

**KEMENTERIAN KESEHATAN REPUBLIK INDONESIA
POLITEKNIK KESEHATAN TANJUNGPURWATI
JURUSAN KEPERAWATAN TANJUNGPURWATI
PRODI DIII KEPERAWATAN TANJUNGPURWATI**

Laporan Tugas Akhir, Februari 2024
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**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN
RASA NYAMAN (NYERI AKUT) PADA PASIEN POST OPERASI
CHOLELITHIASIS DI RUANG BEDAH UMUM
RSUD JENDERAL AHMAD YANI KOTA METRO
TAHUN 2024**

xv + 77 halaman + 15 tabel + 4 gambar + 8 lampiran

ABSTRAK

Data riset kesehatan dasar tahun 2018 menunjukkan bahwa prevalensi *cholelithiasis* pada orang dewasa adalah sebesar 15,4%. Berdasarkan data yang diperoleh di Ruang Bedah Umum RSUD Jenderal Ahmad Yani Metro dari bulan Januari-November 2023 didapatkan data penyakit *cholelithiasis* sebanyak 72 pasien. Tujuan dari penulisan memberikan gambaran asuhan keperawatan gangguan kebutuhan rasa nyaman (nyeri akut) pada pasien post operasi *cholelithiasis*. Metode asuhan keperawatan berfokus pada dua pasien yang mengalami gangguan kebutuhan rasa nyaman (nyeri akut) post operasi *cholelithiasis* meliputi pengkajian, diagnosis, intervensi, implementasi dan evaluasi yang dilakukan pada tanggal 2 sampai 6 Januari 2024. Hasil pengkajian didapatkan pasien 1 keluhan nyeri dengan skala nyeri 5 dan pasien 2 keluhan nyeri dengan skala nyeri 6 didapatkan masalah keperawatan utama nyeri akut berhubungan dengan agen pencedera fisik (prosedur operasi) dengan rencana keperawatan utama manajemen nyeri. Hasil asuhan keperawatan setelah dilakukan tindakan manajemen nyeri pada kedua pasien selama tiga hari, didapatkan hasil bahwa pasien 1 keluhan nyeri menurun dari skala nyeri 5 menjadi 2 dan pasien 2 didapatkan hasil keluhan nyeri menurun dari skala nyeri 6 menjadi 3. Penulis menyarankan menggunakan manajemen nyeri untuk memenuhi kebutuhan rasa nyaman (nyeri akut) pada pasien post operasi *cholelithiasis*.

Kata kunci : Asuhan keperawatan, *cholelithiasis*, gangguan rasa nyaman (nyeri akut)
Daftar pustaka : 26 (2014-2023)

**MINISTRY OF HEALTH OF THE REPUBLIC OF INDONESIA
TANJUNGPURWA HEALTH POLYTECHNIC
DEPARTMENT OF NURSING TANJUNGPURWA
TANJUNGPURWA DIII NURSING PROGRAM**

Final Assignment Report, February 2024
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**NURSING CARE FOR DISORDER NEEDS
COMFORT (ACUTE PAIN) IN POST OPERATING PATIENTS FOR
CHOLELITHIASIS IN THE GENERAL SURGERY ROOM
GENERAL AHMAD YANI HOSPITAL, METRO CITY
YEAR 2024**

xv + 77 pages + 15 tables + 4 image + 8 attachment

ABSTRACT

Basic health research data in 2018 shows that the prevalence of cholelithiasis in adults is 15.4%. Based on data obtained in the General Surgery Room at Jenderal Ahmad Yani Metro Hospital from January-November 2023, data on cholelithiasis was obtained for 72 patients. The aim of this writing is to provide an overview of nursing care for disturbances in the need for comfort (acute pain) in post-operative cholelithiasis patients. The nursing care method focuses on two patients who experience discomfort needs (acute pain) after cholelithiasis surgery including assessment, diagnosis, intervention, implementation and evaluation which was carried out from 2 to 6 January 2024. The results of the assessment showed that 1 patient complained of pain with a pain scale 5 and patient 2 complained of pain with a pain scale of 6. It was found that the main nursing problem was acute pain related to a physical injury agent (surgical procedure) with the main nursing plan being pain management. The results of nursing care after carrying out pain management measures on both patients for three days, showed that patient 1's complaints of pain decreased from a pain scale of 5 to 2 and patient 2's results showed that complaints of pain decreased from a pain scale of 6 to 3. The author suggests using pain management to fulfill the need for comfort (acute pain) in post operative cholelithiasis patients.

Keywords : Nursing care, *cholelithiasis*, disturbance of comfort
(acute pain)
Bibliography : 26 (2014-2023)