

POLITEKNIK KESEHATAN KEMENKES TANJUNG KARANG
JURUSAN KESEHATAN LINGKUNGAN

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Gambaran Kondisi Sanitasi Dasar dan PHBS Rumah Tangga Pada Penderita Diare di Wilayah Kerja Puskesmas Rawat Inap Tanjung Raja Tahun 2023.

xvi + 52 Halaman + 2 Gambar + 9 Tabel + 7 Lampiran

Ringkasan

Diare masih menjadi masalah kesehatan di dunia termasuk Indonesia. Penyakit diare dapat muncul dikarenakan berbagai macam penyebab seperti terinfeksi kuman seperti *Shigella* sp. *Salmonella*, *Campylobacter* dan *Escherichia coli*. Faktor risiko diare dibagi menjadi faktor perilaku pencegahan dan lingkungan. Faktor perilaku pencegahan meliputi perilaku mencuci tangan sebelum makan, mencuci tangan dengan sabun setelah BAB, dan merebus air minum. Faktor lingkungan meliputi ketersediaan Sarana Air Bersih (SAB), pemanfaatan SAB, dan sarana jamban sehat.

Penelitian ini bertujuan untuk mengetahui Gambaran Kondisi Sanitasi Dasar dan PHBS Rumah Tangga Pada Penderita Diare di Wilayah Kerja Puskesmas Rawat Inap Tanjung Raja Tahun 2023. Penelitian ini merupakan penelitian yang bersifat deskriptif yang dilaksanakan pada bulan Maret-Mei 2023.

Hasil penelitian ini menunjukkan bahwa Seluruh masyarakat penderita diare menggunakan sarana air bersih sebanyak 100% berasal dari sumur gali, Tidak tersedianya fasilitas CTPS sebanyak 68,88%. Sedangkan masyarakat yg belum baik menerapkan CTPS sebanyak 56 62,22. Mayoritas masyarakat sudah menggunakan jamban dengan jenis jamban leher angsa sebanyak 82,22%, menggunakan jamban cemplung sebanyak 9,52%, dan menggunakan jamban sungai sebanyak 5,72%.

Oleh karena itu penulis memberikan saran yaitu, sebaiknya pihak puskesmas dapat meningkatkan program penyuluhan yang dapat dilakukan di posyandu, membuat pamflet, poster, spanduk sebagai media informasi. Pemantauan terkait penyakit diare, sanitasi lingkungan, rumah sehat, dan program terkait lainnya untuk meningkatkan pengetahuan dan perubahan perilaku masyarakat.

Kata Kunci : Kejadian diare, PHBS, Upaya Pencegahan
Daftar Bacaan : 16 (2011-2022)

TANJUNG KARANG HEALTH POLYTECHNIC
DEPARTMENT OF ENVIRONMENTAL HEALTH

Final Project Report, May 2023

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Overview of Basic Sanitation Conditions and Household PHBS in Sufferers of Diarrhea in the Work Area of the Tanjung Raja Inpatient Health Center in 2023.

xvi + 52 Pages + 2 Pictures + 9 Tables + 7 Appendices

Abstract

Diarrhea is still a health problem in the world, including Indonesia. Diarrheal disease can appear due to various causes such as infection with germs such as *Shigella* sp. *Salmonella*, *Campylobacter* and *Escherichia coli*. Diarrhea risk factors are divided into preventive and environmental behavioral factors. Factors of prevention behavior include the behavior of washing hands before eating, washing hands with soap after defecating, and boiling drinking water. Environmental factors include the availability of Clean Water Facilities (SAB), utilization of SAB, and healthy latrines.

This study aims to find out the description of basic sanitation conditions and household PHBS in people with diarrhea in the working area of the Tanjung Raja Inpatient Health Center in 2023. This research is a descriptive study that was carried out in March-May 2023

The results of this study indicate that all people with diarrhea use clean water facilities as much as 100% from dug wells, 68.88% of CTPS facilities are not available. Meanwhile, the people who did not apply CTPS well were 56 62.22. The majority of people already use latrines with the type of goose neck latrines as much as 82.22%, use cemplung latrines as much as 9.52%, and use river latrines as much as 5.72%.

Therefore, the authors provide suggestions, namely, the puskesmas should be able to improve counseling programs that can be carried out at posyandu, making pamphlets, posters, banners as information media. Monitoring related to diarrheal diseases, environmental sanitation, healthy homes, and other related programs to increase knowledge and change people's behavior.

Keywords : Diarrhea, PHBS, Prevention Efforts

Reading List : 16 (2011-2022)