

POLITEKNIK KESEHATAN TANJUNGPUR
PRODI KEPERAWATAN KOTABUMI
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Asuhan Keperawatan pasien dengan Gangguan Persepsi Sensori : Halusinasi Pendengaran pada kasus Skizofrenia Terhadap Ny. R di ruang Melati Rumah Sakit Jiwa Provinsi Lampung tanggal 14-16 Maret 2022.
xvi+60 hal, 9 tabel, 5 gambar, 2 Lampiran

RINGKASAN

Halusinasi merupakan gejala gangguan jiwa yang ditandai dengan perubahan persepsi yaitu merasakan sensasi palsu berupa suara, penglihatan, pengecapan, perabaan atau penghiduan. Rumusan masalah laporan ini adalah bagaimana asuhan keperawatan pada pasien dengan gangguan persepsi sensori : Halusinasi pendengaran pada kasus skizofrenia terhadap Ny.R

Tujuan laporan ini adalah untuk memberikan gambaran asuhan keperawatan pasien dengan gangguan persepsi sensori pada kasus skizofrenia terhadap Ny. R di ruang melati Rumah Sakit Jiwa Lampung.

Proses pengkajian dilakukan dengan proses wawancara, observasi, studi dokumentasi. Hasil pengkajian menunjukkan bahwa pasien dibawa ke rumah sakit karena perilaku klien berubah sejak 2 hari. Pasien mengungkapkan adanya bisikan yang mengajak pasien untuk mengobrol. Saat diajak berkomunikasi pasien menjawab dengan suara keras dan ketus, serta terlihat sedih dan mengabaikan pembicaraan ketika terlalu diberikan banyak pertanyaan. Terlihat pasien sering bicara sendiri, dan Pasien juga mengatakan sulit tidur walaupun dalam kondisi sepi. Data pengkajian yang di dapatkan mengarah kepada diagnosa keperawatan gangguan persepsi sensori: halusinasi. Rencana keperawatan dan implementasi yang disusun pada Ny. R sesuai dengan target luaran yang ditetapkan SLKI persepsi sensori membaik. SIKI: manajemen halusinasi, implementasi untuk Ny. R menggunakan 4 strategi pelaksanaan (SP) yaitu: latihan menghardik, minum obat, bercakap-cakap, dan kegiatan terjadwal. Evaluasi setelah 3 hari perawatan klien mampu mempraktikkan 4 cara mengontrol halusinasi yang telah diajarkan dengan baik. Persepsi sensori membaik dengan kriteria hasil: verbalisasi mendengar bisikan menurun, perilaku halusinasi membaik, dan melamun menurun.

Memberikan gambaran tentang asuhan keperawatan selama 3 hari, dalam 3 hari perawatan kondisi Ny.R sebagian teratasi dan Ny. R juga sudah mampu melakukan SP halusinasi dan SP RPK secara mandiri. Saran: diharapkan pihak Rumah Sakit Jiwa Provinsi Lampung pada umumnya dan ruang melati untuk khususnya untuk selalu mengontrol jadwal harian dalam melatih kemampuan mengontrol halusinasi agar klien mampu mandiri melakukan strategi pelaksanaan yang sudah diajarkan

Kata kunci : Asuhan Keperawatan Halusinasi Pendengaran Skizofrenia
Sumber bacaan : 18 (2014-2021)

TANJUNGPURING HEALTH POLYTECHNIC NURSING
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Nursing care of patients with sensory perception disorders: auditory hallucinations in cases of schizophrenia to Mrs. R in the Melati Room of the Regional Mental Hospital Lampung Province. March 14-16, 2022
xvi +60 hal ,9 table,5 picture, 2 attachment

ABSTRACT

Hallucinations are symptoms of mental disorders characterized by changes in sensory perception, namely feeling false sensations in the form of sound, sight, taste, touch or smell. The formulation of the problem in this report is how to provide nursing care to patients with sensory perception disorders :Auditory hallucinations in cases of schizophrenia.

The purpose of this report is to provide an overview of nursing care for patients with sensory perception disorders in schizophrenia cases against Mrs. R in the jasmine room of Lampung Mental Hospital.

The data collection process is carried out by interviewing, observing, studying documentation, and comparing the situation that occurs during observation with the results of interview data. The instrument used is a mental nursing assessment format. Complete data the results of the assessment showed that the patient was brought to the hospital because the client's behavior had changed since 2 days. The patient revealed a whisper that invited the patient to chat. When invited to communicate, the patient answered in a loud and dull voice, and looked sad and ignored the conversation when given too many questions, it was seen that the patient often talked to himself, and the patient also said it was difficult to sleep even in quiet conditions. The assessment data obtained leads to nursing diagnoses of sensory perception disorders: hallucinations. The nursing plan drawn up on Mrs. R is in accordance with the target outcome set by SLKI sensory perception improves. SIKI: hallucination management, implementation for Mrs. R using 4 implementation strategies (SP), namely: rebuking exercises, taking medication, talking, and scheduled activities. Evaluation after 3 days of treatment the client is able to practice 4 ways to control hallucinations that have been taught well. Sensory perception improved with outcome criteria: verbalization of hearing whispers decreased, hallucinatory behavior improved, and daydreaming decreased.

This report provides an overview of nursing care provided to Mrs. R for 3 days, within 3 days of treatment Mrs. R's condition was partially resolved and Mrs. R was also able to do SP hallucinations and SP RPK independently. Suggestion: It is hoped that the Lampung Provincial Mental Hospital in general and the jasmine room in particular will always control the daily schedule in training the ability to control hallucinations so that clients are able to independently carry out the implementation strategies that have been taught.

Keyword : nursing care, auditory hallucinations in schizophrenia cases
Reading sources : 18 (2014-2021)