

Dedy Jaya Saputra,

Asuhan Keperawatan Pasien Dengan Gangguan Kebutuhan Aktivitas dan Istirahat Pada Kasus Stroke Non Hemoragik terhadap Tn. S Di Ruang Freesia RSUD Handayani Kotabumi Lampung Utara 10-14 Oktober 2022

xv + 57 halaman, 7 tabel, 2 gambar

## RINGKASAN

Stroke iskemik (non hemoragik) yaitu tersumbatnya pembuluh darah yang menyebabkan aliran darah ke otak sebagian atau keseluruhan terhenti. Berdasarkan data Riset Kesehatan Dasar (Rikesdas) 2018 bahwa prevalensi stroke di Indonesia berdasarkan diagnosis dokter sebesar 10,9 % dengan angka kejadian 713.783.

Tujuan umum Penulisan laporan ini adalah untuk diketahuinya gambaran asuhan keperawatan terhadap Tn. S dengan gangguan aktivitas dan istirahat pada kasus *stroke non hemoragik* di ruang freesia RSUD Handayani Kotabumi Lampung Utara Pada Tanggal 10-13 Oktober 2022.

Diagnosa keperawatan menurut standar diagnosis keperawatan Indonesia meliputi penurunan kapasitas adaptif intrakranial, gangguan mobilitas fisik, mual, gangguan menelan, defisit perawatan diri, pola napas tidak efektif. Perencanaan keperawatan meliputi luaran : perfusi serebral membaik, mobilitas meningkat, mual menurun. Intervensi : manajemen peningkatan tekanan intrakranial, dukunga mobilitasi dan manajemen mual. Implementasi yang dilakukan monitor tingkat kesadaran, monitor tanda-tanda vital, monitor keluhan sakit kepala, jelaskan tujuan dan prosedur pemantauan, dokumentasikan hasil pemantauan, dan mengkolaborasi pemberian obat.

Evaluasi selama tiga hari menunjukkan masalah keperawatan diagnosa Perfusion serebral tidak efektif teratasi sebagian, gangguan mobilitas fisik belum teratasi dan mual teratasi.

Simpulan laporan tugas akhir ini adalah teori keperawatan *stroke nonhemoragik* sesuai dengan keadaan klien. Saran dari laporan ini diharapkan instansi dapat menyediakan informasi dan referensi sumber terbaru dengan pembahasan yang lengkap pada kasus Stroke Non Hemoragik.

Kata kunci : Asuhan Keperawatan, Stroke Non Hemoragik, Aktivitas dan istirahat

Daftar bacaan : 22 (2013-2022)

POLITEKNIK KESEHATAN TANJUNG KARANG

PRODI KEPERAWATAN KOTABUMI

*Final Project Report, 16 May 2023*

Dedy jaya saputra,

*Nursing Care of Patients with Interference with Activity and Rest Needs in Cases of Non-Hemorrhagic Stroke to Mr. S In the Freesia Room, Handayani Hospital, Kotabumi, North Lampung 10-14 October 2022*

*xv + 57 pages, 7 tabels, 2 picture*

### **ABSTRACT**

*Ischemic stroke (non-hemorrhagic) is a blockage of blood vessels that causes blood flow to the brain to partially or completely stop. Based on data from the 2018 Basic Health Research (Rikesdas) that the prevalence of stroke in Indonesia based on a doctor's diagnosis is 10.9% with an incidence rate of 713,783.*

*He general purpose of writing this report is to find out the picture of nursing care for Mr. S with impaired activity and rest in non-hemorrhagic stroke cases in freesia room of Handayani Hospital, Kotabumi, North Lampung on October 10-13, 2022*

*Nursing diagnoses according to the Indonesian nursing diagnosis standard include decreased intracranial adaptive capacity, impaired physical mobility, nausea, swallowing disorders, self-care deficits, ineffective breathing patterns. Nursing care planning includes outcomes: improved cerebral perfusion, increased mobility, decreased nausea. Intervention: management of increased intracranial pressure, mobility support and management of nausea. Implementation is carried out by monitoring the level of consciousness, monitoring vital signs, monitoring complaints of headaches, explaining the objectives and monitoring procedures, documenting monitoring results, and collaborating on drug administration.*

*A three-day evaluation showed that nursing problems diagnosed cerebral perfusion were not partially resolved, physical mobility impairment had not been resolved and nausea was resolved.*

*The conclusion of this final project report is the theory of non-hemorrhagic stroke nursing according to the client's circumstances. Suggestions from this report are expected It is hoped that the institution can provide the latest information and source references with a complete discussion on cases of Non-Hemorrhagic Stroke.*

Keywords : *Nursing Care, Non-Hemorrhagic Stroke, Activity and rest*

Reading Source : *22 (2013-2022)*