

**POLITEKNIK KESEHATAN TANJUNGPINANG**  
**JURUSAN KEPERAWATAN**  
**PROGAM STUDI SARJANA TERAPAN KEPERAWATAN**  
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**PENGARUH MURROTAL AL QURAN SURAH AR RAHMAN  
TERHADAP PENURUNAN INTENSITAS NYERI PADA PASIEN POST  
OPERASI LAPARATOMY  
DI RSUD JENDRAL AHMAD YANI DI KOTA METRO TAHUN 2023  
(iii + 61 halaman, 12 tabel, dan 5 gambar)**

**ABSTRAK**

Nyeri yang dirasakan pasien pada saat post operasi *laparotomy* dapat diberikan tindakan farmakologi yaitu menggunakan obat dan non farmakologi yaitu dengan diberikan intervensi murrotal Al Qur'an surah *Ar Rahman*. Penelitian bertujuan mengetahui pengaruh murrotal Al Qur'an surah *Ar Rahman* terhadap tingkat nyeri operasi *laparotomy* di RSUD Jendral Ahmad Yani Tahun 2023. Desain penelitian *quasi eksperimen* dengan rancangan penelitian *two grup pre test* dan *post test*. Responden 62 orang meliputi 31 responden kelompok eksperimen dan 31 responden kelompok kontrol. Penilaian tingkat nyeri menggunakan kuesioner *Numeric Rating Scale*. Uji statistika menggunakan uji *Wilcoxon Signed Ranks Test*. Hasil penelitian didapatkan tingkat nyeri pada kelompok eksperimen sebelum dilakukan *intervensi* 6,61, rata-rata tingkat nyeri sesudah diberikan *intervensi* 4,10, penurunan sebesar 2,51. Sedangkan tingkat nyeri pada kelompok kontrol sebelum 6,29, rata-rata tingkat nyeri sesudah 5,13, penurunan tingkat nyeri sebesar 1,16. Uji statistik didapatkan hasil *p-value* = 0,000  $\alpha$  ( $<0,05$ ), maka dapat disimpulkan bahwa  $H_a$  diterima. Peneliti menyarankan perawat dalam mengatasi nyeri pasien post operasi *laparotomy* dapat menggunakan Murrotal Al Qur'an Surah *Ar Rahman* sebagai terapi non farmakologi.

Kata kunci : Murrotal Surah *Ar Rahman*, Nyeri, *Laparotomy*

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**THE EFFECT OF MURROTAL AL QURAN SURAH AR RAHMAN ON REDUCING PAIN INTENSITY IN POST LAPARATOMY SURGERY PATIENTS AT GENDRAL AHMAD YANI HOSPITAL IN METRO CITY IN 2023**  
*(iiiix + 61 pages, 12 tables, and 5 pictures)*

**ABSTRACT**

*Pain that is felt by patients at the time of postoperative laparotomy can be given pharmacological measures, namely using drugs and non-pharmacological, namely by giving interventions murrotal Al Qur'an surah Ar Rahman. The study aims to determine the effect of murottal Al Qur'an surah Ar Rahman on the pain level of laparotomy surgery at Jendral Ahmad Yani Hospital in 2023. The research design was a quasi-experimental study with a two-group pre-test and post-test research design. Respondents were 62 people including 31 respondents in the experimental group and 31 respondents in the control group. Assessment of pain level using a Numeric Rating Scale questionnaire. . Statistical test using the Wilcoxon Signed Ranks Test. The results showed that the pain level in the experimental group before the intervention was 6.61, the average pain level after the intervention was 6.61, a decrease of 2.51. While the pain level in the control group before was 6.29 , the average pain level after was 5.13 , the decrease in pain level was 1.16. Statistical test results obtained p-value = 0.000 a (<0.05), it can be concluded that Ha is accepted. Researchers suggest that nurses in dealing with postoperative laparotomy patient pain can use Murottal Al Qur'an Surah Ar Rahman as a non-pharmacological therapy.*

*Keywords: Murottal surah Ar Rahman, Pain, Laparotomy.*