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ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN RASA NYAMAN PADA PASIEN POST PARTUM SPONTAN DENGAN KASUS KETUBAN PECAH DINI DI RUANG DELIMA RSUD.Dr. ABDUL MOELOEK PROVINSI LAMPUNG TAHUN 2023

Xiii+57 Halaman+ 5 tabel + 5 lampiran

ABSTRAK

Ketuban pecah dini (KPD) atau *Premature Rupture Of Membranes* (PROM) adalah pemecahan selaput ketuban secara spontan sebelum fase persalinan atau dimulainya tanda inpartu. Menurut World Health Organization (WHO) kejadian ketuban pecah dini (KPD) atau insiden PROM (*prelabour rupture of membrane*) berkisar antara 30% dari semua kelahiran dan 15-20% lainnya disebabkan oleh persalinan premature yang di indikasi secara medis atau elektif (WHO, 2014). Berdasarkan pre survey yang dilakukan di ruang Delima di RSUD Dr. H. Abdul Moeloek Provinsi Lampung didapatkan informasi bahwa kasus terbanyak adalah KPD dengan jumlah pasien pada bulan November dan Desember Tahun 2022 sebanyak 20 kasus dari jumlah kelahiran. Tujuan dibuatnya laporan ini untuk memberikan gambaran pelaksanaan asuhan keperawatan pasien post partum spontan resiko infeksi dengan kasus ketuban pecah dini diruang Delima RSUD Dr. H. Abdul Moeloek Lampung tahun 2023. Metode penelitian ini menggunakan metode asuhan keperawatan yang digunakan seperti pengkajian, diagnosis, rencana, intervensi, implementasi, dan evaluasi. Kegiatan dilakukan pada Tanggal 10-12 Januari 2023. Hasil pengkajian diperoleh ke2 subjek asuhan mengemukakan keluhan rembesan dari vagina, nyeri pada area perineum, skala nyeri 4 dan mengatakan kurang paham dalam perawatan luka bekas jahitan. Diagnose keperawatan yang diangkat yaitu resiko infeksi, nyeri akut dan defisit pengetahuan. Intervensi utama yang dilakukan adalah pencegahan infeksi, manajemen nyeri, dan edukasi Kesehatan. Evaluasi akhir yang didapatkan tidak ada tanda dan gejala infeksi, nyeri berkurang, skala nyeri menurun, pasien memahami tentang perawatan diri.

Kata kunci:Gangguan rasa nyaman ,
Daftar bacaan: 20 (2013-2023)

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***NURSING CARE IN POST PARTUM PATIENTS SPONTANEOUS RISK OF
INFECTION WITH CASE OF EARLY RUPTURE OF WATER IN DELIMA
ROOM RSUD.Dr.ABDUL MOELOEK, LAMPUNG PROVINCE, 2023***

Xiii+57 Halaman+ 5 tabel + 5 lampiran

ABSTRACT

Premature rupture of membranes (PROM) or premature rupture of membranes (PROM) is the spontaneous rupture of the amniotic membranes before the labor phase or the start of labor. According to the World Health Organization (WHO) the incidence of premature rupture of membranes (PROM) or the incidence of PROM (prelabor rupture of membranes) ranges from 30% of all births and another 15-20% is caused by medically indicated or elective preterm labor (WHO, 2014). Based on the pre-survey conducted in the Delima room at RSUD Dr. H. Abdul Moeloek, Lampung Province, obtained information that the most cases were KPD with the number of patients in November and December 2022 as many as 20 cases of the number of births. The purpose of this report is to provide an overview of the implementation of nursing care for spontaneous post partum patients at risk of infection with cases of premature rupture of membranes in the Delima room at RSUD Dr. H. Abdul Moeloek Lampung in 2023. This research method uses nursing care methods that are used such as assessment, diagnosis, planning, intervention, implementation, and evaluation. The activity was carried out on January 10-12 2023. The results of the study obtained that the 2 care subjects complained of seepage from the vagina, pain in the perineal area, pain scale of 4 and said they did not understand the treatment of stitches. The nursing diagnoses raised were infection risk, acute pain and knowledge deficit. The main interventions performed were infection prevention, pain management, and health education. The final evaluation obtained is that there are no signs and symptoms of infection, reduced pain, decreased pain scale, patient understands about self-care.

Keywords: *Impaired Need for Comfort*

Reading list: 20 (2013-2023)