

**POLITEKNIK KESEHATAN TANJUNGPUR  
JURUSAN KEPERAWATAN TANJUNGPUR  
PRODI DIII KEPERAWATAN TANJUNGPUR**

Laporan Tugas Akhir, Tahun 2023  
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**ASUHAN KEPERAWATAN  
GANGGUAN RASA AMAN NYAMAN  
PADA PASIEN PASCA OPERASI TONSILEKTOMI  
DI RS BHAYANGKARA POLDA LAMPUNG TAHUN 2023**

xiii + 70 Halaman + 12 Tabel + 2 Gambar + 5 Lampiran

**ABSTRAK**

*World Health Organization* (WHO) memperkirakan 287. 000 anak dibawah 15 tahun mengalami tonsilektomi dengan atau tanpa adenoidektomi, 248. 000 (86, 4 %) mengalami tonsiloadenoidektomi dan 39. 000 (13, 6 %) lainnya menjalani tonsilektomi. Berdasarkan data yang diperoleh dari ruang kelas 1 rumah sakit Bhayangkara Polda Lampung. Pada bulan januari sampai bulan desember 2022, pasien yang dirawat di ruang kelas 1 yang mengalami gangguan sistem pencernaan sebanyak 96 orang dengan 87 orang penderita penyakit Tonsilitis dan dilakukan operasi. Tujuan dari penulisan ini memberikan gambaran pelaksanaan asuhan keperawatan kebutuhan rasa aman dan nyaman, metode penulisan dengan pendekatan asuhan keperawatan meliputi pengkajian, perumusan diagnosis, intervensi, implementasi, dan evaluasi. Asuhan keperawatan di laksanakan pada 09-14 Januari diruang kelas 1 rumah sakit Bhayangkara Polda Lampung. Simpulan asuhan keperawatan pasien dengan gangguan rasa aman dan nyaman didapatkan hasil nyeri dibagian luka operasi berkurang, skala nyeri semula 6 dan 7 menjadi 2, pasien dapat tidur nyenyak, dan ekspresi wajah pasien sudah tidak meringis. Diharapkan perawat dalam memberikan intervensi pada pasien Tonsilitis, dengan memberikan *cold pack*, dan kompres dingin, sehingga dapat menjadi acuan untuk meningkatkan proses keperawatan dalam mengatasi nyeri pada pasien dengan gangguan kebutuhan rasa aman dan nyaman.

Kata kunci : Tonsilitis, gangguan rasa aman dan nyaman.  
Daftar referensi : 21 (2013-2022)

**TANJUNGGARANG HEALTH POLYTECHNIC  
DEPARTMENT OF NURSING TANJUNGGARANG  
TANJUNGGARANG DIII NURSING PROGRAM**

*Final Project Report, Year 2023*

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**NURSING CARE OF DISORDERS  
THE NEED SAFE AND COMFORTABLE  
IN POST TONSILLITIS SURGERY PATIENTS  
IN BHAYANGKARA HOSPITAL POLDA LAMPUNG IN 2023**

*xiii + 70 Pages + 12 Tables + 2 Figures + 5 Attachments*

**ABSTRACT**

*The World Health Organization (WHO) estimates that 287,000 children under 15 years of age underwent tonsillectomy with or without adenoidectomy, 248,000 (86.4%) underwent tonsiloadenoidectomy and another 39,000 (13.6%) underwent tonsillectomy. Based on data obtained from class 1 at the Bhayangkara Polda Lampung Hospital. From January to December 2022, there were 96 patients treated in class 1 who experienced digestive system disorders with 87 people suffering from tonsillitis and had surgery. The purpose of this writing is to provide an overview of the implementation of nursing care for the need for a sense of security and comfort, the writing method with a nursing care approach includes assessment, formulation of diagnoses, interventions, implementation and evaluation. Which was carried out on January 9-14 in class 1 at the Lampung Police Bhayangkara Hospital. In conclusion, the nursing care of patients with impaired feelings of safety and comfort showed that the results of pain in the surgical wound were reduced, the original pain scale was 6 and 7 to 2, slept soundly, and the patient's facial expressions were no longer grimacing. It is expected that nurses in providing interventions for Tonsillitis patients, by providing cold packs and cold compresses, so that they can be a reference for improving the nursing process in dealing with pain in patients with impaired needs for a sense of security and comfort.*

*Keywords : Tonsillitis, disturbed sense of security and comfort. .*

*Reference list : 21 (2013-2022)*