

**POLTEKKES TANJUNGPURANG
JURUSAN KEPERAWATAN TANJUNGPURANG
PRODI D III KEPERAWATAN TANJUNGPURANG**

Laporan Tugas Akhir, Mei 2024
Axnes Monica

**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN
RASA AMAN NYAMAN (NYERI AKUT) PADA PASIEN
VERTIGO DI RUANG SYARAF RSUD JEND
AHMAD YANI KOTA METRO
TAHUN 2024**

xv + 71 Halaman + 11 Tabel + 2 Gambar + 6 Lampiran

ABSTRAK

Vertigo merupakan suatu gangguan gerakan yaitu adanya sensasi gerak dari tubuh atau lingkungan sekitarnya dengan gejala yang timbul, akibat ketidak seimbangan vestibular yang biasanya disertai dengan suara berdenging pada telinga. Tujuan penulis, melaksanakan asuhan keperawatan gangguan pemenuhan kebutuhan aman nyaman dengan kasus vertigo terhadap Ny.M dan Ny.W di RSUD Jend Ahmad Yani Kota Metro. Metode yang penulis gunakan yaitu menggunakan pendekatan asuhan keperawatan yang meliputi proses keperawatan mulai dari pengkajian, diagnosis, intervensi, implementasi, serta evaluasi keperawatan. Teknik pengumpulan data meliputi wawancara, observasi, pemeriksaan fisik dan pemeriksaan penunjang. Asuhan keperawatan dilakukan selama tiga hari mulai dari tanggal 03 - 05 Januari 2024. Hasil asuhan keperawatan yang didapatkan pada pasien Ny.M dan Ny.W mengatakan nyeri di bagian kepala, skala nyeri 6. Diagnosa keperawatan yang ditegakkan pada kasus Ny.M dan Ny.W dengan vertigo terfokus pada nyeri akut berhubungan dengan agen pencedera fisik, intervensi yang ditegakkan berdasarkan diagnosa keperawatan tersebut adalah manajemen nyeri, implementasi dilakukan selama 3 hari terfokus pada tindakan pengurangan rasa nyeri yaitu pemberian analgesik, dan dihari ketiga nyeri teratasi. Kesimpulan dari kedua subjek asuhan didapatkan hasil nyeri yang dirasakan pada kedua pasien sama sama mengeluhkan sensasi seperti tertusuk-tusuk benda tajam, nampak gelisah, namun terdapat perbedaan dalam penilaian skala nyeri dan mekanisme coping yang digunakan dalam merespon nyeri, melalui respon emosional dimana setiap subjek memiliki persepsi terkait skala nyeri yang berbeda.

Kata Kunci : Vertigo. Gangguan rasa aman dan nyaman.
Daftar Refrensi : (2018-2022)

**TANJUNGGARANG HEALTH POLYTECHNIC
DAPARTEMEN OF NURSING TANJUNGGARANG
TANJUNGGARANG D-III NURSING PROGRAM**

*Writing Report, May 2024
Axnes Monica*

***NURSING CARE DISORDERS OF THE NEED FOR A SENSE
OF COMFORT (ACUTE PAIN) IN VERTIGO PATIENTS IN THE
NERVE ROOM OF JEND HOSPITAL
AHMAD YANI METRO CITY
IN 2024***

xv + 71 Pages + 11 Tables + 2 Figures + 6 Appendices

ABSTRACT

Vertigo is a movement disorder, namely the sensation of motion from the body or the surrounding environment with symptoms that arise, due to vestibular imbalance which is usually accompanied by ringing in the ears. The author's goal is to carry out nursing care for the fulfillment of safe needs comfortable with vertigo cases against Mrs.M and Mrs.W at Jend Ahmad Yani Hospital Metro City. The method that the author uses is to use a nursing care approach which includes the nursing process starting from assessment, diagnosis, intervention, implementation, and nursing evaluation. Data collection techniques include interviews, observations, physical examinations and supporting examinations. Nursing care is carried out for three days starting from January 3 - 05, 2024. The results of nursing care obtained in patients Mrs.M and Mrs.W said pain pain in the head, pain scale 6, nursing diagnosis established in the case of Mrs.M and Mrs.W with vertigo focused on acute pain related to physical injury agents, the intervention that was established based on the nursing diagnosis was pain management, implementation was carried out for 3 days focused on pain reduction measures, namely the administration of analgesics, and on the third day the pain was resolved. The conclusions of both care subjects were that the pain felt in both patients equally complained of sensations such as being pricked by sharp objects, appeared restless, but there were differences in the assessment of pain scales and coping mechanisms used in responding to pain, through emotional responses where each subject had different perceptions related to pain scales.

*Keywords : Vertigo. Disruption of a sense of security and comfort.
Reference List : (2018-2022)*