

POLITEKNIK KESEHATAN TANJUNGPINANG
JURUSAN KEPERAWATAN
PROGRAM STUDI SARJANA TERAPAN KEPERAWATAN
Skripsi, Mei 2023

Lataniya Auliya Rizky

**HUBUNGAN PERILAKU *CARING* PERAWAT DENGAN MOBILISASI
DINI FASE *TAKING IN* PADA PASIEN *POST OPERASI SECTIO
CAESAREA* DI RSIA RESTU BUNDA TAHUN 2023.**

xvi + 67 halaman, 9 tabel, 3 gambar, 9 lampiran

ABSTRAK

Mobilisasi dini termasuk aspek penting dalam pemulihan pasien *post* operasi. Berdasarkan data wawancara di RSIA Restu Bunda, diketahui bahwa 80% ibu *post sectio caesarea* yang penerapan mobilisasi dininya kurang baik, perawat kurang memperhatikan faktor yang mempengaruhi mobilisasi dini pasien. Tujuan penelitian ini adalah untuk mengetahui hubungan perilaku *caring* perawat dengan mobilisasi dini fase *taking in* pada pasien *post* operasi *sectio caesarea* di RSIA Restu Bunda Tahun 2023. Metode penelitian yang digunakan adalah analitik *survey* non eksperimen dengan pendekatan *cross sectional*. Populasi penelitian ini 50 responden, sampel 40 responden, dan pengambilan sampel menggunakan *purposive sampling*. Alat ukur menggunakan instrument kuesioner perilaku *caring* perawat CAT dan kuesioner mobilisasi dini *post sectio caesarea*. Hasil penelitian didapatkan perilaku *caring* perawat baik sebanyak 23 responden (57.5%) dan 24 responden (40%) mampu melaksanakan mobilisasi dini dengan baik. Analisis statistik di uji *chi square* diperoleh nilai *p-value* = 0,037 < α (0,05), disimpulkan terdapat hubungan perilaku *caring* perawat dengan mobilisasi dini fase *taking in* pada pasien *post* operasi *sectio caesarea* di RSIA Restu Bunda Tahun 2023. Nilai OR 4,048 menjelaskan bahwa perilaku *caring* perawat baik meningkatkan kegiatan mobilisasi dini pasien sebanyak 4,048 dibandingkan dengan perilaku *caring* perawat yang kurang baik. Disarankan perawat berperilaku *caring* untuk meningkatkan kemampuan mobilisasi pasien dan melibatkan keluarga untuk berperilaku *caring* serta mendukung dan memotivasi untuk dilakukannya mobilisasi dini pasien.

Kata kunci : *Sectio caesarea*, perilaku *caring*, mobilisasi dini
Daftar Pustaka : 44 (2014 s.d 2022)

TANJUNGKARANG HEALTH POLYTECHNIC
NURSING MAJOR
STUDY PROGRAM OF APPLIED NURSING APPLIED NURSING
Thesis, May 2023

Lataniya Auliya Rizky

**THE RELATIONSHIP BETWEEN NURSE'S CARING BEHAVIOR AND
EARLY MOBILIZATION OF THE TAKING IN PHASE OF POST
OPERATING SECTIO CAESAREA PATIENTS AT RSIA RESTU BUNDA IN
2023.**

xvi + 67 pages, 9 tables, 3 figures, 9 attachments

ABSTRACT

Early mobilization is an important aspect in postoperative patient recovery. Based on interview data at RSIA Restu Bunda, it is known that 80% of post sectio caesarea mothers whose implementation of early mobilization is not good, nurses pay little attention to factors that influence patient early mobilization. The purpose of this study was to determine the relationship between caring behavior of nurses and early mobilization of the taking-in phase in postoperative sectio caesarea patients at RSIA Restu Bunda in 2023. The research method used was analytic non-experimental survey with a cross sectional approach. The population of this research is 50 respondents, the sample is 40 respondents, and the sample is taken using purposive sampling. The measuring instrument used the caring behavior questionnaire instrument for CAT nurses and the post sectio caesarea early mobilization questionnaire. The results showed that 23 respondents (57.5%) had good caring behavior for nurses and 24 respondents (40%) were able to carry out early mobilization well. Statistical analysis in the chi square test obtained a p-value = $0.037 < \alpha (0.05)$, it was concluded that there was a relationship between caring behavior of nurses and early mobilization of the taking-in phase in postoperative sectio caesarea patients at RSIA Restu Bunda in 2023. The OR value of 4.048 explains that the caring behavior of good nurses increased the patient's early mobilization activities by 4.048 compared to the caring behavior of nurses who were not good. It is recommended that nurses behave in caring to improve the ability to mobilize patients and involve families in caring behavior as well as support and motivate for early mobilization of patients.

Keywords: Sectio caesarea, caring behavior, early mobilization

Bibliography: 44 (2014 to 2022)