

POLITEKNIK KESEHATAN TANJUNG KARANG
PROGRAM STUDI KEPERAWATAN KOTABUMI
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Asuhan Keperawatan dengan Gangguan Sirkulasi Pada Kasus *Congestive Heart Failure* (CHF) terhadap Tn. E di Ruang Freesia RSUD Handayani Kotabumi Lampung Utara
Tanggal 10-12 Oktober 2022

xiv+ 51 halaman, 9 tabel, 2 gambar

RINGKASAN

Sirkulasi merupakan sistem peredaran darah yang mengangkut darah keseluruh tubuh yang berfungsi untuk memenuhi kebutuhan jaringan tubuh. Di Indonesia CHF tergolong penyakit paling banyak terjadi, menurut Riskesdas 2018 prevalensi CHF sebesar 1,5% atau sekitar 1.017.290 penduduk. Rumusan masalah pada laporan tugas akhir ini adalah bagaimanakah gambaran asuhan keperawatan pasien dengan gangguan sirkulasi pada kasus *Congestive Heart Failure* (CHF) terhadap Tn. E di ruang Freesia Lantai 3 RSUD Handayani Kotabumi Lampung Utara.

Tujuan penulisan laporan tugas akhir ini memberikan gambaran tentang asuhan keperawatan dengan gangguan sirkulasi pada kasus *Congestive Heart Failure* (CHF) terhadap Tn. E di ruang Freesia Lantai 3 RSUD Handayani Kotabumi Lampung Utara Tanggal 10-12 Oktober 2022.

Hasil pengkajian pada Tn. E didapatkan pasien tampak gelisah, pucat, lemah, terdapat napas tambahan ronchi, SpO₂ menurun, pasien tampak merintih, terpasang oksigen, merasa sesak, CRT >3 detik, kekuatan otot 4, pasien mengatakan sesak, pusing, sulit tidur, mengeluh tidak nyaman, tidak mampu rileks dan mudah lelah. Diagnosa keperawatan yang ditegakkan penurunan curah jantung, gangguan pertukaran gas, intoleransi aktivitas, gangguan pola tidur, gangguan rasa nyaman, nyeri akut, resiko jatuh yang dilakukan perencanaan dan tindakan keperawatan sesuai SLKI dengan curah jantung, pertukaran gas, toleransi aktivitas dan SIKI perawatan jantung, pemantauan respirasi, manajemen energi.

Simpulan setelah dilakukan tindakan keperawatan pada Tn. E selama 3 hari masalah teratasi sebagian untuk diagnosa penurunan curah jantung, gangguan pertukaran gas, intoleransi aktivitas. Sarannya dapat menambah wawasan, pengetahuan, dan dapat meningkatkan mutu pelayanan sarana dan prasarana tentang kasus *Congestive Heart Failure* (CHF).

Kata kunci : Asuhan Keperawatan, *Congestive Heart Failure* (CHF), Gangguan Sirkulasi

Daftar Bacaan : 21 (2015-2022)

TANJUNG KARANG HEALTH POLYTECHNIC
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Final Project Report, 11 May 2023

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Nursing Care with Circulation Disorders in the Case of Congestive Heart Failure (CHF)
to Mr. E in the Freesia Room of Handayani Hospital Kotabumi North Lampung
October 10-12, 2022*

xiv+ 51 pages, 9 tables, 2 picture

ABSTRACT

Circulation is a circulatory system that transports blood throughout the body which functions to meet the needs of body tissues. In Indonesia CHF is classified as the most common disease, according to Riskesdas 2018 CHF prevalence of 1.5% or around 1,017,290 population. The formulation of the problem in this final project report is how is the description of nursing care for patients with circulatory disorders in cases of Congestive Heart Failure (CHF) to Mr. E in the Freesia room on the 3rd floor. E in the Freesia room on the 3rd floor of Handayani Hospital Kotabumi, North Lampung.

The purpose of writing this final project report is to provide an overview of nursing care with circulatory disorders in cases of Congestive Heart Failure (CHF) for Mr. E in the Freesia room on the 3rd floor of Handayani Hospital Kotabumi. E in the Freesia room on the 3rd floor of Handayani Hospital Kotabumi North Lampung on October 10-12, 2022.

The results of the assessment on Mr. E found the patient looked restless, pale, weak, there was additional breathing ronchi, Spo2 decreased, the patient looked whimpering, attached oxygen, felt tight, CRT > 3 seconds, muscle strength 4, the patient said tightness, dizziness, difficulty sleeping, complaining of discomfort, unable to relax and easily tired. Nursing diagnoses that were established decreased cardiac output, gas exchange disorders, activity intolerance, sleep pattern disturbances, comfort disorders, acute pain, risk of falling carried out planning and nursing actions according to SLKI with cardiac output, gas exchange, activity tolerance and SIKI heart care, respiration monitoring, energy management.

Conclusion After taking nursing action on Mr. E for 3 days the problem was partially resolved for diagnoses of decreased cardiac output, impaired gas exchange, activity intolerance. The suggestion can add insight, knowledge, and can improve the quality of service facilities and infrastructure about Congestive Heart Failure (CHF) cases.

*Keywords : Nursing Care, Congestive Heart Failure, Circulation Disorders
Reading Source : 21 (2015-2022)*