

POLITEKNIK KESEHATAN TANJUNGPURWATI
PRODI KEPERAWATAN KOTABUMI
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Asuhan Keperawatan Pasien Dengan Gangguan Nutrisi Pada Kasus Diabetes Melitus Tipe 2 Terhadap Ny.S Di Ruang RPD B/Srikandi 3 RSUD Ahmad Yani Metro, Tanggal 31 Oktober-02 November 2022

xvi + 54 halaman, 9 tabel, 2 gambar.

RINGKASAN

Diabetes melitus adalah penyakit gangguan metabolisme, karbohidrat, lemak dan protein pada organ pankreas sehingga terjadi kadar gula meningkat. Indonesia menempati peringkat ke 7 dari 10 negara dengan jumlah penderita terbanyak yaitu 10,7 juta.

Tujuan umum penulisan laporan ini untuk memberikan gambaran Asuhan Keperawatan Dengan Gangguan Nutrisi Pada Kasus Diabetes Melitus pada Ny. S Di Ruang RPD B/Srikandi 3 RSUD Ahmad Yani Metro.

Pengkajian yang didapatkan terhadap Ny.S meliputi sering haus, mengeluh lemah, kadar gula darah 433 mg/dl, nafsu makan menurun, bibir tampak kering, perut terasa penuh, penurunan berat badan (55 kg ke 40 kg), nyeri dan lemas dibagian ekstremitas bawah, kaki kanan susah digerakkan, ketergantungan total. Diagnosa yang muncul ketidakstabilan kadar glukosa darah, defisit nutrisi, gangguan mobilitas fisik. SLKI : kestabilan kadar glukosa darah (L.03022), status nutrisi (L.03030), dan mobilitas fisik (L.05042), dan SIKI : manajemen hiperglikemia (I.03115), manajemen nutrisi (I.03119), dukungan tidur (I.06171). Implementasi yang digunakan sesuai dengan SIKI dan hasil evaluasi teratasi sebagian.

Simpulan laporan ini adalah laporan ini didapatkan secara nyata tentang asuhan keperawatan pada kasus diabetes melitus terhadap Ny.S dengan gangguan nutrisi. Saran penulis untuk kedepannya agar lebih dalam lagi dalam melakukan pengkajian, intervensi sesuai SIKI dan SLKI.

Kata kunci : Asuhan keperawatan gangguan nutrisi, diabetes melitus tipe 2

Sumber bacaan : 19 (2016-2022)

TANJUNGPURANG HEALTH POLYTECHNIC
KOTABUMI NURSING STUDI PROGRAM
Final Project Report, 25 May 2023

Putri Ayu Lestari

Nursing Care of Patients with Nutritional Disorders in Type 2 Diabetes Mellitus Cases for Ny. S in the RPD B Room/Srikandi 3 RSUD Ahmad Yani Metro, date 31 October-02 November 2022

xvi + 54 pages, 9 tables, 2 images.

ABSTRACT

Diabetes mellitus is a disease of metabolic disorders, carbohydrates, fats and proteins in the pancreas organ resulting in increased sugar levels (Rachmatul Khoir, 2018). Indonesia is ranked 7th out of 10 countries with the highest number of sufferers, namely 10.7 million.

The general objective of writing this report is to provide an overview of Nursing Care with Nutritional Disorders in Diabetes Mellitus Cases in Ny. S In Room RPD B/Srikandi 3 RSUD Ahmad Yani Metro.

The assessment found on Ny.S included frequent thirst, complaining of weakness, blood sugar level of 433 mg/dl, decreased appetite, lips looked dry, stomach felt full, weight loss (55 kg to 40 kg), pain and weakness in the extremities. down, the right leg is difficult to move, total dependence. Diagnostics that appear unstable blood glucose levels, nutritional deficits, impaired physical mobility. Nursing outcomes targets are stable blood glucose levels, nutritional status, and physical mobility. SLKI: stability of blood glucose levels (L.03022), nutritional status (L.03030), and physical mobility (L.05042), and SIKI: management of hyperglycemia (I.03115), nutritional management (I.03119), sleep support (I .06171). The implementation used is in accordance with SIKI and the evaluation results are partially resolved.

The conclusion of this report is that this report obtains real nursing care in diabetes mellitus cases for Ny. S with nutritional disorders. The author's suggestion for the future is to go deeper in conducting assessments, interventions according to SIKI and SLKI.

Keywords : Nursing care for nutritional disorders, type 2 diabetes mellitus

Reading sources : 19 (2016-2022).