

POLITEKNIK KESEHATAN TANJUNGPUR
PRODI KEPERAWATAN KOTABUMI
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Asuhan Keperawatan Pasien dengan Gangguan Rasa Aman Nyaman Pada Kasus Post Apendektomi Terhadap Ny. L di Ruang Freesia Lantai 4 Rumah Sakit Umum Handayani Kotabumi Lampung Utara Tanggal 7-9 November 2022

xv + 65 halaman, 10 tabel, 4 gambar

RINGKASAN

Apendisitis akut adalah suatu peradangan akut yang biasa dikenal peradangan usus buntu. Menurut WHO apendisitis jumlahnya 4,8% penduduk dari total populasi. Apendisitis di Indonesia 7% dari jumlah penduduk Indonesia sekitar 179.000 orang. Riskesdas prevalensi apendisitis di Provinsi Lampung tahun 2018 total 1.292 orang.

Berdasarkan rekam medik Rumah Sakit Umum Handayani Kotabumi Lampung Utara tahun 2021-2022 penyakit apendisitis sebanyak 532 orang. Rumusan masalah pada laporan tugas akhir ini adalah bagaimana asuhan keperawatan pasien dengan gangguan rasa aman nyaman pada kasus post apendektomi terhadap Ny. L.

Tujuan laporan tugas akhir ini adalah memberikan gambaran asuhan keperawatan pada pasien Ny. L dengan gangguan rasa aman nyaman pada kasus post apendektomi di Ruang Freesia Lantai 4 Rumah Sakit Umum Handayani Kotabumi Lampung Utara.

Pengkajian yang didapat pada Ny. L yaitu terdapat luka post operasi di perut bawah yang menimbulkan nyeri selanjutnya ditetapkan diagnosa keperawatan. Rencana keperawatan disusun berpedoman pada label SLKI dan SIKI. Nyeri Akut (L.08066) SLKI Manajemen Nyeri (I.08238), Gangguan Integritas Kulit (L.14125) SLKI Perawatan Integritas kulit (I. 11353), Gangguan Pola Tidur (L.05045) Dukungan Tidur (I.05174). Implementasi dilakukan sesuai dengan label, menyesuaikan perkembangan pasien, pada tahap evaluasi satu diagnosa teratasi dan dua teratasi sebagian.

Simpulan laporan tugas akhir ini didapatkan secara nyata tentang asuhan keperawatan pada kasus post apendektomi terhadap Ny. L dengan gangguan rasa aman nyaman. Saran penulis untuk kedepannya diharapkan untuk dapat melengkapi dan mengembangkan hasil laporan mengenai asuhan keperawatan pasien post apendektomi.

Kata kunci : Asuhan keperawatan, post apendektomi, aman nyaman

Sumber bacaan : 35 (2013-2022).

TANJUNGPURANG HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY PROGRAM
Final Project Report, November, 2022

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Nursing Care of Patients with Disorders of Comfort in the Case of Post Apendectomy to Ny. L in the Freesia Room, 4rd Floor, Handayani Hospital, Kotabumi, Lampung Utara, November 7-9, 2022

xv + 65 pages, 10 tables, 4 figures

ABSTRACT

Acute appendicitis is an acute inflammation commonly known as usus buntu. According to the WHO, appendicitis sufferers account for 4.8% of the total population. Appendicitis sufferers in Indonesia are 7% of Indonesia's total population of around 179,000 people. Riskesdas prevalence of appendicitis sufferers in Lampung province in 2018 totaled 1,292 people.

Based on the medical records of Handayani Hospital Kotabumi Lampung Utara in 2021-2022 there were 532 people with appendicitis. The formulation of the problem in this final project report is how to provide nursing care for patients with impaired feelings of security and comfort in the case of post apendectomy to Mrs. L.

The purpose of this final project report is to provide an overview of nursing care for Mrs. L with impaired sense of security and comfort in cases of post apendectomy in the Freesia Room 4th Floor Handayani Hospital Kotabumi Lampung Utara.

The study was carried out on Mrs. L, There is a post operation wound in the lower abdomen which causes pain, then a nursing diagnosis is established. The nursing plan is prepared based on the SLKI and SIKI labels. Acute Pain (L.08066) SLKI Pain Management (I.08238), Impaired Skin Integrity (L.14125) SLKI Integrity Skin Treatment (I. 11353), Disturbance of Sleep Patterns (L.05045) Sleep Support (I.05174). Implementation is carried out according to the label, adjusting the progress of the patient, at the evaluation stage one diagnosis is resolved and two are partially resolved.

The conclusion of this final project report is nursing care in the case of post apendectomy to Mrs. L with impaired sense of security and comfort are obtained. The author's suggestions for the future are be able to complement and develop the study written on this reports regarding post apendectomy nursing care.

Keywords : Nursing care, post apendectomy, safe comfortable

Reading sources : 35(2013-2022).