

**POLTEKKES TANJUNGPURING
JURUSAN KEPERAWATAN
PROGRAM STUDI D III KEPERAWATAN TANJUNGPURING**

Laporan Tugas Akhir, April 2024
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**ASUHAN KEPERAWATAN
GANGGUAN KEBUTUHAN RASA NYAMAN (NYERI)
PADA PASIEN *CONGESTIVE HEART FAILURE* (CHF)
DI RUANG PENYAKIT DALAM B
RSUD JENDERAL AHMAD YANI
KOTA METRO
TAHUN 2024**

xiii + 80 halaman + 3 gambar + 7 lampiran

ABSTRAK

Gangguan rasa nyaman merupakan suatu gangguan dimana perasaan kurang senang, kurang lega, dan kurang sempurna dalam dimensi fisik, psikospiritual, lingkungan serta sosial. Gejala utama yang timbul pasien *Congestive Heart Failure* (CHF) yaitu nyeri dada. Nyeri yang dirasakan bisa berawal dari penyakit yang di derita dan efek dari nyeri tersebut dapat menyebabkan terganggunya rasa nyaman. Gagal jantung merupakan 85% penyebab kematian pasien penyakit kardiovaskuler. Penyakit kardiovaskular merupakan penyakit mematikan nomor 1 di dunia. Sampai saat ini tercatat sebanyak 17,9 juta kematian disebabkan oleh penyakit kardiovaskular setiap tahunnya. Tujuan penyusunan laporan tugas akhir ini yaitu untuk menerapkan asuhan keperawatan gangguan kebutuhan rasa nyaman (nyeri) dari pengkajian, diagnosa, intervensi, implementasi, dan evaluasi. Metode yang digunakan yaitu wawancara, observasi, dan pemeriksaan fisik. Hasil asuhan keperawatan setelah dilakukan tindakan Manajemen nyeri selama 3 hari yaitu didapatkan pada pasien 1 (Ny.L) nyeri bertambah apabila pasien beraktivitas, nyeri terasa seperti tertimpa benda berat sudah hilang, nyeri terasa menjalar ke punggung sudah berkurang, skala nyeri 3, sama seperti pasien 2 (Ny.M) nyeri bertambah apabila pasien beraktivitas, nyeri terasa di dada sudah berkurang, nyeri terasa seperti tertusuk-tusuk sudah hilang, skala nyeri 2. Pasien 1 dan 2 terdapat perbedaan keluhan yaitu pada pasien 1 muncul keluhan mual dan muntah, namun pada pasien 2 tidak mengeluh mual dan muntah.

Kata kunci : Gangguan Rasa Nyaman (Nyeri), CHF

Daftar Pustaka : 27 (2014=2023)

**TANJUNGGARANG HEALTH POLYTECHNIC
DEPARTMENT OF NURSING
PROGRAM STUDY DIII OF NURSING TANJUNGGARANG**

Final Project Report, April 2024
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**NURSING CARE
FOR DISORDER NEEDS COMFORT (PAINFUL)
IN CONGESTIVE HEART FAILURE (CHF) PATIENTS
IN INTERNAL DISEASE ROOM B
GENERAL AHMAD YANI HOSPITAL
METRO CITY
YEAR 2024**

xiii + 80 pages + 3 pictures + 7 attachments

ABSTRACT

A feeling of comfort disorder is a disorder in which you feel less happy, less relieved, and less than perfect in the physical, psychospiritual, environmental and social dimensions. The main symptom that occurs in patients with Congestive Heart Failure (CHF) is chest pain. The pain that is felt can originate from the disease they are suffering from and the effects of this pain can cause disruption to their sense of comfort. Heart failure is 85% of the causes of death in cardiovascular disease patients. Cardiovascular disease is the number 1 deadly disease in the world. To date, 17.9 million deaths have been recorded due to cardiovascular disease every year. The aim of preparing this final assignment report is to implement nursing care for disorders of comfort needs (pain) from assessment, diagnosis, intervention, implementation and evaluation. The methods used were interviews, observation and physical examination. The results of nursing care after pain management was carried out for 3 days were found in patient 1 (Mrs.L) the pain increases when the patient is active, the pain feels like being hit by a heavy object has disappeared, the pain feels radiating to the back has decreased, pain scale 3, same as patient 2 (Mrs.M) the pain increases when the patient is active, the pain felt in the chest has decreased, the pain feels like being stabbed has disappeared, pain scale 2. Patients 1 and 2 had different complaints, namely that patient 1 complained of nausea and vomiting, but patient 2 did not complain of nausea and vomiting.

Keywords : Comfort Disorders, CHF
Bibliography : 27 (2014=2023)