

POLITEKNIK KESEHATAN TANJUNG KARANG
JURUSAN KESEHATAN LINGKUNGAN
Laporan Tugas Akhir, Mei 2023

Novi Andika Septiana

Gambaran Faktor Personal Hygiene dan Sanitasi Lingkungan Penderita Dermatitis Kontak di Wilayah Kerja Puskesmas Kenali Kecamatan Belalau Kabupaten Lampung Barat Tahun 2023

xviii + 46 Halaman + 4 Tabel + 8 Lampiran

ABSTRAK

Dermatitis kontak adalah suatu peradangan pada kulit yang disebabkan oleh substansi yang menempel pada kulit. Pada prinsipnya hampir semua bahan dapat menimbulkan reaksi alergi maupun iritasi pada kulit, tetapi hal ini bergantung dari banyak, misalnya bahan alergen atau iritan yang berkontak. Berdasarkan data Puskesmas Kenali dermatitis ditahun 2023 selalu masuk penyakit 10 besar penyakit di Puskesmas Kenali dari tahun 2020, 2021, 2022. Tujuan penelitian ini untuk diketahuinya dermatitis kontak berdasarkan gambaran faktor lingkungan dan personal hygiene kejadian dermatitis kontak.

Metode Penelitian ini dilakukan dengan metode deskriptif. Data sekunder didapat dari data laporan Puskesmas Kenali, untuk data primer yaitu melakukan penelitian di Wilayah Kerja Puskesmas Kenali tahun 2022, kemudian analisis data yaitu analisis univariat.

Hasil penelitian menunjukkan bahwa faktor usia 36,9%, jenis kelamin 60%, jenis pekerjaan 31%, personal hygiene kebiasaan mencuci tangan yang tidak memenuhi syarat sebanyak, 63,1%. Faktor Personal hygiene kebersihan pakaian yang tidak memenuhi syarat sebanyak, 44,6% , faktor Personal hygiene kebiasaan mandi yang tidak memenuhi syarat sebanyak, 75,4% dan faktor paparan bahan iritan 69,9%. Untuk masyarakat penderita dermatitis kontak sebaiknya untuk buruh dan petani menggunakan alat pelindung diri (APD) seperti sarung tangan dan sepatu jika berkontak dengan bahan kimia semen dan pestisida. Begitupun dengan ibu rumah tangga juga memakai sarung tangan saat mencuci piring atau menghindari detergen yang tidak cocok dikulit yang membuat gatal-gatal ditangan.

Kata Kunci : Personal Hygiene dan Faktor Lingkungan

Daftar Bacaan : 2011-2022

POLYTECHNIC OF HEALTH TANJUNG KARANG
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Final Assignment Report, Mei 2023

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Description of Personal Hygiene and Sanitation Factors in the Environment for Contact Dermatitis Sufferers in the Work Area of the Kenali Health Center, Belalau District, West Lampung Regency in 2023

xviii + 46 Pages + 4 Table + 8 Attachmants

ABSTRACT

Contact dermatitis is an inflammation of the skin caused by a substance that sticks to the skin. In principle, almost any material can cause an allergic reaction or irritation to the skin, but this depends on many things, for example the allergen or irritant that comes into contact. Based on data from the Kenali Dermatology Health Center, in 2022 it is always included in the top 10 diseases at the Kenali Health Center from 2020, 2021, 2022. The aim of this research is to identify contact dermatitis based on an overview of environmental factors and personal hygiene.

Methods This research was conducted using a descriptive method. Secondary data was obtained from Kenali Health Center report data, for primary data, namely conducting research in the Kenali Health Center Work Area in 2022. Then data analysis was univariate analysis.

The results showed that the age factor was 36.9%, gender was 60%, type of work was 31%, personal hygiene hand washing habits that did not meet the requirements were 63.1%. Personal hygiene factors, cleaning clothes that did not meet the requirements, were 44.6%, personal hygiene factors, bathing habits that did not meet the requirements, were 75.4% and exposure factors to irritants were 69.9%. For people with contact dermatitis, it is better for workers and farmers to use personal protective equipment (PPE) such as gloves and boots when in contact with cement chemicals and pesticides. Likewise, housewives also wear gloves when washing dishes or avoiding detergents that are not suitable for the skin which cause itching in the hands.

Keywords: Personal Hygiene and Environmental Factors

Reading list : 2011-2022