

POLITEKNIK KESEHATAN KEMENKES TANJUNGPINANG
JURUSAN KEBIDANAN
Skripsi, Juni 2024

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Hubungan Pekerjaan Ibu dan Dukungan Suami Dengan Kesiapan Ibu Menghadapi Masa Laktasi Di Wilayah Kerja Puskesmas Rawa Bening Kabupaten Ogan Komering Ulu Timur Tahun 2024
xvii + 42 halaman, 7 tabel, 2 gambar, 14 lampiran

RINGKASAN

ASI eksklusif merupakan pemberian ASI kepada bayi setelah bayi lahir sampai berusia 6 bulan tanpa tambahan makanan apapun. Rendahnya pemberian ASI eksklusif mengakibatkan angka kematian bayi, karena tanpa ASI eksklusif bayi lebih mudah terkena macam-macam penyakit yang meningkatkan morbiditas dan mortalitas. Penyebab rendahnya cakupan ASI eksklusif yaitu multifaktoral.

Tujuan penelitian ini untuk mengetahui hubungan pekerjaan ibu dan dukungan suami dengan kesiapan ibu menghadapi masa laktasi.

Penelitian yang digunakan merupakan penelitian kuantitatif dengan desain cross sectional. Subjek penelitian ada 92 ibu hamil. Analisa data dengan uji analisis univariat dan bivariat. Analisis univariat yaitu melihat distribusi frekuensi persentase variable dependen dan variable independen. Analisis bivariat menggunakan uji chi square.

Hasil penelitian menunjukkan nilai *p-value* = 1,000 artinya tidak ada hubungan pekerjaan ibu dengan kesiapan ibu menghadapi masa laktasi. Hasil analisis dukungan suami dengan kesiapan ibu menghadapi masa laktasi menunjukkan nilai *p-value* = 0,001 artinya ada hubungan dukungan suami dengan kesiapan ibu menghadapi masa laktasi. Kesimpulan penelitian ini adalah tidak terdapat hubungan pekerjaan ibu dengan kesiapan ibu menghadapi masa laktasi dan terdapat hubungan dukungan suami dengan kesiapan ibu menghadapi masa laktasi. Saran untuk tempat penelitian diharapkan meningkatkan pemberian informasi kepada ibu hamil tentang kesiapan ibu menghadapi masa laktasi.

Kata kunci : Pekerjaan Ibu, Dukungan Suami, Kesiapan Ibu Menghadapi Masa Laktasi

Daftar Bacaan : 41 (2012-2023)

HEALTH POLYTECHNIC OF TANJUNGPUR
DEPARTMENT OF MIDWIFERY
Thesis, June 2024

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The Relationship Between Mother's Work And Husband's Support With Mother's Readiness To Face The Lactation Period In The Work Area of Rawa Bening Center, East Ogan Komering Ulu Regency in 2024
xvii + 42 pages, 7 tables, 2 figures, 14 appendices

ABSTRACT

Exclusive breastfeeding is giving breast milk to babies after birth until they are 6 months old without any additional food. Low levels of exclusive breastfeeding result in infant mortality rates, because without exclusive breastfeeding babies are more susceptible to various diseases which increase morbidity and mortality. The causes of low coverage of exclusive breastfeeding are multifactorial.

The aim of this research was to determine the relationship between mother's work and husband's support and mother's readiness to face the lactation period.

The research used is quantitative research with a cross sectional design. The research subjects were 92 pregnant women. Data analysis using univariate and bivariate analysis tests. Univariate analysis is looking at the frequency distribution of the percentage of the dependent variable and the independent variable. Bivariate analysis uses the chi square test.

The research results show a p-value = 1.000, meaning there is no relationship between the mother's job and the mother's readiness to face the lactation period. The results of the analysis of husband's support and the mother's readiness to face the lactation period show a p-value = 0.001, meaning that there is a relationship between husband's support and the mother's readiness to face the lactation period. The conclusion of this research is that there is no relationship between maternal employment and the mother's readiness to face the lactation period and there is a relationship between husband's support and the mother's readiness to face the lactation period. Suggestions for research sites are expected to increase the provision of information to pregnant women about their readiness to face the lactation period.

Keywords : Mother's Occupation, Husband's Support, Mother's Readiness for the Lactation Period

Reading List : 41 (2012-2023)