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*IMPLEMENTATION OF BLADDER TRAINING POST INSTALLATION OF URINE
CATHETER FOR POST OP ILEUS PATIENTS AT HANDAYANI HOSPITAL
KOTABUMI LAMPUNG PROVINCE*

xvi + 42 pages + 7 tables + 6 appendices

ABSTRACT

Bladder training is an action to restore the pattern of the ability to feel the sensation of urination which aims to prevent urinary incontinence in post-operative patients with the installation of a urinary catheter. This study aims to obtain an overview of bladder training using the catheter tube clamp method after installing a urinary catheter and the ability to feel the sensation of urination in patients at Handayani Hospital, Lampung Province. The method of providing action uses a nursing process approach to 1 patient with a catheter with a nursing problem of urinary incontinence at Handayani Hospital, Lampung Province, which is reported in the form of a case study. The results of the study showed that after a catheter had been inserted for a long period of time, he could not feel the sensation of urinating and was unable to control urine output. Implementation of bladder training was carried out 9 times in 3 days and evaluation of the success of the bladder training action was shown by an increase in the ability to control urination on the first day of the third clamp and continued to increase gradually until the third day. Based on the results of research at Handayani Hospital, it showed that the ability to feel the sensation of urination spontaneous 77.7%, a small portion in the non-spontaneous category 22.2%. Nurses are expected to be able to provide bladder training nursing actions to patients with urinary catheters so they can feel the sensation of urinating again.

Keywords : Bladder training, urinary catheter, urinary incontinence

Reference : 34 (2014 – 2023)