

POLITEKNIK KESEHATAN TANJUNGPURANG
PRODI KEPERAWATAN KOTABUMI

Laporan Tugas Akhir, 2023

Rahmat Erfanda,

Asuhan Keperawatan Dengan Gangguan Oksigenasi Pada Pasien Asma Terhadap
Tn. A Di Ruang Fresia Lantai 4 Rumah Sakit Handayani Kotabumi Tanggal 13- 15
November 2022

xv + 56 halaman, 10 tabel, 1 gambar

RINGKASAN

Gangguan oksigenasi terjadi pada kasus asma, karena adanya penyempitan jalan napas serta penumpukan sputum di jalan napas yang mengganggu proses pernapasan karena itu diperlukan asuhan keperawatan untuk mengatasi masalah tersebut. Maka bagaimanakah cara memberikan Asuhan Keperawatan dengan Gangguan Oksigenasi pada Kasus Asma.

Tujuan penulis dalam Laporan Tugas Akhir ini adalah untuk memberikan gambaran asuhan keperawatan dengan gangguan pemenuhan oksigenasi pada klien asma di Ruang Fresia Lantai 4 Rumah Sakit Handayani Kotabumi tanggal 13-15 November 2022 yang meliputi pengkajian keperawatan, diagnosa keperawatan, rencana keperawatan, implementasi keperawatan dan evaluasi keperawatan.

Hasil pengkajian klien mengeluh sesak, batuk, tidak nafsu makan dan suhu badan meningkat. Didapatkan 3 diagnosa prioritas yaitu bersihan jalan napas tidak efektif, defisit nutrisi dan hipertermia. Perencanaan mencakup target luaran berdasarkan SLKI meliputi manajemen jalan napas, manajemen nutrisi, dan manajemen hipertemia. Intervensi yang dilaksanakan berdasarkan SIKI mencakup memberikan batuk efektif, fisioterapi dada, mengatur posisi memberikan makan sedikit tapi sering dan kompres hangat. Evaluasi dari ketiga diagnosa tersebut teratasi dibuktikan rasa sesak hilang, batuk efektif, makan 1 porsi dan suhu dalam rentang normal.

Kesimpulan setelah dilakukan tindakan keperawatan selama tiga hari masalah klien teratasi semua di buktikan subjek asuhan mampu melakukan batuk efektif, porsi makan meningkat, nafsu makan meningkat BB meningkat dan untuk suhu dalam rentang normal 36,7°C. Saran dari laporan ini diharapkan bagi di Program Studi Keperawatan Kotabumi Poltekkes Tanjungkarang untuk menambah literatur tentang Oksigenasi dan batuk efektif.

Kata kunci : asuhan keperawatan, asma, gangguan oksigenasi
Sumber bacaan : 14 (2012-2021)

TANJUNGPURANG HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY PROGRAM
Final Project Report, May 2023

Rahmat Erfanda,
*Nursing Care With Impaired Oxygenation In Asthmatic Patients To Mr. A In The
Fresia Room, 4th Floor, Kotabumi Handayani Hospital, November 13-15 2022*

xv + 56 pages, 10 tables, 1 figure

ABSTRAK

Impaired oxygenation occurs in cases of asthma, due to narrowing of the airway and the accumulation of sputum in the airway which interferes with the breathing process because nursing care is needed to overcome the problem . So how to provide Nursing Care with Oxygenation Disorders in Asthma Cases .

The author's purpose in this Final Project Report is to provide an overview of nursing care with impaired oxygenation fulfillment in asthma clients in the Fresia room on the 4th Floor of Handayani Kotabumi Hospital on November 13-15- , 2022 which includes nursing assessments, nursing diagnoses, plans Nursing, nursing implementation and nursing evaluation .

The results of the assessment of clients complained of tightness, coughing, no appetite and increased body temperature. There are 3 priority diagnoses, namely ineffective airway clearance, nutritional deficits and hyperthermia. Planning includes output targets based on SLKI including airway management, nutrition management, and hypertemia management . Interventions implemented under SIKI include giving an effective cough, chest physiotherapy, adjusting the position, giving little but frequent feeding, and warm compresses. Evaluation of the three diagnoses resolved proved that the feeling of tightness disappeared, effective cough, eating 1 portion and temperature within the normal range.

In conclusion, after nursing actions for three days, the client's problems were all resolved, it was proven that the care subjects were able to cough effectively, food portions increased, appetite increased, body weight increased and for temperatures within the normal range of 36.7 °C. Suggestions from this report are expected for the Tanjungkarang Municipal Health Polytechnic Nursing Study Program to add to the literature on effective oxygenation and coughing.

Keywords : nursing care , asthma, impaired oxygenation
Reading source : 14 (2012-2021)