

**POLTEKKES TANJUNGPURING
JURUSAN KEPERAWATAN TANJUNGPURING
PRODI DIII KEPERAWATAN TANJUNGPURING**

Laporan Tugas Akhir, Juni 2021

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**ASUHAN KEPERAWATAN GANGGUAN KEBUTUHAN KEAMANAN
DAN PROTEKSI: KERUSAKAN INTEGRITAS KULIT PADA LANSIA
KELUARGA BAPAK M DENGAN DERMATITIS ATOPIK DI DESA
BANDAREJO KECAMATAN PALAS LAMPUNG SELATAN TAHUN
2021**

xiv + 112 halaman + 20 tabel + 4 gambar + 10 lampiran

ABSTRAK

Berdasarkan data sensus yang dilakukan oleh Dinas Kesehatan Provinsi Lampung menyatakan bahwa dermatitis atopik masuk kedalam 10 penyakit terbanyak di Provinsi Lampung yaitu dengan 43,044 jumlah kasus (Badan Pusat Statistik Provinsi Lampung, 2020). Bagi pasien dermatitis atopik akan menimbulkan gangguan pada integritas kulit dan kemungkinan terjadi infeksi, maka harus mematahkan siklus inflamasi, pecahnya kulit, gatal, dan menggaruk dengan melakukan perawatan kulit secara rutin dan harus menjaga kondisi keamanan dan proteksi lingkungan. Tujuan dari penulisan ini adalah melaksanakan asuhan keperawatan gangguan integritas kulit pada lansia keluarga Bapak M di Desa Bandarejo Kecamatan Palas Lampung Selatan Tahun 2021. Metode yang digunakan yaitu dengan menggunakan pendekatan asuhan keperawatan keluarga dari pengkajian, diagnosa, intervensi, implementasi dan evaluasi. Teknik pengumpulan data dengan melakukan wawancara dan observasi. Tindakan keperawatan yang diberikan yaitu pemberian minyak zaitun dan kompres dingin, sehingga didapatkan hasil lesi tampak mengering, area kulit sudah tidak bengkak, gatal berkurang, nyeri menurun dengan skala 2, tekstur kulit masih sedikit kasar, dan masih terdapat kerak berwarna kehitaman disekitar luka yang sudah mengering. Saran bagi keluarga untuk dapat melanjutkan perawatan pada kulit lansia yang mengalami dermatitis atopik dengan memberikan minyak zaitun dan kompres dingin sehingga masalah kerusakan integritas kulit dapat benar-benar teratasi.

Kata Kunci : Kerusakan Integritas Kulit, Dermatitis Atopik
Daftar Referensi : 25 (2004-2020).

**POLTEKKES TANJUNGPURANG
DEPARTMENT OF NURSING TANJUNGPURANG
TANJUNGPURANG DIII NURSING PROGRAM**

Final Project Report, June 2021

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**NURSING CARE DISORDERS OF SECURITY AND PROTECTION
NEEDS: DAMAGES OF SKIN INTEGRITY IN THE ELDERLY FAMILY
OF Mr. M WITH ATOPIC DERMATITIS IN BANDAREJO VILLAGE,
PALAS LAMPUNG SELATAN DISTRICT, 2021**

xiv + 112 pages + 20 tables + 4 pictures + 10 attachments

ABSTRACT

Based on census data conducted by the Lampung Provincial Health Office, it was stated that atopic dermatitis was included in the 10 most common diseases in Lampung Province, with 43,044 cases (Central Bureau of Statistics of Lampung Province, 2020). For patients with atopic dermatitis, it will cause disturbances to the integrity of the skin and the possibility of infection, so it is necessary to break the cycle of inflammation, skin rupture, itching, and scratching by carrying out routine skin care and maintaining environmental safety and protection conditions. The purpose of this paper is to carry out nursing care for skin integrity disorders in the elderly Mr. M's family in Bandarejo Village, Palas District, South Lampung in 2021. The method used is to use a family nursing care approach from assessment, diagnosis, intervention, implementation and evaluation. Data collection techniques by conducting interviews and observations. The nursing action given was giving olive oil and cold compresses, so that the lesions looked dry, the skin area was not swollen, itching was reduced, pain decreased with a scale of 2, the skin texture was still a little rough, and there was still a blackish crust around the wound that had been treated. dry up. Suggestions for families to be able to continue treatment on the skin of the elderly who have atopic dermatitis by giving olive oil and cold compresses so that the problem of damage to skin integrity can be completely resolved.

Keywords: Damage to Skin Integrity, Atopic Dermatitis

Reference List : 25 (2004-2020).