

POLITEKNIK KESEHATAN TANJUNGPURBARANG
JURUSAN GIZI

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Feby Atika Dewi

Gambaran Pengetahuan, Sikap dan Keterampilan Kader Posyandu Dalam Pemantauan Pertumbuhan Balita di Wilayah Kerja Puskesmas Way Mili Kecamatan Gunung Pelindung Kabupaten Lampung Timur

xiii+ 50 halaman + 14 tabel, 2 gambar, 4 lampiran

ABSTRAK

Program posyandu dan peran serta kader dapat berjalan secara optimal dengan upaya-upaya diantaranya pemahaman yang berasal dari pengetahuan yang baik, pelatihan atau bimbingan dan pemberian penghargaan untuk meningkatkan motivasi. Profil dinas kesehatan Provinsi Lampung daerah Kabupaten Lampung Timur tahun 2021 partisipasi (kunjungan) ibu ke posyandu sebesar 64,33% sedangkan target yang diharapkan sebesar 80%. Tujuan penelitian ini adalah mengetahui gambaran pengetahuan dan keterampilan kader posyandu dengan pemantauan pertumbuhan balita di wilayah kerja Puskesmas Way Mili.

Jenis penelitian ini adalah deskriptif yang bertujuan untuk mendeskripsikan pengetahuan, sikap dan keterampilan kader posyandu dalam memantau pertumbuhan balita di wilayah kerja Puskesmas Way Mili Kecamatan Gunung Pelindung Kabupaten Lampung Timur dengan jumlah sampel sebanyak 64 kader. Sampel tersebut diperoleh dari perhitungan menggunakan rumus Slovin.

Hasil penelitian diketahui bahwa pengetahuan kader posyandu dengan kategori baik sebesar 85,9% dan cukup sebesar 14,1%, sikap kategori baik 64,1% kurang 35,9%, keterampilan kader menggunakan timbangan bayi kategori baik 84,4%, kategori cukup 14,1%, kategori kurang 1,6%. Keterampilan kader menimbang bayi menggunakan timbangan injak baik 82,2%, kategori cukup 10,9%, kategori kurang 6,3%. Keterampilan kader mengukur panjang bayi kategori baik 35,9%, kategori cukup 25%, kategori kurang 39,1%. Keterampilan kader dalam mengukur tinggi badan menggunakan stadiometer baik 50%, kategori cukup 34,4%, kategori kurang 15,6%. Keterampilan kader dalam mengisi KMS kategori baik 35,9%, kategori cukup 26,6%, kategori kurang 37,5%.

Berdasarkan hasil penelitian maka saran yang diberikan adalah bagi pihak puskesmas diharapkan agar dapat mengadakan penyegaran pada kader posyandu dan menerapkan sistem *rolling* supaya kader lebih melatih keterampilan.

Kata Kunci : Pengetahuan, Sikap, Keterampilan, Kader Posyandu

Daftar Bacaan : 40 (2007-2020)

**TANJUNGPURBAN HEALTH POLYTECHNIC
DEPARTMENT OF NUTRITION**

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Feby Atika Dewi

Description Of The Knowledge, Attitudes And Skills Of Posyandu Cadres In Monitoring The Growth Of Toddlers In The Working Area Of The Way Mili Health Center, Gunung Patron District, East Lampung Regency

xii + 50 pages + 14 table, 2 pictures, 4 attachment

ABSTRACT

The posyandu program and the role of cadres can run optimally with efforts including understanding that comes from good knowledge, training or guidance and giving awards to increase motivation. Profile of the Lampung Province health office for East Lampung Regency in 2021 maternal participation (visit) to posyandu is 64.33% while the expected target is 80%. The purpose of this study was to describe the knowledge and skills of posyandu cadres by monitoring the growth of toddlers in the working area of the Way Mili Health Center.

This type of research is descriptive which aims to describe the knowledge, attitudes and skills of posyandu cadres in monitoring the growth of toddlers in the working area of the Way Mili Health Center, Gunung Protector District, East Lampung Regency with a total sample of 64 cadres. The sample was obtained from calculations using the Slovin formula

The results showed that the knowledge of posyandu cadres in the good category was 85.9% and sufficient was 14.1%, the negative attitude in the good category was 56.3% and less was 43.8% and the positive category was good was 56.3% and less by 43.8%. The skill of cadres weighing using baby scales is good category 84.4%, sufficient category 14.1%, less category 1.6%. Skills of cadres weighing babies using good weighing scales 82.2%, sufficient category 10.9%, less category 6.3%. Skills of cadres to measure the length of the baby in the good category is 35.9%, the category is sufficient 25%, the category is less 39.1%. Skills of cadres in measuring height using a good stadiometer 50%, sufficient category 34.4%, less category 15.6%. Skills of cadres in filling out KMS good category 35.9%, sufficient category 26.6%, less category 37.5%..

Based on the results of the research, the advice given is that the puskesmas is expected to be able to conduct training for posyandu cadres so that the cadres train their skills and broaden their horizons.

Keywords : knowledge, attitudes, skills, Posyandu Cadres.

Reading List : 40 (2007-2020)