

POLITEKNIK KESEHATAN TANJUNGPUR
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**ANALISIS HARGA DIRI PADA PASIEN POST AMPUTASI
EKSTREMITAS BAWAH DENGAN INTERVENSI PROMOSI CITRA
TUBUH DI RSUD MUHAMMADIYAH METRO PADA TAHUN 2024.**

xi + 88 halaman, 2 tabel, 2 gambar dan 10 lampiran

ABSTRAK

Jumlah prevalensi Provinsi Lampung DM 1,4%. Prevalensi DM 15% risiko amputasi sekitar 30%, angka kematian sekitar 32%, di Indonesia. Dampak fisik timbul kelainan bentuk kaki, nyeri, infeksi kaki, bahkan berpotensi amputasi. Berdasarkan wawancara penulis 29-03-2023 kepada perawat RSUMM dibulan februari-maret 2024 terdapat 56 pasien menderita DM dan 15 amputasi. Tujuan KIAN menganalisis faktor penyebab harga diri pasien post operasi amputasi ekstremitas bawah, menganalisis rendahnya harga diri pasien post operasi amputasi ekstremitas bawah, menganalisis intervensi promosi citra tubuh pada harga diri pasien post operasi amputasi ekstremitas bawah. Pada KIAN penulis menggunakan desain penelitian deskriptif pendekatan studi kasus. Faktor-faktor mempengaruhi harga diri jenis kelamin, inteligensi, kondisi fisik, lingkungan keluarga dan lingkungan sosial. Individu terkena luka diabetes hingga amputasi gangguan pola persepsi dan konsep diri adanya perubahan fungsi struktur tubuh menyebabkan penderita mengalami gangguan gambaran diri. Luka sukar sembuh, lamanya perawatan, banyaknya biaya perawatan dan pengobatan menyebabkan kecemasan dan gangguan harga diri. Kehilangan dan trauma pasca amputasi mengalami perasaan kehilangan dan mengalami trauma psikologis. Analisis harga diri membantu memahami tingkat perasaan kehilangan dan dampaknya terhadap harga diri pasien. Promosi citra tubuh mengurangi ketidakpuasan tubuh mengatasi perasaan negatif terkait penampilan fisik. Tujuan utamanya memperbaiki harga diri individu dan meningkatkan kesejahteraan psikologis keseluruhan. Data pasien menunjukkan salah satu faktor mempengaruhi harga diri Tn.S kondisi fisik dan jenis kelamin. Data menunjukkan bahwa Tn. S mengalami harga diri rendah setelah menjalankan operasi amputasi, skor harga diri 11. Data tersebut menunjukkan hasil bahwa intervensi promosi citra tubuh mempengaruhi/dapat menaikkan tingkat harga diri Tn.S sebelum 16 sesudah 11.

Kata Kunci : Harga Diri, Amputasi, Promosi Citra Tubuh
Pustaka : 33 (2004-2023)

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**ANALYSIS OF SELF-ESTEEM IN PATIENTS POST LOWER
EXTREMITY AMPUTATION WITH BODY IMAGE PROMOTION
INTERVENTION AT MUHAMMADIYAH METRO RSU IN 2024.**

xi + 88 pages, 2 tables, 2 figures and 10 appendices

ABSTRACT

The prevalence of DM in Lampung Province is 1.4%. The prevalence of DM is 15%, the risk of amputation is around 30%, the death rate is around 32%, in Indonesia. Physical impacts include foot deformities, pain, foot infections, and even potential for amputation. Based on the author's interview on March 29 2023 with nurses at RSU Muhammadiyah Metro in February-March 2024 there were 56 cases of patients suffering from DM and 15 amputation operations. The aim of KIAN is to analyze the factors that cause self-esteem in post-lower extremity amputation surgery patients, to analyze the low self-esteem of post-lower extremity amputation surgery patients, to analyze body image promotion interventions on the self-esteem of post-lower extremity amputation surgery patients. In KIAN the author uses a descriptive research design with a case study approach. Factors influencing self-esteem include gender, intelligence, physical condition, family environment and social environment. Individuals affected by diabetes wounds to amputations, disturbances in perception patterns and self-concept, changes in body structure function cause sufferers to experience disturbances in self-image. Wounds are difficult to heal, treatment takes a long time, and the high costs of care and treatment cause anxiety and impaired self-esteem. Loss and trauma after amputation experiences feelings of loss and experiences psychological trauma. Self-esteem analysis helps understand the level of feelings of loss and its impact on the patient's self-esteem. Body image promotion involves efforts to reduce body dissatisfaction and overcome negative feelings related to physical appearance. The main goal is to improve individual self-esteem and improve overall psychological well-being. Patient data shows that one of the factors influencing self-esteem is physical condition and gender. The data shows that Mr. S experienced low self-esteem after undergoing amputation surgery. These data show the results that body image promotion interventions influence/can increase Mr. S.

Key Word : Self-Esteem, Amputation, Body Image Promotion
Reference : 33 (2004-2023)