

**POLITEKNIK KESEHATAN TANJUNGPURBARANG**  
**JURUSAN GIZI**  
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Gambaran faktor-faktor yang berhubungan dengan partisipasi ibu dalam penimbangan balita di posyandu wilayah kerja Puskesmas Sukabumi Bandar Lampung tahun 2023

xiii + 68 halaman + 11 tabel, 3 gambar, 9 lampiran

**ABSTRAK**

Stunting menjadi isu yang mendesak untuk diselesaikan karena berdampak pada kualitas sumber daya manusia Indonesia di masa depan. Kegiatan pemantauan pertumbuhan dan perkembangan anak dan balita setiap bulan di posyandu dapat mendeteksi dini terjadi penyimpangan, permasalahan stunting, melalui pengukuran dan penimbangan, pengisian kurva kartu menuju sehat (KMS). Berdasarkan data Puskesmas Sukabumi, jumlah balita yang di timbang (D/S) pada tahun 2019 sebesar 72%, sedangkan pada tahun 2021 sebesar 63,6%. Data tersebut mengalami penurunan angka partisipasi sebanyak 8,4% dan juga berada di bawah angka target nasional yaitu 80%. Penelitian ini bertujuan untuk mengetahui gambaran faktor-faktor yang berhubungan dengan partisipasi ibu dalam penimbangan balita di Posyandu Wilayah Kerja Puskesmas Sukabumi Bandar Lampung tahun 2023.

Rancangan penelitian ini bersikap deskriptif. Sampel berjumlah 86 orang menggunakan teknik *cluster sampling*. Data dikumpulkan menggunakan metode wawancara dan angket dengan alat bantu kuesioner. Analisis data yang digunakan adalah analisis univariat untuk mendeskripsikan karakteristik setiap variabel penelitian.

Hasil penelitian ini menunjukkan bahwa sebagian besar responden memiliki partisipasi yang baik dalam penimbangan di posyandu (76,7%), status imunisasi dasar lengkap (93%), sebagian besar responden memiliki pengetahuan baik tentang posyandu (97%), mayoritas ibu balita tidak bekerja (86%), keterjangkauan akses ke posyandu kategori dekat (91,9%), dan seluruh responden merasa penilaian terhadap kader posyandu kategori baik (100%), kelayakan tempat pelaksanaan posyandu kategori baik (100%) dan adanya dukungan keluarga (100%).

Berdasarkan hasil penelitian tersebut, diharapkan tenaga kesehatan dan juga kader di wilayah kerja Puskesmas Rawat Inap Sukabumi dapat berperan aktif untuk mengajak ibu datang ke posyandu setiap bulannya dengan membentuk forum media online mengenai jadwal pelaksanaan posyandu dan memberikan edukasi peran kader mengenai tumbuh kembang anak sehingga manfaat tersebut dapat dirasakan ibu agar lebih tertarik untuk hadir ke posyandu sehingga pertumbuhan dan perkembangan balita dapat terpantau dengan baik sehingga mengurangi resiko terjadinya stunting di wilayah kerja Puskesmas Sukabumi.

Kata Kunci : Posyandu, anak balita, penimbangan

Daftar Bacaan : 34 (2007-2022)

**HEALTH POLYTECHNIC OF TANJUNGPUR  
NUTRITION DEPARTMENT  
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Description of the factors related to mother's participation in weighing toddlers at posyandu in the working area of the Sukabumi Health Center Bandar Lampung in 2023

xiii + 68 pages + 11 tables, 3 pictures, 9 attachment

**ABSTRACT**

Stunting is an urgent issue to be resolved because it has an impact on the quality of Indonesia's human resources in the future. Monitoring the growth and development of children and toddlers every month at the Posyandu can detect early deviations, stunting problems, through measurement and weighing, filling out the health card curve (KMS). Based on data from the Sukabumi Health Center, the number of children under five who were weighed (D/S) in 2019 was 72%, while in 2021 it was 63.6%. This data has decreased the participation rate by 8.4% and is also below the national target rate of 80%. This study aims to determine an overview of the factors related to mother's participation in weighing toddlers at the Posyandu in the Working Area of the Sukabumi Health Center in Bandar Lampung in 2023.

The research design is descriptive. The sample is 86 people using the technique *cluster sampling*. Data was collected using interviews and questionnaires with a questionnaire tool. The data analysis used was univariate analysis to describe the characteristics of each research variable.

The results of this study indicate that the majority of respondents have good participation in weighing at posyandu (76.7%), complete basic immunization status (93%), most respondents have good knowledge of posyandu (97%), the majority of mothers under five do not work (86%), affordability of access to the posyandu is in the close category (91.9%), and all respondents feel that the assessment of posyandu cadres is in the good category (100%), the feasibility of the place for holding the posyandu is in the good category (100%) and there is family support (100%).

Based on the results of this study, it is hoped that health workers and also cadres in the work area of the Sukabumi Inpatient Health Center can play an active role in inviting mothers to come to the posyandu every month by forming online media forums regarding the schedule for implementing the posyandu and providing education on the role of cadres regarding child growth and development so that these benefits it can be felt that mothers are more interested in attending the posyandu so that the growth and development of toddlers can be properly monitored thereby reducing the risk of stunting in the working area of the Sukabumi Health Center.

Keywords : Posyandu, toddlers, weighing

Reading List : 34 (2007-2022)