

POLITEKNIK KESEHATAN TANJUNGPUR
PRODI KEPERAWATAN KOTABUMI
Laporan Tugas Akhir, 2023

Fuji Antika

Asuhan Keperawatan Terhadap Ny. K dengan Gangguan Oksigenasi
Pada Kasus Tuberkulosis Di Ruang Fresia RSUD Handayani Kotabumi Lampung
Utara, Tanggal 10-12 Oktober 2022
xvi + 54 halaman, 9 tabel , 1 gambar.

RINGKASAN

Tuberkulosis (TB atau TBC) adalah suatu penyakit menular yang disebabkan oleh kuman *Mycobacterium tuberculosis*. Kuman tersebut biasanya masuk ke dalam tubuh manusia melalui udara pernapasan ke dalam paru (Kemenkes 2016). Dilampung jumlah penderita tuberkulosis sebanyak 31.462 kasus. Dan di RSUD Handayani pada tahun 2020 41 kasus 2021-2022 875 kasus. Tujuan penulisan laporan tugas akhir ini yaitu untuk memberikan gambaran asuhan keperawatan pada pasien tuberkulosis paru dengan gangguan oksigenasi tentang pengkajian, diagnosa, rencana keperawatan, implementasi dan evaluasi di RSUD Handayani Kotabumi Lampung Utara pada tanggal 10-12 Oktober 2022. Hasil pengkajian yang didapatkan pada Ny. K 52 tahun klien mengatakan sesak napas, batuk disertai dahak lebih dari 2 bulan, terdengar suara napas tambahan ronkhi. Diagnosa yang muncul Bersihan Jalan Napas Tidak Efektif, Defisit Nutrisi, Intoleransi Aktivitas. Label SLKI yang ditetapkan yaitu bersihan jalan napas, status nutrisi, dan manajemen energi. Label SIKI yang ditetapkan manajemen jalan napas, manajemen nutrisi, manajemen energi. Tindakan yang dilakukan sesuai dengan rencana keperawatan. Evaluasi yang didapatkan selama 3 hari diagnosa bersihan jalan napas tidak efektif masalah belum teratasi, masalah teratasi sebagian untuk diagnosa defisit nutrisi dan intoleransi aktivitas. Adapun saran untuk lahan praktik RSUD Handayani Kotabumi Kabupaten Lampung Utara Diharapkan agar seluruh perawat ruangan RSUD Handayani Kotabumi Kabupaten Lampung Utara lebih bisa memperhatikan lagi masalah alat pengecek tanda – tanda vital pada saat ingin digunakan untuk mengecek pasien terkadang eror, diharapkan juga dapat meningkatkan komunikasi yang baik lagi, memantau dokumentasi keperawatan secara spesifik dengan memerhatikan dan membuat rentang waktu dalam intervensi serta implementasi keperawatan.

Kata Kunci: Asuhan Keperawatan, Kebutuhan Oksigenasi, Tuberkulosis Sumber
Bacaan : 20 (2009 – 2021)

HEALTH POLYTECHNIC
KOTABUMI NURSING STUDY PROGRAM
Final Project Report, 2023

Fuji Antika

Nursing Care of Mrs. K with Impaired Oxygenation In Cases of Tuberculosis in the Fresia Room Handayani Hospital, Kotabumi, North Lampung, 10-12 October 2022

xvi + 54 pages, 9 tables, 1 images.

ABSTRACT

Tuberculosis is an infectious disease caused by the bacterium Mycobacterium tuberculosis. These germs usually enter the human body through breathing air into the lungs (Ministry of Health 2016). In Lampung, the number of tuberculosis sufferers was 31,462 cases. And in Handayani Hospital in 2020 41 cases 2021-2022 875 cases. The purpose of writing this final project report is to provide an overview of nursing care for pulmonary tuberculosis patients with impaired oxygenation regarding assessment, diagnosis, nursing plans, implementation and evaluation at Handayani Hospital Kotabumi North Lampung on 10-12 October 2022. The results of the study were obtained from Mrs. . K 52 years old client says shortness of breath, cough with phlegm for more than 2 months, additional crackles are heard. The emerging diagnoses are Ineffective Airway Clearance, Nutrition Deficit, Activity Intolerance. The assigned SLKI labels are airway clearance, nutritional status, and energy management. SIKI label set airway management, nutrition management, energy management. Actions taken in accordance with the nursing plan. The evaluation obtained for 3 days was diagnosed as ineffective airway clearance, the problem had not been resolved, the problem was partially resolved for the diagnosis of nutritional deficits and activity intolerance. As for the suggestions for the practice area of

Handayani Hospital Kotabumi, North Lampung Regency, it is hoped that all nurses in the room of the Handayani Hospital Kotabumi, North Lampung Regency, will be able to pay more attention to the problem of vital signs because when they want to use it to check patients sometimes there are errors, it is hoped that this can also improve good communication. better yet, monitor nursing documentation specifically by paying attention to and making timescales in nursing interventions and implementation.

*Keywords: Nursing Care, Need for Oxygenation, Tuberculosis
Reading Source : 20 (2009 – 2021)*