

POLITEKNIK KESEHATAN TANJUNGPURING
PRODI D3 KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, Mei 2023

Riski Robi Yanto

Asuhan Keperawatan Pasien Dengan Gangguan Termoregulasi pada Kasus Kejang Demam Terhadap An.N di ruang Edelweis RSUD Handayani Tanggal 15-17 Maret 2023

xv+50 halaman, 8 tabel, 2 gambar

RINGKASAN

Kejang demam atau biasa disebut step, biasanya terjadi ketika seorang bayi usia 3 bulan sampai 5 tahun saat suhu rektal diatas 38°C. Namun serangan kejang demam tidak sama antara satu anak dengan yang lainnya tergantung nilai ambang kejang masing-masing. Rumusan masalah pada Laporan Tugas Akhir ini adalah bagaimana asuhan keperawatan pasien dengan gangguan termoregulasi pada kasus kejang demam terhadap An.n di ruang edelweis RSUD Handayani.

Tujuan Laporan Tugas Akhir ini memberikan gambaran tentang pengkajian,diagnosa, rencana/intervensi, implementasi, dan evaluasi keperawatan pada An.n dengan gangguan termoregulasi pada kasus kejang demam.

Berdasarkan hasil pengkajian didapatkan data yaitu, klien memiliki riwayat kejang di umur 9 bulan , suhu 39⁰C, keluarga mengatakan suhu tubuh naik turun, keluarga mengatakan nafsu makan klien menurun, klien nampak rewel, klien tampak pucat N:102x/menit, S:39,1⁰C, RR:23x/menit, TB:87CM, BB sebelum sakit:10,5Kg BB saat sakit:10,2Kg,kulit klien teraba hangat. Diagnosa Keperawatan yang muncul pada kasus kejang demam terhadap An.N yaitu hipertermia, resiko defisit nutrisi, resiko cedera. Tujuan dan perencanaan tindakan dari diagnosa diatas diantaranya SLKI: Termoregulasi, Status Nutrisi, Tingkat cedera, SIKI: Manajemen hipertermia, Regulasi Temperatur, Manajemen Nutrisi, Pencegahan kejang, setelah dilakukan tindakan keperawatan diketahui evaluasi dari masalah Termoregulasi, Status Nutrisi, Tingkat Cedera teratasi.

Kesimpulan dari Asuhan Keperawatan pada kasus kejang demam ialah tidak semua teori yang ada sama dengan kasus kejang demam terhadap An.n. Saran bagi praktisi keperawatan diharapkan meningkatkan mutu pelayanan anak dengan menyediakan alat sesuai standar kebutuhan.

Kata Kunci : Asuhan Keperawatan, Termoregulasi , Kejang Demam
Daftar Bacaan : 28 (2010-2022)

TANJUNGPURANG HEALTH POLYTECHNIC
D3 NURSING STUDY PROGRAM, KOTABUMI
Final Project Report, May 2023

Riski Robi Yanto

Nursing Care of Patients with Disorders of Thermoregulation in Cases of Febrile Seizures Against An.N in the Edelweis Room of Handayani Hospital, Kotabumi March 15-17 2023

xv+50 pages+8 tables+2 pictures

ABSTRACT

Febrile seizures or commonly called steps, usually occur when a baby aged 3 months to 5 years when the rectal temperature is above 38°C. However, the attacks of febrile seizures are not the same from one child to another depending on the value of each seizure threshold. The formulation of the problem in this Final Project Report is How to Nursing Care of Patients with Disorders of Thermoregulation in Cases of Febrile Seizures Against An.N in the Edelweis Room of RSU Handayani.

The purpose of this Final Project Report is to provide an overview of the assessment, diagnosis, planning/intervention, implementation, and evaluation of nursing in An.N with Disorders of Thermoregulation in Cases of Febrile Seizures.

Based on the results of the study, data was obtained, namely, the client had a history of seizures at the age of 9 months, the temperature was 39°C, the family said the body temperature fluctuated, the family said the client's appetite had decreased, the client seemed fussy, the client looked pale N: 102X/minute, S:39,10C, RR: 23x/minute, TB: 87CM, BB before illness: 10.5Kg, BB at illness: 10.2Kg, the client's skin feels warm. Nursing diagnoses that appear in cases of febrile seizures against An.N are hyperthermia, risk of nutritional deficits, risk of injury. The goals and action plans for the above diagnoses include SLKI: Thermoregulation, Nutritional Status, Level of injury, SIKI: Management of hyperthermia, Temperature Regulation, Nutrition Management, Prevention of seizures, after nursing actions it is known that the evaluation of the problem of Thermoregulation, Nutritional Status, Injury level is resolved.

The conclusion from nursing care in cases of febrile seizures is that not all existing theories are the same as the case of febrile seizures against An.n. Suggestions for nursing practitioners are expected to improve the quality of child services by providing tools according to standard requirements.

Keywords: Nursing Care, Thermoregulation, Febrile Seizures.

Reading List :28(2010-2022)